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ABC of Asthma, Allergies and Lupus-F. Batmanghelidj 2000 A self-education manual for those who prefer to adhere to the logic of the natural and the simple in preventive medicine.

Eradicate Asthma Now with Water-F. Batmanghelidj 2003-11-01 Eradicate Asthma Now - With Water offers new hope for millions of adult and infant asthma sufferers. It contains fresh, in-depth information on the role that ordinary water and salt can play in preventing and even curing asthma, as well as allergies and lupus.

ABC of Asthma-John Rees 2013-05-09 Asthma is a common condition with increasing prevalence. This new edition of the highly regarded ABC of Asthma has been thoroughly revised with reference to the latest British Thoracic Society guidelines on the management of asthma in children and adults. It covers the advances in practice and methods, with a new emphasis on delivery systems, self-dose assessment and delivery of care with different pharmacological approaches. The ABC of Asthma is a concise, up-to-date overview of all aspects of asthma and includes two new chapters focussing on GP practice issues including clinical management and organisation of asthma care. It is ideal for GPs, junior doctors and medical students, nurses, and anyone dealing with the treatment of asthma in children and adults.

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The Complete Kid's Allergy and Asthma Guide-Milton Gold 2003 A parent's guide to allergies and asthma developed by a major children's hospital. The book combines comprehensive, authoritative information with common sense guidelines, recommendations and coping strategies.

Asthma Allergies Children-Paul Ehrlich 2010-06 I enjoyed Asthma Allergies Children tremendously. It is full of the kind of great stories that teach both patients and doctors more than mere facts. The science is explained in language you don't need an MD to follow. This book should be kept right next to the antihistamines and epinephrine, and used even more frequently. --Dr. Lisa Sanders, author of Every Patient Tells a Story. Her NY Times column "Diagnosis" inspired the TV drama, "House MD." Two renowned, board-certified pediatric allergists report from the front lines of science and clinical practice. Asthma Allergy Children: A Parent's Guide is published in conjunction with the launch of AsthmaAllergiesChildren.com. If you can't find the answers here, you can find them there, or you can ask the authors yourself. The book explains what allergies and asthma are, and why they are expanding. You will hear about the myths and realities of treatment, and how you can involve the whole family in making life better for your allergic/asthmatic child. Myths and realities of food allergy. Charts of medications. Alternative treatments. How the environment at home and in your neighborhood affect your child's health. How a pediatric allergist can reduce your child's dependence on medication or end it altogether. Strategies for busy parents. And much more.

The Allergy Book-Robert W. Sears 2015-04-07 From America's most trusted name in pediatrics, a comprehensive guide to treating and preventing nasal allergies, asthma, food allergies and intolerances, and more. Allergies are one of the most common ailments, causing children to miss school and parents to miss work. Left untreated or unresolved, stuffy noses, itchy skin, and irritated bellies can lead to chronic asthma, eczema, inflammatory bowel disease, and neurological disorders. Today's parents don't just want to treat their family's allergy symptoms; they want to eliminate allergies and prevent chronic and long-term health complications. The Sears show them how. Drs. Robert and William Sears present a science-based approach that has helped alleviate allergies in many of their patients, providing a plan not only for treatment, but also for prevention. A family-friendly resource, The Allergy Book offers all the reassurance and accessible, practical advice that parents need to resolve their children's allergies, now and throughout their lives.

Asthma and Allergies-Dr. O P Jaggi 2019-08-01 Running nose and watery eyes, uncontrollable bouts of sneezing, appearance of sudden rash, shortness of breath, tightness in chest. These could be symptoms of allergic reaction, or of incipient asthma. These and other allergic reactions are reversible, if well managed, write the authors, both specialists in the treatment of asthma and allergies. In this comprehensive and readily understandable book, they explain not only the medical nature of these problems but tell how a patient can learn what is causing his reactions, how to eliminate these causes from his environment and with the help of his doctor, learn which treatment works best. A special section deals with helping children prone to asthma.

Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies-Kenneth Bock 2008-04-29 Autism is an epidemic: It has spiked 1,500 percent in the last twenty years. ADHD, asthma and allergies have also skyrocketed over the same time period. One of these conditions now strikes one in every three children in America. But there is hope. Leading medical innovator Kenneth Bock, M.D., has helped change the lives of more than a thousand children, and in this important book, with a comprehensive program that targets all four of the 4-A disorders, he offers help to children everywhere. This is the book that finally puts hope within reach. Doctors have generally overlooked the connections among the 4-A disorders, despite their concurrent rise and the presence of many medical clues. For years the medical establishment has considered autism medically untreatable and utterly incurable, and has limited ADHD treatment mainly to symptom suppression. Dr. Bock and his colleagues, however, have discovered a solution - one that goes to the root of the problem. They have found that deadly modern toxins, nutritional deficiencies, metabolic imbalances, genetic vulnerabilities and assaults on the immune and gastrointestinal systems trigger most of the symptoms of the 4-A disorders, resulting in frequent misdiagnosis and untold misery. Dr. Bock's remarkable Healing Program, drawing on medical research and based on years of clinical success, offers a safe, sensible solution that is individualized to each child to help remedy these root causes. The biomedical approach to autism, ADHD, and the other 4-A epidemics, as innovated by Dr. Bock and some of America's finest integrative physicians, is one of the most promising and exciting medical movements of our time. In this eminently readable account, written by Dr. Bock in collaboration with critically acclaimed author Cameron Stauth, you will meet children and parents whose dramatic stories will inspire you to change the life of your own child. This program may be the help that you have been praying for. From the Hardcover edition.

The ABC's of Asthma-Kim Gosselin 1998 Employs the letters of the alphabet to introduce terms related to asthma and its treatment.

Asthma For Dummies-William E. Berger 2011-05-09 The incidence of asthma is rising dramatically in the United States and across the globe. Asthma affects 17 million people in the U.S. and is the most common chronic childhood disease. If you or someone you love suffers from asthma, you know that there is no cure—however, with proper care, asthmatics can lead normal, active, and fulfilling lives. Now you can breathe easy with this plain-English guide, which clearly explains the prevention, diagnosis, symptoms, and treatment of the disease. Asthma For Dummies will help asthma sufferers and their loved ones get a strong handle on managing the disease. Dr. William Berger, one of the nation's foremost experts on allergies and asthma, gives you the tools you need to: Understand the relationship between allergies and asthma Identify your asthma triggers Prepare for your first doctor's visit Allergy-proof your home or office environment Avoid asthma complications Find outside support Featuring up-to-date coverage of childhood asthma, this easy-to-understand guide covers all the vital issues surrounding asthma, including handling food allergies, exercising when asthmatic, asthma during pregnancy, and all the latest medications. You'll find tips on avoiding allergens that cause respiratory symptoms, testing for allergies, and dealing with HMOs. This fact-packed guide also features: A dedicated chapter to asthma in the elderly The latest information on Claritin and Clarinex, two common allergy medications taken by those with asthma The interrelationships between asthma and other respiratory complications of untreated allergy such as ear, sinus, tonsil, and adenoid disease Extensive information on controller drugs and rescue medications Future trends in asthma therapy Offering the latest on allergy shots and tips for traveling with asthma, Asthma for Dummies will

relieve your anxiety about asthma, help you control your triggers, and manage the disease long-term.

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**The Allergy-Fighting Garden-Thomas Leo Ogren 2015** In the past ten years, allergy and asthma rates have continued to increase dramatically around the world. An estimated 50 million Americans (1 in 5) suffer from asthma and allergies—more than diabetes, heart disease, cancer, and Alzheimer's. Thomas Ogren's innovative system is based on the fact that only male plants, which are over-planted in gardens and civic landscapes, produce pollen. By raising public awareness and by removing or replacing troublesome plants in your yard with pollen-blocking females and other pollen screens, allergy-sufferers can reduce or eliminate their symptoms. More than 3,000 plant listings are included and graded 1 to 10 according to OPALS, the plant-allergy ranking system created by Ogren and now used by the United States Department of Agriculture.

**Your Body's Many Cries for Water-F. Batmanghelidj 1997-01** A preventive and self-education manual for those who prefer to adhere to the logic of the natural and the simple in medicine.

**Allergies and Asthma For Dummies-William E. Berger 2000-04-21** A guide to preventing, treating, and controlling various allergies and asthma, including discussion on medication and childhood symptoms.

**ABC's of Bumps & Bruises, a Guide to Home & Herbal Remedies for Children-Theresa Roberts 2008-02** Includes valuable information about topics that concern lead poisoning, immunizations, autism, asthma, ADD/ADHD, lice, warts, colds, immune system, and many other topics that concern your child in one easy to read book.

**Family Guide to Asthma and Allergies-Norman H. Edelman 1997** Discusses the triggers, treatment, and preventive help for asthma and allergies

**Winning the War Against Asthma & Allergies-Ellen W. Cutler 1998-01** Outlines the relationship between allergies and asthma, and provides guidance in identifying and eliminating the sensitivities that trigger allergic symptoms

**The Allergy and Asthma Cure-Fred Pescatore 2008-05-01** Free yourself of allergies and asthma once and for all with Dr. Pescatore's breakthrough program "" Dr. Fred Pescatore's The Allergy and Asthma Cure reveals a unique and revolutionary understanding of the underlying conditions of allergy and asthma—from food triggers to the environment to nutritional deficiencies. His integrative program of both alternative and traditional treatments can dramatically improve health and vitality, safely and soundly. This book will have a prominent place in my library and I highly recommend it! "" -Ann Louise Gittleman, Ph.D., C.N.S., author of the bestselling The Fat Flush Plan ""Conventional medicine has largely shrugged its shoulders in confusion about the causes of allergies and asthma in millions of people. In this book Dr. Fred Pescatore deals with the roots of these modern epidemics, drawing on his clinical experience, and he provides clear recommendations for turning back the tide and restoring health."" - Jack Challem, author of the bestselling Syndrome X and The Inflammation Syndrome ""The Allergy and Asthma Cure is the book we have all been waiting for. Dr. Pescatore manages, in a concise manner, to summarize all the facts and presents a comprehensive healing guide that incorporates both conventional and alternative approaches. A must-read for those dealing with these issues."" -Artur Spokojny, M.D., F.A.C.C., Medical Director of Integrative Medicine of Manhattan, Associate Professor of Medicine, Weill Cornell Medical College ""I believe that The Allergy and Asthma Cure holds the key to understanding how nutritional medicine can really work for you. Allergies (from skin conditions to seasonal types) and asthma can be cured, not just held at bay. This book shows the way. Dr. Pescatore is truly a healer."" -Roberta Flack, singer/songwriter ""I have seen firsthand how The Allergy and Asthma Cure has changed people's lives for the better. I have started using his treatment protocols for my own patients with a remarkable success rate, and best of all with no side effects. Many of my patients are getting off their allergy and asthma medications completely. I strongly recommend this book to anyone with allergies or asthma."" -Dana G. Cohen, M.D., board-certified, Internal Medicine ""This book is for anyone willing to give up his or her life as an asthmatic. I had tried every drug and treatment available and the asthma only got worse. Under Dr. Pescatore's care, I began to see results within six weeks. It's been over two years now living without an attack. His approach has changed the way I live."" -Paul Goldman, patient

**Pediatric Allergy, Asthma and Immunology-Arnaldo Cantani 2008-01-23** Easy to understand and easy to use, this essential book reflects the rapid progress in one of the most intriguing fields of medicine. It offers state-of-the-art information on basic immunology, fetal-neonatal immunology, and many more fascinating areas.

**New Drugs for Asthma, Allergy and COPD-Trevor T. Hansel 2001-01-01** This book provides a state-of-the-art account by academic respiratory physicians and senior pharmaceutical industry personnel on the development of new drugs for asthma, allergy and COPD. It contains 80 chapters of highly condensed information, presented in an attractive, reader-friendly format with much use of tables, figures and diagrams. In addition to summarizing the diverse range of current approaches, this handbook also looks into the future, considering many topics that are promising, but have only emerged in the last few years. Developments within established drug categories such as beta-2-agonists, steroids and leukotriene antagonists are also reviewed. Never before has a single book brought together so many pharmaceutical drug developers sharing their experience on such a wide range of respiratory topics!

**Asthma and Rhinitis-William W. Busse 2008-04-30** The second edition of this highly acclaimed text has been extensively revised and greatly expanded to reflect the considerable advances made in our understanding of the mechanisms of asthma and rhinitis. Containing the contributions of 242 experts of international standing, presented in 133 chapters, Asthma and Rhinitis provides an up-to-date, authoritative reference for both the clinician and scientist. The global approach given in this book mirrors the universal approach to the understanding of allergic disease. The editors have carried out a thorough and radical revision of the content by adding 6 new sections and 44 new chapters. Most of this expansion is due to greatly increased coverage of the clinical aspects of asthma, with new sections on childhood asthma and on drug treatment (each drug class has its own chapter). Also, the expansion of research into the genetic basis of asthma has necessitated a whole new section on Genetics, comprising some six chapters. There are also new chapters on adult-onset asthma and the relationship of asthma to sinusitis. A new section on Asthma in Special Circumstances includes chapters on asthma in pregnancy, asthma and surgery, asthma in the elderly and asthma in the context of critical care. In bringing the Second Edition fully up to date, the book has inevitably increased in size, and is now presented in two volumes. The second edition of Asthma and Rhinitis will continue the tradition of its predecessor of providing an up-to-the-minute reference for all those involved in the management of, and research into, asthma and rhinitis.

**Asthma in the Workplace, Fourth Edition-Jean-Luc Malo 2013-05-10** Occupational factors are responsible for a large percentage of cases of asthma in adults of working age. Any irritant generated at high concentrations can cause occupational asthma, and early diagnosis is critical because cure is still possible at this stage. This latest edition of Asthma in the Workplace reflects the rapid pace of discovery and research in workplace asthma that has taken place in recent years. This Fourth Edition retains the international flavor of prior editions, with contributions from editors and contributors from around the world. Several chapters commence with clinical histories and workplace scenarios relevant to the focus of the chapter, making it particularly germane for primary care providers to develop skills in early recognition of the disease. Topics discussed include: Definitions, historical background, epidemiology, genetics, pathophysiology, and animal models Guidelines for assessing the worker and the workplace, and proposed guidelines for management, including compensation aspects Medicolegal aspects, prevention, and surveillance Detailed information about specific agents, including a variety of high- and low-molecular weight agents Other types of work-related asthma conditions, such as irritant-induced asthma, eosinophilic bronchitis, and occupational rhinitis This new edition has been significantly restructured and places a greater emphasis on the clinical aspects of management and treatment. This heightened focus on practical considerations makes it a truly comprehensive, hands-on resource for practitioners and researchers in this fast-moving field.

**The Midwives' Guide to Key Medical Conditions E-Book-Linda Wylie 2008-04-21** The only book of its kind, this essential reference offers quick access to information on the effects medical conditions can have on pregnancy and childbirth. Coverage includes a brief overview of normal anatomy and physiology with concise, practical guidelines for managing disorders commonly seen in women of childbearing age. From mild diseases such as asthma to serious conditions such as heart lesions, this indispensable guide will help you manage pregnancy and childbirth in women with systemic disease, recognize the early onset of

disease-related pregnancy complications, and determine when it may be necessary to refer patients to a specialist. Offers complete coverage of normal pathophysiology in both the general population and in the context of pregnancy and childbirth. Provides comprehensive midwifery management guidelines. Outlines potential consequences of disease-related complications for the fetus or neonate.

What Your Doctor May Not Tell You about Children's Allergies and Asthma-Paul Ehrlich 2003 In this timely and informative book, two pediatric allergy specialists reveal simple steps that parents can take to stop attacks and improve their child's health.

The Washington Manual of Allergy, Asthma, and Immunology Subspecialty Consult-Shirley Joo 2012-07-12 When you need a quick consult, turn to The Washington Manual™ Subspecialty Consult Series Prepared by specialty residents, fellows and staff in the Department of Medicine at Washington University School of Medicine, and reviewed by attending physicians in each field—each volume in this renowned series delivers the on-the-spot help you need to provide quality patient management. Right from the initial chapter, you'll learn how to take a patient history, how to interpret exam findings, what tests to order, how to complete the workup, and how to formulate an effective management plan. The Second Edition of this dynamic quick reference continues to provide the practical, stepwise guidance you've come to trust from The Washington Manual™ and has been fully updated to include the most current diagnostic tests, workup tips, drugs and other therapeutic interventions available. · Coverage of inpatient and outpatient approaches features the same front-line practicality as The Washington Manual™ of Medical Therapeutics · Symptom- and disease-oriented sections address both chronic and acute problems to prepare you for any scenario · Essential clinical information on commonly encountered problems including diagnosis and management of drug allergy, anaphylaxis, asthma, immunotherapy, and immunodeficiency at your fingertips · Useful appendixes provide a hands-on review of drugs commonly used in the treatment of allergy and asthma, as well as lab values for selected immunologic tests and a sample schedule for perennial aqueous therapy · Key points to remember in each chapter deliver vital diagnostic and treatment information NEW to the Second Edition... · Updated content reflects the latest clinical advances and practice standards · New formatting follows consistent subheadings to make key facts easier to find · New chapters detail the latest diagnostic criteria, testing, and treatment options Don't miss the other titles in this series... Cardiology Endocrinology General Internal Medicine Hematology and Oncology Infectious Diseases Nephrology Pulmonary Medicine Rheumatology The Washington Manual™ is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

Sixth Annual Asthma and Allergic Disease Centers Workshop- 1977

T Cell Regulation in Allergy, Asthma and Atopic Skin Diseases-Kurt Blaser 2008-01-01 This book presents the state of the art in cellular and molecular mechanisms regulating the immune response in allergic inflammation. Special attention is given to the central role of regulatory T cells (Treg) in immune regulation and induction of peripheral tolerance, as well as to the relevance of Th17 cells in chronic inflammation. The importance of Treg and Th17 cells is demonstrated in bronchial asthma, atopic eczema, contact dermatitis and delayed-type hypersensitivity. Furthermore, T-cell-mediated regulatory mechanisms in helminthic infections and fungal allergy are discussed. Several chapters are devoted to the therapeutic consequences that these recently discovered T-cell functions may have. Their role as a potential target for specific immunotherapy is evaluated and novel approaches for peripheral tolerance induction and treatment of allergic and asthmatic diseases and inflammation are suggested. Stem cell transplantation as a future therapeutic intervention in regulatory T-cell disorders is also considered. Well edited and up to date, this volume is recommended reading for allergologists, immunologists, dermatologists and any scientist interested in the immunological events regulating allergic inflammation in general and allergic manifestations in different organs.

Allergy and Asthma in Modern Society-Reto Cramer 2006-01 Allergic diseases and asthma constitute a growing health care problem with a marked socioeconomic impact, especially in industrialized countries. This book summarizes what is currently known about the mechanisms underlying these diseases. Obviously, both

Prevention of Allergy and Allergic Asthma-S. G. O. Johansson 2004-01-01 Annotation In the western world, the prevalence of allergy and asthma has increased two- to threefold over the last 40 years and has reached epidemic proportions. This book represents the first complete document containing recommendations on the prevention of allergy and allergic asthma based on the current understanding of the immunological mechanisms of allergic reactions. Prevention of Allergy and Allergic Asthma was a collaborative project between the WAO (World Allergy Organization) and the WHO, launched in 1999. Following two interim reports, this monograph is the final report of the group of international experts involved in the project, ranging from basic immunologists to clinicians. Both theoretical and practical aspects are discussed, and constructive advice is given. Through its network of more than 70 member societies, the WAO will now promote the concept of prevention of allergies and allergic asthma worldwide to benefit patients prone to become allergic, to prevent the worsening of existing allergic diseases, and to reduce their high cost to society. This publication is recommended to specialists in allergy, pediatrics, pneumology and dermatology as well as to general practitioners, health care professionals, journalists, politicians and patients. Only by increasing the knowledge about allergic diseases throughout society can the right steps be taken for their effective prevention.

Issues in Allergy and Asthma Research and Treatment: 2013 Edition- 2013-05-01 Issues in Allergy and Asthma Research and Treatment: 2013 Edition is a ScholarlyEditions™ book that delivers timely, authoritative, and comprehensive information about Allergy and Asthma Research. The editors have built Issues in Allergy and Asthma Research and Treatment: 2013 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Allergy and Asthma Research in this book to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Issues in Allergy and Asthma Research and Treatment: 2013 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

Case Studies for Complementary Therapists-Kelly Galvin 2011-08-17 An invaluable resource for complementary therapists, health practitioners, students and teachers Case Studies for Complementary Therapists: a collaborative approach provides curriculum-level support for those working to develop the complementary potential between alternative medicines and conventional western medicine. This useful complementary medicine textbook provides insight into the initial complementary and alternative medicine (CAM) consultation process. It offers possible treatment and collaborative referral options for individual cases, rather than dictating diagnostic analysis or treatment protocols for specific health conditions. Through case studies on conditions like rheumatoid arthritis and fibromyalgia, the book provides an important framework for clinicians and students, within which they can analyse and classify information gathered during consultation. The book will also help readers develop effective and appropriate treatment programs within the time constraints of a busy clinic. Case Studies for Complementary Therapists provides suggestions for questions to ask at consultation time; helping readers collect the necessary information to develop a working diagnosis and treatment protocol. Complementary medicine ethics and law Complementary practitioners are often uncertain about the legal and ethical boundaries in diagnosis and case management. Case Studies for Complementary Therapists: a collaborative approach will help complementary and alternative medicine practitioners and students: • recognise medical situations requiring referral • understand their role in collaborative case management • integrate complementary and alternative medicine modalities in treatment programs with confidence Provides a clear case analysis format which can be and adapted to suit the requirements of individual case histories Specific questioning format Clearly identifies situations where cross or collaborative referral is necessary Decision tables help readers prioritise treatment, refer appropriately and help guide clinical thinking when readers are faced with several treatment options. Class tested, curriculum based

No More Allergies, Asthma or Sinus Infections-Lon Jones, D.O. 2012-05-24 Lon Jones, America's most famous country doctor and practitioner of commonsense medicine, shows you how to cure yourself of allergies, sinus problems and other upper respiratory conditions. Dr. Jones proven method using nasal xylitol also helps prevent children's ear infections and cavities. His natural solution is ideal for parents wanting to cut down on their children's use of antibiotics and other allergy drugs such as antihistamines and decongestants. It's as simple as keeping your nose clean!

Allergy and Asthma - ECAB-S K Kabra 2013-01-10 Prevalence of allergic diseases has increased several folds in western world over the last two decades, and similar trend is being observed recently in India. There have been several postulations to explain increasing occurrence of allergic diseases. "Allergic march" refers to sequence of events that starts during fetal life as a result of sensitization to foods and may manifest as eczema, gastrointestinal symptoms, asthma, or hay fever, or combinations of any of these symptoms. A link between genetics and immunology is hypothesized that results in such allergic diseases.

The Complete Kid's Allergy and Asthma Guide-Milton Gold 2003 A parent's guide to allergies and asthma developed by a major children's hospital. The book combines comprehensive, authoritative information with common sense guidelines, recommendations and coping strategies.

Respiratory Infections in Allergy and Asthma-Sebastian L. Johnston 2003-06-04 This reference presents investigations into the role of respiratory infections in protecting against allergy and asthma development, the activation of airway inflammation, and exacerbations of asthma—exploring cellular and molecular mechanisms, as well as factors including genetics, the environment, and allergen exposure.

Update on Biomarkers in Allergy and Asthma, An Issue of Immunology and Allergy Clinics-Rohit Katial 2012-10-22 This issue of Immunology and Allergy Clinics provides a comprehensive review of the current state of biomarkers and their role in the asthma diagnostic and therapeutic algorithm. Since the last issue on

Biomarkers, which published in 2007, significant research directly targeted at biomarker development and clinical trials with new biologics, using biomarkers such as exhaled nitric oxide, sputum and tissue eosinophilia as endpoints, has occurred.

CRC Desk Reference for Allergy and Asthma-Hans-Uwe Simon 2000-04-26 As the prevalence of allergic diseases and asthma has increased in recent years, scientists have intensified research efforts to understand the pathogenesis of these sometimes debilitating conditions. Indeed, researchers have provided key insights-and new concepts-that have changed therapeutic strategies. Moreover, allergic inflammation has served

Dr. Dean Mitchell's Allergy and Asthma Solution-Dean Mitchell 2006-08-10 Over 50 million Americans suffer from a range of frustrating allergy symptoms — from hay fever to asthma, hives to sinusitis. Many have tried medications, visited allergists, and used various treatments, desperate to find a reliable way to alleviate their pain, but just can't seem to get the dependable relief they need. Now, one of New York's top allergists, Dr. Dean Mitchell, lifts the cloud of mystery surrounding allergies and offers a breakthrough new treatment program that will dramatically lessen their severity, if not cure them for good. In Dr. Dean Mitchell's Allergy and Asthma Solution, Mitchell clearly and comprehensively explains what allergies are, why they are so prevalent, and all of the standard treatments. He then presents a cutting edge 5-step program for reversing allergies — called sublingual immunotherapy, or "allergy drops." This new treatment, widely accepted in Europe but still relatively unknown in the United States, is painless, convenient, incredibly effective, and completely safe since it works naturally through the body's immune system. Even better, it can be customized to meet specific needs, is shot-free, and can be self-administered. Dr. Dean Mitchell's Allergy and Asthma Solution is the best guide to understanding allergies and overcoming their symptoms.

The Lion Who Had Asthma-Jonathan London 1992 Sean's nebulizer mask and his imagination aid in his recovery following an asthma attack. Includes information on childhood asthma and how to control its symptoms.

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