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100 Positive Affirmations-Jason James 2014-05-22 Words are powerful. It shapes and creates our world. It becomes embedded into our subconscious and become a reality eventually. We must therefore be vigilant with our words knowing how it affects our lives. Affirmations are positive declarations we can say over our lives to help us develop high self-esteem, attract wealth, enjoy our relationships, and achieve success in our lives. "100 Positive Affirmations: 100 Short Positive Affirmations and Positive Thinking Ideas to Help You Make Your Everyday Better," contains affirmations about: Achieving Dreams Living In The Moment Relationships Healing Wealth Loving Oneself Self-Confidence Joy and so much more! Get a copy of this book now and change your life with these affirmations!

The Pocket Book of Affirmations-Anne Moreland 2019-10-15 This pocket book of life affirming quotations is the perfect antidote to negative influences, whether external or self-imposed. Dip into it whenever you feel the need for a kind and supportive word or two, so that you can remain focused on getting the best out of your life, despite its challenges. By referring to it regularly, you may find that the positive ideas eventually become part of your own mindset and affect how you view yourself and your life.

Affirmation-Jason Thomas 2017-08-09 Exclusive Offer - Now Includes 5 Amazing Bonus Titles: 4 More Titles of 100 Most Powerful Affirmations. Plus Full Length Title: Conscious Visualization You will not achieve fulfillment and happiness until YOU become the architect of your own reality. Imagine that with a few moments each day, you could begin the powerful transformation toward complete control of your own life and well being through positive affirmation. Because you can. You will be able to release all fear and doubt simply because you know that you can. Utilize this simple, proven technique to regain the lost comforts of joy, love, and fulfillment in your life. You have the ability to unlock your full inner-potential and achieve your ultimate goals. This is the age-old secret of the financial elite, world class scholars, and Olympic champions. For example, when you watch the Olympics, you'll find one consistency in all of the champions. Each one closes their eyes for a moment and clearly affirms & visualizes themselves completing the event flawlessly just before starting. Then they win gold medals and become champions.

That's merely one example of how the real power of affirmation can elevate you above any of life's challenges. Life is too short to be exhausted on thousands of everyday anxieties and fears. Sadly, the average person will get to the end of their life and realize that more than half of it was spent struggling with these kind of problems. Because they didn't know what to do, many of these people never found any satisfaction in life. You can and will become bigger than those struggles by enhancing the energy that already flows within you. Too often people are held hostage and limited by a cycle of negative thinking and pessimism. This kind of thinking creates a streak of what many choose to call, "bad luck." I have good news for you. There is no such thing as "bad luck." This phenomenon is merely a cycle of negative affirmation that must be broken and mended with a fresh regimen of positive affirmation and vision. By repeating and remembering these affirmations in times of difficulty, we transform our rigid affirmations of defeat and intimidation into warm, confident manifestations of the world as we choose it to be. Get what you want and desire from the world like millions of others around the globe using affirmations. You already possess the power to assert your own perceptions and transform your thoughts and desires into reality. By using positive affirmations daily, you will unlock that natural potential inside of you. If you want to see positive change now, you'll find the quickest path to fulfillment with positive affirmation and visualization. There is no time to spend on loss, negativity, and defeat when you can be achieving tangible, historically proven results with minimum time and effort invested. There is no limit to changes that can be made through the power of creating truth with affirmation... Read This Book To Change Your Life Today! Also available in Ebook Format

Girl Boss Positive Affirmations Writing Journal For An Empowered Life-Anika Rao 2019-10-20 THIS UNIQUE AFFIRMATIONS JOURNAL WILL HELP YOU MOTIVATE POSITIVE LIFE CHANGES ONE AFFIRMATION AT A TIME. This writing journal features beautifully designed digestible affirmations based on positive psychology and motivational studies. It helps nurture creativity, mindfulness and self-esteem. Featuring inspiring quotes with vibrant hand-lettering and images, this appealing journal will make a perfect gift as well as a powerful tool for positive change. Journal Features: SIZE: 6" x 9" inch convenient size and easy to carry DESIGN: Wide ruled writing pages with graphic affirmations featuring quotes & drawings PAGES: 100+ cream colored pages COVER: Soft, glossy cover Suitable for planning, organizing, journaling & drawing Makes a great Christmas, Thanksgiving, New Year, Birthday, Anniversary and Appreciation gift

Morning Affirmations-Jennifer Williamson 2018-12-25 200 energizing affirmations to help you get up on the right side of the bed every morning, and start your day with a boost of enthusiasm and positivity! Start your morning with motivation with these positive affirmations to help you hit the ground running! With 200 short, simple, and easy to remember phrases, you can choose the message that's perfect for you and your day! From waking up filled with optimism and confidence to inspiring you to keep your positive outlook and purposeful momentum going all day long, these quick affirmations will empower and encourage you to be your best!

The Serving Mindset-Brock Farnoosh 2018-11-06 What if you could stop selling altogether and grow your profits? With The Serving Mindset, you'll learn how to serve, elevate your business success, and feel great about it! Targeted to business owners and entrepreneurs who are very good at what they do but feel guilt and shame around selling and sales and therefore limit their own success and overall possibilities, The Serving Mindset: Stop Selling and Grow Your Business positions selling as serving and takes readers through the process of why and how to acquire this "serving mindset" and put it into practice. For readers who hate sales, The Serving Mindset will help you diagnose the source of the issue, understand how your mindset affects your sales directly, and discover a fresh approach to selling as serving—an essential lesson for enabling any business to explore maximum levels of prosperity. Using case studies as well as the experience of the author and that of her professional-coaching clients, The Serving Mindset is sure to change how readers view selling, serving, and growing. The powerful insights and applications in this book are game-changers for every business owner and entrepreneur who wants to attract and secure ideal customers and premium clients while maintaining integrity to his or her own core values.

The Powerful Book of I Am Affirmations-Kiera Zinn 2018-08-11 Success comes down to one element - taking action. Without the motivation and self-belief, you will never take action to achieve whatever it might be you want to achieve. This is why we have created The Powerful Book of "I Am" Affirmations, packed with incredible self-affirmations for positive thinking and attracting the success you deserve and strive for. Are you stressed about your weight? Do you wish to become rich and famous? Do you have the desire to climb the ladder of success? Whatever it might be, the affirmations in this book were made for people like you. Positive affirmations are statements that you repeat over and over, you visualize these

empowering words to already exist and manifest into your life. Think of positive affirmations as a pep talk to yourself, a reinforcement towards setting aside your doubts and realizing that you have potential and everything necessary to achieve your goals, dreams and a happier life. So ask yourself - Are you ready to climb the ladder of success? Are you ready to reach the riches you desire? Are you ready to find your dream job? Are you ready to attract the physic you've always wanted? If the answer is yes then start by saying "I am". Just by simply thinking positively, you are already making steps towards progress. Repeating I am affirmations has been proven in psychology to help nurture and improve a person's mindset. By implementing affirmations into your daily routine you increase your chances of succeeding tremendously.

The 100 Most Powerful Affirmations for Cancer-Jason Thomas 2017-03-15 Audio Version is Now Available with Audible! Exclusive Offer - Today Includes 2 Amazing Bonus Books: The 100 Most Powerful Affirmations for Healing & The 100 Most Powerful Affirmations for Depression You will not achieve fulfillment and happiness until YOU become the architect of your own reality. Imagine that with a few moments each day, you could begin the powerful transformation toward complete control of your own life and well being through positive affirmation. Because you can. You will be able to release all fear and doubt simply because you know that you can. Utilize this simple, proven technique to regain the lost comforts of joy, love, and fulfillment in your life. You have the ability to unlock your full inner-potential and achieve your ultimate goals. This is the age-old secret of the financial elite, world class scholars, and Olympic champions. For example, when you watch the Olympics, you'll find one consistency in all of the champions. Each one closes their eyes for a moment and clearly affirms & visualizes themselves completing the event flawlessly just before starting. Then they win gold medals and become champions. That's merely one example of how the real power of affirmation can elevate you above any of life's challenges. Life is too short to be exhausted on thousands of everyday anxieties and fears. Sadly, the average person will get to the end of their life and realize that more than half of it was spent struggling with these kind of problems. Because they didn't know what to do, many of these people never found any satisfaction in life. You can and will become bigger than those struggles by enhancing the energy that already flows within you. Too often people are held hostage and limited by a cycle of negative thinking and pessimism. This kind of thinking creates a streak of what many choose to call, "bad luck." I have good news for you. There is no such thing as "bad luck." This phenomenon is merely a cycle of negative affirmation that must be broken and mended with a fresh regimen of positive affirmation and vision. By repeating and remembering these affirmations in times of difficulty, we transform our rigid affirmations of defeat and intimidation into warm, confident manifestations of the world as we choose it to be. Get what you want and desire from the world like millions of others around the globe using affirmations. You already possess the power to assert your own perceptions and transform your thoughts and desires into reality. By using positive affirmations daily, you will unlock that natural potential inside of you. If you want to see positive change now, you'll find the quickest path to fulfillment with positive affirmation and visualization. There is no time to spend on loss, negativity, and defeat when you can be achieving tangible, historically proven results with minimum time and effort invested. There is no limit to changes that can be made through the power of creating truth with affirmation... Read This Book To Change Your Life Today! Also available in Audiobook & Ebook Format

An Inspirational Coloring Book for Girls-Sachin Sachdeva 2020-01-22 A book full of positive affirmations and whimsical illustrations, designed to build confidence and self-esteem in young girls and women's. This book is dedicated to my daughter "Naisha" and many other girls who want to lead, be confident, beautiful, brave and inspire others. Features & Highlights: A creative way to remind girls of how great they are Positive and Empowering 25+ quotes with hand drawn designs for girls to help boost self esteem Perfect Coloring and Activity book for girls to discover an imaginative play Best gift for young girls promises hours of relaxation and stress relief Single-sided pages for easy coloring Positive affirmations helps teens to confidently make smarter decisions, manage expectations better, experience more success, and be happy and healthy in school and beyond.

100 Words of Affirmation Your Husband Needs to Hear-Lisa Jacobson 2019-10-01 Every one of us has tremendous power to either build others up or tear them down through the words we speak every day, and nowhere is this more evident than in our marriages. Are you being purposeful in how you use the power of your words to speak encouragement, strength, and love--breathing life into the heart of your spouse? Or are careless words having a negative impact on your marriage and on the heart of the one you love most? Matt and Lisa Jacobson want you and your spouse to discover the powerful ways you can build one another up in love with the words that you choose to say every day--words that every husband and

wife need to hear. These books offer you 100 Things to say to your husband or wife that deeply encourage, affirm, and inspire. Start speaking these words into each other's lives and watch your spouse--and your relationship--transform before your eyes.

Positive Affirmations Journal-Susan Laborde 2016-05-24 Repeating affirmations is simple - but an effective affirmation involves much more than the words you speak! That's why Positive Affirmations Journal is not your typical interactive workbook. It includes 50 positive affirmations with TWO different writing prompts for each one. Yes, two, and it's designed this way for good reason. These 100 unique writing prompts help you dig deep by approaching your thoughts from more than one perspective. Instead of only scratching the surface, you'll take a close look at what's really going on in your head. What hidden negative thoughts are holding you back? Are you truly open to new possibilities, or are you letting your mind run on autopilot? Are you pursuing your passions or living by default? Do you have a clear picture of exactly what you want, or only a vague notion? This book takes you on a quest to find answers to those questions and more. The affirmations cover a broad range of topics, and the engaging prompts make your journey interesting and fun. From serious self-reflection to letting your imagination run wild, you will be encouraged and inspired to rethink your positive thinking. Most importantly, you'll explore the connections between your thoughts and the emotions behind them. Creative journaling is an excellent way to raise your self-awareness, and these 100 writing ideas provide keys to transforming meaningless statements into powerful, positive affirmations.

200 Powerful Positive Affirmations Volume II and 6 Super Chargers to Put Them to Work-Andy Grant 2014-02-26 More valuable than the affirmations are the explorations into why affirmations work for some but not others. In 200 Powerful Positive Affirmations Volume II and 6 Super Chargers to Put Them To Work, Andy Grant shares an additional 200 (actually many more) uplifting affirmations to replace the automatic negative thoughts most people's days are full of. You will dig deep into resistance, and learn six new super chargers to get the most out of your work with positive affirmations and to create your own. This is a follow up to the Amazon best seller, 200 Powerful Positive Affirmations and 6 Simple Tips to Put Them To Work (For YOU!) Also included is a link to free audios and videos to make the book serve you even more. The affirmations are broken down into three categories: * Willing/Allowing & Openness Affirmations * Self-Love & Worthiness Affirmations * Prosperity & Abundance Affirmations This book shares six simple Super Chargers, plus dozens of other tips, that Andy used in his personal turnaround, including; affirmation stems, EFT, values, visualizations, gratitude and mandalas. Do not underestimate the power of your thoughts. You can implant new positive thinking into your brain on any subject you desire. 200 Powerful Positive Affirmations Volume II and 6 Super Charger to Put Them To Work, shows how to make your affirmation work fun and powerful. Enjoy!

Daily Affirmations for Success and Happiness-Creed McGregor 2016-02-11 STOP STRUGGLING AND START LIVING A SUCCESSFUL AND HAPPY LIFE!!! Has life dealt you a bad hand? Are you broke, depressed, unhealthy, or in a bad relationship? Have you lost your job, failed to follow the career path you wanted, or fallen short of achieving your dreams? You need to change your thoughts! Negative thoughts of fear, rejection, failure, and self pity plague us all, but continuing to have these negative thoughts keeps us in that slump for what seems like eternity. If there was a way to replace negativity with positive thoughts, you could have all the success and happiness you could ever dream of. Well you can have those things! By changing your thought process you can rewire your brain to start attracting success and happiness into your life. Reading positive affirmations reprograms your subconscious into a positive source of energy that attracts anything you want in life. It's called the Law of Attraction! It's a universal law that works without question! These 500 daily affirmations of success and happiness will begin to immediately reshape your life no matter how bad things may seem. In reading this book you'll learn: How to stop negative thoughts How to reprogram your mind for the better How to create success and happiness How to become the person you've always wanted to be How to stop struggling and start living a successful life "You become what you think about" is a universal law that has changed the lives of many people who have learned to consciously control their thinking. Reading affirmations conditions your mind to believe what you are telling it. When it is flooded with positive thoughts of success and happiness you begin to attract those things toward you. This book could be the most life changing book you've ever read. With over 500 affirmations to read you'll have the tools you need to start rewiring your brain for the life you deserve! Scroll up and grab a copy today!

Positive Affirmations-Rachel Robins 2014-07-23 Positive Affirmations - Empowering Daily Affirmations to Easily Attract Health, Healing, and Happiness Into Your Life. Discover what positive affirmations are all about, why they are so powerful at affecting change, and how to integrate them effortlessly into your daily

life. Do you consciously control your thoughts to focus on positive outcomes, or allow your subconscious mind to let negative or unhelpful thoughts take over? Fortunately, positive affirmations can be used to transform our lives in exceptional ways. Throughout the book you'll learn how to use affirmations to permanently alter the way you think, to move away from damaging self-beliefs, and to actively pursue the life you really want. Inside the book you'll discover:

- What affirmations really are
- Why they are so powerful
- How to use them productively
- Simple techniques to radically alter your subconscious thoughts
- Easy methods to replace negative thoughts
- Empowering tips to ensure your personal affirmations really work
- Positive affirmation examples
- Step by step actions to immediately attract health, healing and happiness

Positive affirmation statements can help remove mental barriers, replace negative self-talk, and develop empowering daily habits. Our aim is to provide you with ideas, inspiration, and encouragement to craft your own uplifting affirmation statements, which will repeatedly deliver the rewards you desire. Follow the techniques, methods and tips in this book, and you'll be empowered to:

- Stop negative thoughts or self-doubt holding you back
- Start focusing on positive change
- Control your subconscious thoughts with empowering affirmations
- Feel happier, healthier, and full of positive energy

Through the use of positive affirmations you can consistently improve your health, heal your body and mind, and move toward daily happiness. Jump in and discover how you can influence your thoughts, attract great things into your life, and step closer to your ideal future.

I Am-Ayesha Rodriguez 2019-09-19 En este libro, la autora Ayesha Rodríguez utiliza versos que riman, seguidos de una afirmación positiva. Yo soy y las palabras que le siguen son poderosas. ¡Las afirmaciones repetidas aumentarán la autoestima de su hijo y transformarán su sentido de identidad!

I Am-Zondervan, 2019-09-03 This fun and whimsical book is filled with powerful affirmations that remind children of all the things they can love about themselves and what they have to offer the world. The playful illustrations by bestselling illustrator Judi Abbot showcase the way characteristics such as curiosity, beauty, bravery, and thankfulness can shine through in every child, even when he or she doesn't realize it. Scientific studies prove that affirmations empower and uplift. The inspiring message of I Am helps toddlers ages 0 to 4: Build a deep sense of confidence and self-esteem Understand how much they are loved Create a foundation of positivity and self-acceptance I Am features colorful illustrations and affirmations such as I am strong, I am kind, and I am smart. The book is a great gift for baby showers, birthdays, or any time you want to help instill self-confidence (and love!) within a child.

The Book of Healing Affirmations-Abby Wynne 2019-01-25 Affirmations are a powerful tool for transformation and healing, reminding us what is really important. As we navigate the multiple roles our busy lives demand, we can often feel anxious and uncertain. Affirmations can help anchor us to the present moment so we can return to our true selves. When we take our power back and feel strong, our inner light shines brightly, we have a happier outlook and we can inspire others to do the same. The book is divided into 12 topics, each containing affirmations for different needs, such as emotional release, abundance, gratitude, acceptance, manifestation, relationships and growth. With guidance on how to cultivate a daily affirmation practice, The Book of Healing Affirmations invites you to re-invest in yourself and start a daily practice that empowers you to become the master of your thoughts and emotions, rather than allowing them to be the master of you. Get ready to discover a whole new positive way of thinking, acting and feeling.

Law of Attraction Secrets-Nathan Powers 2015-05-26 Unlock the Power of Affirmations - Manifest Your Destiny Today! Purchase Now! When you purchase Law of Attraction Secrets: 100 Powerful Affirmations for Instant Manifestations, 3rd Edition, you'll find out how affirmations actually work and discover the affirmations you need for many life situations: * Success in Your Entrepreneurial Endeavors * Getting through Rough Patches * Dating, Sex, and Marriage Affirmations * Affirmations for Children and the Elderly * Becoming Mindful and Exploring Your Inner Self * Managing Anger and Confusion * Achieving Your Weight Loss Goals You'll also learn many tips and tricks for increasing the power of the Law of Attraction in your life and mastering the art of creating powerful affirmations. Law of Attraction Secrets: 100 Powerful Affirmations for Instant Manifestations, 3rd Edition teaches you to keep your affirmations affirmative and within your vibrational reach. You'll learn to change/master your thought patterns and be specific about what you want - for better and quicker results! You'll find special chapters in this book on each of these popular goals: * Finding a Romantic Partner * Wealth and Abundance * Professional Success * Weight Loss * Health and Wellness You'll even learn how to get instant manifestations of all your affirmations! Purchase Law of Attraction Secrets: 100 Powerful Affirmations for Instant Manifestations now, and start attracting what you truly deserve! Scroll to the top and select the "BUY" button.

Success Affirmations-Jack Canfield 2017-11-14 Jack Canfield is a master motivator, world-renowned

teacher, and bestselling author of *The Success Principles*. In his latest book, *Success Affirmations*, he helps readers break through to new levels of passion, purpose, and prosperity with 52 affirmations and time-tested wisdom. In our 24/7 world, where we move at warp speed, sometimes we let life happen to us instead of taking control of our direction. Other times, we suffer from information overload, and we fail to consciously control our positive thoughts, and we allow negativity to take over. For those who want to rise above, to get unstuck, or to catapult to a new level success, Jack Canfield will show you how positive affirmations can transform your life in extraordinary ways. Canfield, with the help of esteemed coauthors Kelly Johnson and Ram Ganglani, explains what positive affirmations are (and what they are not), why they are so effective, and how to effortlessly integrate their practice into your life. Pulling the most effective tenets from his bestselling book *The Success Principles*, Canfield covers all areas of life, from financial prosperity and creative pursuits to your career and positive relationships. *Success Affirmations* reveals: How to avoid letting life just happen to you, and how to proactively go after your dreams How to use the power of deliberate thought to create the reality you want How to identify your true passions and purpose to direct your affirmations to concrete goals, not nebulous ideas or someone else's vision How to harness positive energy to attract what you want in your life through the Law of Attraction How to unplug from technology and plug into your true source of energy And much more!

Wisdom Cards-Louise L. Hay 2000-06-01 Features a deck of 64 affirmation cards to help you develop your inner wisdom. This title contains 128 unique pieces of art exquisitely illustrated by two artists. It also contains a powerful piece of wisdom on one side and an affirmation on the other to enlighten, inspire and bring joy to your life.

The 5 Love Languages-Gary Chapman 2014-12-11 - Over 11 million copies sold - #1 New York Times Bestseller for 8 years running - Now celebrating its 25th anniversary Simple ideas, lasting love Falling in love is easy. Staying in love—that's the challenge. How can you keep your relationship fresh and growing amid the demands, conflicts, and just plain boredom of everyday life? In the #1 New York Times bestseller *The 5 Love Languages*, you'll discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner—starting today. *The 5 Love Languages* is as practical as it is insightful. Updated to reflect the complexities of relationships today, this new edition reveals intrinsic truths and applies relevant, actionable wisdom in ways that work. Includes the Couple's Personal Profile assessment so you can discover your love language and that of your loved one.

Inspirational Collection-Jade Summer 2019-06-10 2019 Gift Ideas | 175 Images This book contains images from the following books - *Inspirational Quotes*, *Dreams Come True*, *Live Your Dreams*, and *Inspirational Words*. A delightful kawaii adventure awaits you with this confidence boosting coloring book from bestselling publishing brand, Jade Summer. Our Inspirational Collection coloring book combines inspirational quotes with adorable kawaii designs so you can have fun, relieve stress, and boost self-confidence. Each coloring page features easy-to-color designs to help you relax and positive quotes to improve self-esteem. Enjoy coloring fun designs with motivational sayings including "I believe in myself", "always be grateful", "success will happen", and "friends give me strength". This confidence-building coloring book is an easy and convenient way to relieve stress and motivate yourself to be awesome! This incredible coloring book is four books in one. Our coloring book is an excellent choice for beginners, experienced colorists, and anyone looking to feel better about themselves. If you have never colored before or enjoy practicing positive affirmations, you owe it to yourself to give this incredible book a try! Why You Will Love this Book Relaxing Coloring Pages. Every page you color will pull you into a relaxing world where your responsibilities will seem to fade away... Beautiful Illustrations. We've included 175 images for you to express your creativity and make masterpieces. Which colors will you choose for this book? Single-sided Pages. Every image is placed on its own black-backed page to reduce the bleed-through problem found in other coloring books. Great for All Skill Levels. You can color every page however you want and there is no wrong way to color (even if you are a beginner). Makes a Wonderful Gift. Know someone who loves to color? Make them smile by getting them a copy too. You could even color together! About Jade Summer 100+ Coloring Books. Explore the entire Jade Summer collection and find an amazing book for your next coloring adventure. As a Jade Summer fan, you have access to books in a variety of popular themes, including animals, mandalas, fantasy, inspirational, and many more! 6,500+ 5-star Amazon Reviews. Jade Summer is one of the premier coloring book brands and a frequent bestseller on Amazon. When you buy a Jade Summer coloring book, you know it's a product you'll love. Fun Online Community. Our fun, friendly, and supportive community on social media is an entertaining way to view

completed pages from other Jade Summer fans, meet other colorists, and share your masterpieces with the world. Buy Now & Relax... Scroll to the top of the page and click the Add to Cart button.

Find Your Mantra-Aysel Gunar 2019-09-10 Be mindful and present in your daily life with these 75 uplifting messages, organized by theme. Founder of MantraBand Aysel Gunar provides an inspiring introduction on the importance of positive, meaningful mantras in your life. Whether your focus is peace, love, happiness, strength, or your journey—you'll find the perfect mantra for every day of your life. Some of the positive messages you'll find: Be Present: Be present, free of past and future, and enjoy this moment, that is filled with love, awareness, peace, and joy. Love and Light: May love and light always find you, and may you be a vessel of love and light. Let these powerful forces pull you away from your fears and open you to the understanding of oneness. Choose Joy: A phrase so simple, yet so powerful that it changes one's outlook on life. It helps us realize the power of our minds and the power of our attitude. A simple step in the path to a more positive life and a constant reminder to choose happiness. Blessed: You are greatly blessed and deeply loved. Count your blessings, not your troubles. I am awake, I am alive, I am blessed. By reading these affirmations—one a day, several at a time, or just by opening the book at random—you're taking the first step toward building a more rewarding life.

251 Study Secrets Top Achiever-B. K. Narayan 2012-04-01 251 Study Secrets from the Diary of a Top Achiever provides you 251 easy methods and tricks to achieve top success in studies - without stress and tension. This unique 'quick help' book for students deals with all the topics that are important for your study success. Here are some of those topics: * Confidence* Motivation* Choosing Career* Fixing Goal in Mind* Increasing Brainpower* Program to Succeed* Concentration* Managing Time* Becoming Healthy* Learning More in Class This book is written in short, concise form so that you can read fast, learn quickly, and use instantly!

A Daybook of Positive Thinking-Patricia Wayant 2015-04 This book is guaranteed to lift your spirits and make a noticeable improvement in your life. These wonderful words of wisdom invite each of us to spend less time thinking of any problems we may be facing and more time thinking of the possibilities. They ask us to fill our hearts, minds, and souls with feelings of love, optimism, and gratitude. They speak of embracing what is truly important and letting go of the rest. Selections from this uplifting collection can be read daily as a reminder to count your blessings and make the most of whatever comes your way.

30 Days of Motivation-Alexander King 2019-06-27 30 Days of Motivation 30 Days of Re-centering Your Mind And Rejuvenating Your Heart It's no secret that life can be immensely difficult. If you are reading this article now, chances are you are feeling this way. That's nothing to be ashamed of. By reaching out for help, you are already winning half the battle. Take a moment to reflect on the fact that the information we need to get by in life, is often right at our fingertips. We are immensely lucky to be living in an age where information is easily accessible.

Speak Life Journal-Debra Collier-Harris 2018-09-20 The Speak Life Journal is a writing journal that includes 100 positive affirmations across the top of each page and includes tips on how to incorporate affirmations into your daily life. It is perfect for writing your daily thoughts, dreams, aspirations, notes, lists or ideas. The journal is available in matte and glossy. This journal is the glossy format.

Dear Universe-Sarah Prout 2019 From the co-creator of The Manifesting Academy and host of the Journey to Manifesting podcast, 200 mini meditations to help you rise above fear and manifest the life of your dreams

365 Days of Positive Affirmations-Jenny Kellett 2016-03-25 "I can't do that" or "I am not able" - sound familiar? Too many of us are stuck in a negative cycle of thought - but you know what? You are great. You are able to achieve great things. Sometimes you just need to remind yourself of that. Positive affirmations have been used by psychologists since the 1920's to help boost the self-esteem of their patients. Research from Carnegie Mellon University conducted in 2013 provided the first evidence that self-affirmation can protect against the damaging effects of stress and anxiety. Millions of people have successfully used positive affirmations to aid in weight loss, depression, anxiety and self-esteem issues. Scientists believe that when positive affirmations are practiced regularly, they reinforce a chemical pathway in the brain, making the connection between two neurons stronger, and therefore more likely to conduct the same message again. In 365 Days of Positive Affirmations you will be introduced to the power of positive affirmations and experience the impact they can have on your life. Move through the book at your own pace as you discover which words and phrases resonate with you on a personal level. These then become your positive affirmations. Once you have those, use them on a daily basis; use them when doubt creeps into your mind; use them to remind yourself you are capable of achieving great things. Own 365 Days of Positive Affirmations today or purchase for a friend who needs a little positivity boost.

The Power of Positive Thinking-Norman Vincent Peale 2019-03-18 Translated into 15 languages with more than 7 million copies sold, The Power of Positive Thinking is unparalleled in its extraordinary capacity for restoring the faltering faith of millions. This book will show you how you can deal more effectively with tough situations and difficult people, and dramatically improve your performance and confidence. You will learn:

- How to eliminate that most devastating handicap—self doubt
- How to free yourself from worry, stress and resentment
- How to climb above problems to visualize solutions and then attain them

With inspiring examples and anecdotes, the book successfully delivers stimulating ideas and practical techniques to adopt optimism and live a victorious life. The Power of Positive Thinking is a phenomenal bestseller that has inspired millions of people across the world.

Building Self Esteem In Children-Cathy Anderson 2020-02-26 Building Self Esteem In Children teaches kids and teens how to see the best in themselves, change any negative perception they have about themselves and speak positive words into their lives at all time through life transforming and insightful words and positive affirmations. The book is very concise and easy to understand. Each page contains an overview of the keywords for the day and positive affirmations that would help reconfigure your kid's mind to start seeing the best in himself or herself. Grab a copy of this book today and give your kid an opportunity to improve on his/her self image through positive mind reconstructing words and positive affirmations.

Badass Affirmations-Becca Anderson 2018-05-15 "Solid gold wisdom that has the power to change your life for the better" from the author of The Book of Awesome Women—includes journaling prompts (Varla Ventura, author of Wild Women Talk About Love). #1 Bestseller in Popular Culture, Quotations, Women's Studies, Love & Marriage Humor, Self-Esteem, LGBT, and Trivia We all need reminders. You don't leap out of bed knowing you are amazing and about to have an incredible day. All of us have a lot of demands, pressures, to-dos and responsibilities. We find ourselves rushing around, working hard to please others. Often we find ourselves at the back of our own bus, having made everyone else happy but our own damn self. Then you go and beat yourself up about it. Let's stop that, shall we? In Badass Affirmations, positive living and affirmation queen Becca Anderson reminds you that you are pretty darn great. She will help you heal scars from bad childhoods and relationships and stop the self-defeating scripts that loop through your unconscious brain. Even nice moms and dads perpetrate parenting errors that leave marks on our souls. But, we can overcome with the right mix of badass affirmations. Every day and in every way, you can learn the art of self-affirmation. Read Badass Affirmations and: Learn the habit of affirming yourself daily Experience a life filled with love, joy, fulfillment and satisfaction Take control of your destiny Strengthen your self-esteem "This book is something you can use as a sort of coffee table book or something you can carry with you every day and no matter how you use it, there can be benefits for you and your daily life." —Nerdy Girl Express

Positive Affirmations Coloring Books-Tiny Cactus Publishing 2017-08-23 GREAT GIFT IDEAS | COLOURING BOOKS FOR GROWN-UPS This incredible Adult Coloring Book by best-selling artist This book is the perfect way to relieve stress and while enjoying beautiful and highly detailed images. Product Details: Printed single sided on bright white paper Perfect for all coloring mediums High quality paper Large Size format 8.5" x 11.0" pages

I Am Enough-Heather Alesch 2015-08-10 Dr. Heather Alesch is excited to bring you her positive affirmation book for children (and the child inside us all). Perhaps you are having a difficult day and just need a little reminder that you matter. Maybe your child is struggling with depression or being bullied. Whether you are just getting through the day or happily thriving, this book is a great resiliency builder. It is a joy to share my love of art and writing with the world. I hope this book finds its way into the schools, homes, and day cares of individuals who will benefit from encouraging words. We all have felt less than important at some point in our lives and this book is meant to be a bridge to self love.

The Power of Affirmations - 1,000 Positive Affirmations-Louise Stapely 2014-01-25 Did you know that affirmations are one of the most popular personal development techniques - but also one of the LEAST EFFECTIVE? That's not because affirmations don't work; it's because most people aren't shown the CORRECT way to use them. The Power of Affirmations reveals exactly why affirmations don't work well, and how to create ones that DO work. Topics covered in this report: - What is an Affirmation? - Why Don't Affirmations Work Much of the Time? - The True Purpose of Affirmations - How to Create Effective Affirmations - How to Tell if Your Affirmations Will Work - How Often You Should Recite Affirmations - The Best Way to Recite Affirmations - Other Ways to Use Affirmations - How Fast Do Affirmations Work? - Several Ways to Speed Up the Process - Common Challenges in Using Affirmations The Power of Affirmations clears up a lot of misconceptions about affirmations and provides you with simple, clear steps

to create powerful, effective affirmations for any and all areas of your life. Money, career, relationships, health, beauty, love... virtually every part of your life can be improved with the use of affirmations if you know how to use them correctly. A comprehensive list of positive affirmations has been included in this book to help transform almost any area of your life, broken down into the following headings: - Wealth & Success - Physical Body - Love & Relationships - Self Esteem - Peace & Harmony

Inspirational Coloring Book-Dylanna Press 2019-10-17 Positive affirmations and inspiring quotes intertwined into gorgeous patterns will provide hours of fun, stress relief, creativity, and relaxation. Full page designs are printed single side on 60 lb paper stock. Relax and unwind as you color these dazzling illustrations.

100 Best Beatles Songs-Michael Lewis 2009-10-10 Which Song is the Best and Why? Read it and see! Organized by rank, from 1 to 100, this illustrated celebration of the best songs by the boys who revolutionized rock-and-roll includes expert commentary, historical context, interview material, and lots of great sidebars (including "best" lists from some of today's pop music powerhouses.) Like all "best of" lists, the book's opinionated stance generates animated discussion. Here, There, and Everywhere is profusely illustrated with photos of the band at work and play, and all of the unforgettable album-cover art. Appendices include a complete song list, discography, videography, and bibliography, making it a one-stop source of Beatles facts and figures.

Inspirational Quotes-Jade Summer 2016-12-02 AMAZON BEST SELLER | 2016 BEST GIFT IDEAS This incredible adult coloring book by best-selling artist Jade Summer is the perfect way to relieve stress and aid relaxation while enjoying beautiful and highly detailed images. Each coloring page will transport you into a world of your own while your responsibilities will seem to fade away... Use Any of Your Favorite Tools Including colored pencils, pens, and fine-tipped markers. One Image Per Page Each image is printed on black-backed pages to prevent bleed-through. Display Your Artwork You can display your artwork with a standard 8.5" x 11" frame. Two Copies of Every Image Enjoy coloring your favorite images a second time, color with a friend, or have an extra copy in case you make a mistake. Includes FREE Digital Version As a special bonus, you can download a PDF and print your favorite images to as many times as you want. Now on Sale Regular Price: \$9.99 | SAVE \$6.00, 60% OFF | Limited time only. Makes the Perfect Gift Surprise that special someone in your life and make them smile. Buy two copies and enjoy coloring together. Buy Now, Start Coloring, and Relax... Scroll to the top of the page and click the buy button.

You Can Do It-SUMMERSDALE PUBLISHING 2019-01-10 This empowering little book is brimming with inspirational quotations and uplifting statements to kick-start your positivity. It's the perfect boost to help you seize the day and make things happen - and remember, you can do it! SELLING POINT: * A perfect gift for someone taking a big leap, such as a new job or gap year.

Kid President's Guide to Being Awesome-Robby Novak 2015-02-03 "This is LIFE, people! You've got air coming through your nose! You've got a heartbeat! That means it's time to do something!" announces Kid President in his book, Kid President's Guide to Being Awesome. From YouTube sensation (75 million views and counting!) to Hub Network summer series star, Kid President—ten-year-old Robby Novak—and his videos have inspired millions to dance more, to celebrate life, and to throw spontaneous parades. In his Guide to Being Awesome, Kid President pulls together lists of awesome ideas to help the world, awesome interviews with his awesome celebrity friends (he has interviewed Beyoncé!), and a step-by-step guide to make pretty much everything a little bit awesomer. Grab a corn dog and settle in to your favorite comfy chair. Pretend it's your birthday! (In fact, treat everyone like it's THEIR birthday!) Kid President is here with a 240-page, full-color Guide to Being Awesome that'll spread love and inspire the world.

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