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Defiendete! / Stick up for yourself!-Gershen Kaufman 2005-09-28 Based on the premise that all young people should learn to make decisions, respect themselves, and resolve challenging problems, this book is a self-help guide for adolescents to develop positive thinking, high self-esteem, and personal power. Exercises guide readers through learning about their own feelings, dreams, and needs while stressing that they are responsible for their own behavior and happiness. Situational anecdotes used to enhance the discussion are age-appropriate and relevant to children. Writing and keeping a journal are encouraged, and group exercises make the book useful in the classroom, family, or guidance group. Basado en la premisa que todos niños deben aprender a tomar decisiones, respetarse, y resolver problemas difíciles, este libro es una orientación para que los jóvenes sepan cómo defenderse, pensar positivamente, y aumentar su autoestima. Los ejercicios presentan situaciones reales en las que, sin molestar a otras personas y sin meterse en problemas, los lectores logren sentirse mejor consigo mismos y se responsabilicen de su conducta. Motiva a los jóvenes para que conozcan todo sobre si mismos y también aprendan a reconocer sus sentimientos, sueños, y necesidades. Escrito para jóvenes y niños, también es recomendable para maestros, orientadores, y padres comprometidos a ayudar a sus hijos a desarrollar habilidades vitales importantísimas y una autoestima sólida.

Cómo enseñar autoestima-Gershen Kaufman 2007 A person's self-esteem is based on real facts and achievements, and it is the single most important psychological tool to facilitate relationships with other people. Without self-esteem, kids doubt themselves and wilt under the pressure of their classmates, making them feel inferior and worthless—oftentimes seeking alcohol and drugs for an escape. This guide for parents and teachers is a step-by-step program meant to be used from first grade through middle school. It teaches the three most important skills in life: how to create self-esteem, how to be conscious of ones' self, and how to be assertive in a positive way. La autoestima de cualquier persona se basa en hechos y logros verdaderos—es la habilidad psicológica más importante que se puede desarrollar para poder desenvolverse en la sociedad. Sin autoestima, los niños dudan de ellos mismos, se doblegan ante la presión de sus compañeros, se sienten inferiores y sin valía y pueden buscar en las drogas o el alcohol su apoyo. Esta guía para maestros y padres es un programa paso por paso que puede ser utilizado desde los años avanzados de primaria hasta el final de la educación media. Enseña las tres habilidades importantes para la vida: cómo formar la autoestima, cómo ser conciente de uno mismo y cómo ser asertivo de manera positiva.

Hispanic Books Bulletin- 1991

Children's Books in Print, 2007- 2006

A Teacher's Guide to Stick Up for Yourself!-Gershen Kaufman 1992-01-15 The revised and updated edition of our popular guide reinforces and expands the messages of the Stick Up for Yourself! with a step-by-step curriculum in ten easy-to-use sessions. Includes reproducible handout masters.

Think BIG and Kick Ass in Business and Life-Donald J. Trump 2007-10-16 Trump is an icon: the very definition of the American success story. Bill Zanker started The Learning Annex with \$5,000 of his own money. After meeting Donald Trump, Zanker learned to Think BIG himself and grew The Learning Annex from a \$5 million-a-year company into one that's over \$100 million a year in sales, and still growing. Here, you too can learn Trump's secrets to thinking BIG! Learn: momentum: how to get it and how to get it back; revenge: how and when to get it; why contracts in business and personal life are so important. Plus real-life stories from people who've applied the think BIG formula in their own lives.--From publisher description.

Buddha's Brain-Rick Hanson 2011-07-13 Jesus, Moses, Mohammed, Gandhi, and the Buddha all had brains built essentially like anyone else's, yet they were able to harness their thoughts and shape their patterns of thinking in ways that changed history. With new breakthroughs in modern neuroscience and the wisdom of thousands of years of contemplative practice, it is possible for us to shape our own thoughts in a similar way for greater happiness, love, compassion, and wisdom. Buddha's Brain joins the forces of modern neuroscience with ancient contemplative teachings to show readers how they can work toward greater emotional well-being, healthier relationships, more effective actions, and deepened religious and spiritual understanding. This book will explain how the core elements of both psychological well-being and religious or spiritual life-virtue, mindfulness, and wisdom--are based in the core functions of the brain: regulating, learning, and valuing. Readers will also learn practical ways to apply this information, as the book offers many exercises they can do to tap the unused potential of the brain and rewire it over time for greater peace and well-being.

Tristana-Benito Perez Galdos 2014-12-02 An NYRB Classics Original Don Lope is a Don Juan, an aging but still effective predator on the opposite sex. He is also charming and generous, unhesitatingly contributing the better part of his fortune to pay off a friend's debts, kindly assuming responsibility for the friend's orphaned daughter, lovely Tristana. Don Lope takes her into his house and before long he takes her to bed. It's an arrangement that Tristana accepts more or less unquestioningly— that is, until she meets the handsome young painter Horacio. Then she actively rebels, sets out to educate herself, reveals tremendous talents, and soon surpasses her lover in her open defiance of convention.

One thing is for sure: Tristana will be her own woman. And when it counts Don Lope will be there for her. Benito Pérez Galdós, one of the most sophisticated and delightful of the great European novelists, was a clear-eyed, compassionate, and not-a-little amused observer of the confusions, delusions, misrepresentations, and perversions of the mind and heart. He is the unsurpassed chronicler of the reality show called real life.

Cuore-Edmondo De Amicis 2018-10-10 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

The Psychology of Shame-Gershen Kaufman, PhD 2004-01-01 In this classic volume, Kaufman synthesizes object relations theory, interpersonal theory, and, in particular, Silvan Tompkins's affect theory, to provide a powerful and multidimensional view of shame. Using his own clinical experience, he illustrates the application of affect theory to general classes of shame-based syndromes including compulsive; schizoid, depressive, and paranoid; sexual dysfunction; splitting; and sociopathic. This second edition includes two new chapters in which Dr. Kaufman presents shame as a societal dynamic and shows its impact on culture. He examines the role of shame in shaping the evolving identity of racial, ethnic, and religious minorities, and expands his theory of governing scenes. This new edition will continue to be of keen interest to clinical psychiatrists as well as graduate students.

Visionary Business-Marc Allen 1997 Demonstrates the ways of ethical and socially responsible business by focusing on Eastern and Western spirituality, simple kindness, mysticism, and market savvy

Shame-Gershen Kaufman 1992

Transgenerational Entrepreneurship-M. Nordqvist 2010-01-01 Introducing a new concept in family businesses Transgenerational Entrepreneurship addresses how these businesses achieve growth and longevity through entrepreneurial activities. It focuses on the resources, capabilities and mindsets that families develop and draw upon in order to be entrepreneurial across generations, and presents findings from an international research collaboration between family

business researchers and practitioners. In addition to a comprehensive conceptual chapter, the editors include a unique set of empirical case-based research papers that investigates transgenerational entrepreneurship in different European contexts. They bring together and integrate frontier research on entrepreneurship and family business, as well as provide a basis for future research. Academics, teachers and students in business and management, entrepreneurship and family business will find this path-breaking book of value, as will libraries, policy makers and consultants.

Losing Faith in Faith-Dan Barker 2006 A former preacher tell why he abandoned the guidance of the Bible to follow the dictates of own conscience.

Stick Up for Yourself!-Gershen Kaufman Espeland 2009-07-17 STICK UP FOR YOURSELF! WINNER! The National Parenting Center SEAL OF APPROVAL EVERY KID'S GUIDE TO PERSONAL POWER AND POSITIVE SELF-ESTEEM.

Have you ever been picked on at school, bossed around, blamed for things you didn't do, or treated unfairly? Do you sometimes feel frustrated, angry, powerless, and scared? Do wish you could stick up for yourself, but you don't know how? This book can help. In simple words and real-life examples, it shows you how to stick up for yourself with other kids (including bullies and teasers), big sisters and brothers, even parents and teachers. It tells you things you can say without putting people down, and things you can do without getting into trouble. You'll feel better about yourself, stronger inside, and more in charge of your life. You'll also learn about yourself and what's important to you. You'll find out about your feelings, needs, and dreams for the future. You'll see that you're responsible for your own behavior and your own feelings - nobody else's. You'll learn positive ways to deal with strong feelings like anger, fear, jealousy, and shame. And you'll discover simple ways to "store" happiness and pride for times when you need them the most. First published in 1990, this book has helped countless kids build self-esteem and be more assertive. It can give you the power to stick up for yourself, be true to yourself, and feel secure and confident inside - no matter what. Gershen Kaufman, Ph.D., is Professor Emeritus at Michigan State University and the author of several books. Lev Raphael, Ph.D., is a prize-winning author of dozens of novels and short stories. Pamela Espeland has authored and coauthored many books for children and adults.

Història de Jacob Xalabín / History of Yakub Çelebi- 2015-10-01 The Història de Jacob Xalabín, a Catalan novel c.1400 about the Ottoman prince Yakub Çelebi killed in the aftermath of the battle of Kosovo in 1389, is offered here in a new critical edition with the first ever English translation.

Ragtime-E.L. Doctorow 2010-11-17 Selected by the Modern Library as one of the 100 best novels of all time Published in 1975, Ragtime changed our very concept of what a novel could be. An extraordinary tapestry, Ragtime captures the spirit of America in the era between the turn of the century and the First World War. The story opens in 1906 in New Rochelle, New York, at the home of an affluent American family. One lazy Sunday afternoon, the famous escape artist Harry Houdini swerves his car into a telephone pole outside their house. And almost magically, the line between fantasy and historical fact, between real and imaginary characters, disappears. Henry Ford, Emma Goldman, J. P. Morgan, Evelyn Nesbit, Sigmund Freud, and Emiliano Zapata slip in and out of the tale, crossing paths with Doctorow's imagined family and other fictional characters, including an immigrant peddler and a ragtime musician from Harlem whose insistence on a point of justice drives him to revolutionary violence.

The True Power of Water-Masaru Emoto 2005-09-20 Dear Reader, I am honored that you have picked up The True Power of Water. In a world of no mistakes, it is not by coincidence that you and I are embarking on this journey. The words and pictures you are about to see will open a new world of possibilities for you -- just as my research has done for me. In this book you will learn of the unique properties of water and its ability to improve your health and your life. You will see the effect each of us has on water -- not only the water we drink but also the water that makes up 70 percent of the human body and, most importantly, what happens to that water as we interact with each other. 2005 marks the beginning of the United Nations Decade of Water. It is our individual responsibility to learn all we can about water, the most precious resource on our planet, and to help shift the consciousness through our thoughts, through our words and prayers, and through our commitment to respect each other with love and gratitude. May our understanding of water help bring peace to all humankind. Masaru Emoto

Dynamics of Power-Gershen Kaufman 1991 As an outgrowth of Kaufman's work on shame, this book's comprehensive educational curriculum for psychological health and self-esteem has professional, educational, and personal relevance. The principles and tools in this book directly combat addiction, violence, and stress-related disorders by reversing the very conditions responsible for them: shame and powerlessness.

Brian Wildsmith's Farm Animals (Navajo/English)-Brian Wildsmith 2015-08-15 Children can imitate the sounds that each animal makes as they learn the names of animals on the farm.

Corporate Turnaround-Donald B. Bibeault 1998

Black Rock Prison. Volume 2- What is the worst sentence that can befall a convict in Illinois? Not life in prison, not lethal injection. The worst punishment is to be sent to Black Rock Prison, a black-walled fortress whose exact location no one knows. The new warden of this unusual prison controls every dimension of each and every one of the convicts unfortunate enough to be sent there. The inmates soon will discover that they are not normal people, nor have they been imprisoned there by chance. The sentences awaiting them will be carried out in the shadow of a sinister threat. It isn't long before they find out that much more than their own lives is riding on solving the mystery of Black Rock.

What I Have Is Enough-Leslie Fatai 2018-12-11 Like many pianists, Leslie Fatai is known for her ability to mesmerize an audience with her musical ability. Unlike many pianists, she pulls it off with a total of five fingers. But being born with a limb deficiency affects more than just her musical career, and she's here to share some of the abilities she's discovered in being, technically, disabled. See how one woman's faith, strength, perseverance, and acceptance of self made all the difference in her success.

Managing for Products Liability Avoidance- 1996

Hunger Pains-Mary Bray Pipher 1997 Examines the effects of food, weight, and dieting on a woman's self-image, discusses eating disorders in children, and promotes positive thinking and a healthy lifestyle as means to overcome eating disorders

The Enlightened Army-David Toscana 2019-01-09 Ignacio Matus is a public school history teacher in Monterrey, Mexico, who gets fired because of his patriotic rantings about Mexico's repeated humiliations by the United States. Not only did Mexico's northern neighbor steal a large swath of the country in the Mexican-American War, according to Matus, it also denied him Olympic glory. Excluded from the 1924 Olympics, Matus ran his own parallel marathon and beat the time of the American who officially won the bronze medal. After spending decades attempting to vindicate his supposed triumph and claim the medal, an even bigger vindication beckons Matus—he will reconquer Texas for Mexico! Recruiting an army of intellectually disabled children ("los iluminados," the enlightened ones), Matus sets off on a quest as worthy of Don Quixote as it is doomed. David Toscana is one of Latin America's leading contemporary writers, and his books have won several prestigious awards, including the Casa de las Américas Prize for The Enlightened Army. The novel's treatment of the troubled relations between Mexico and the United States makes it highly topical at a time when immigration and border walls capture headlines, while its lyrical writing and humorous take on the absurdities of everyday life offer timeless pleasures.

The Colombian Novel, 1844-1987-Raymond Leslie Williams 2010-07-05 Novels such as One Hundred Years of Solitude have awakened English-language readers to the existence of Colombian literature in recent years, but Colombia has a well-established literary tradition that far predates the Latin American "boom." In this pathfinding study, Raymond Leslie Williams provides an overview of seventeen major authors and more than one hundred works spanning the years 1844 to 1987. After an introductory discussion of Colombian regionalism and novelistic development, Williams considers the novels produced in Colombia's four semi-autonomous regions. The Interior Highland Region is represented by novels ranging from Eugenio Díaz' Manuela to Eduardo Caballero Calderón's El buen salvaje. The Costa Region is represented by Juan José Nieto's Ingermina to Alvaro Cepeda Samudio's La casa grande and Gabriel García Márquez' Cien años de soledad; the Greater Antioquian Region by Tomás Carrasquilla's Frutos de mi tierra to Manuel Mejía Vallejo's El día señalado; and the Greater Cauca Region by Jorge Isaacs' Maria to Gustavo Alvarez Gardeazábal's El bazar de los idiotas. A discussion of the modern and postmodern novel concludes the study, with special consideration given to the works of García Márquez and Moreno-Durán. Written in a style accessible to a wide audience, The Colombian Novel will be a foundational work for all students of Colombian culture and Latin American literature.

Clandestine Poems-Roque Dalton 1984

Self-Parenting-John K. Pollard 1987 Explains how to resolve inner conflicts, includes advice on compensating for the poor parenting one received as a child, and suggests self-parenting exercises

Brother Francis of Assisi-Ignacio Larrañaga 1994 Here, told in a vivid and original way, is the full story of the life of St. Francis of Assisi. This story has been told many times before, but Fr. Larranaga tells it with a new spirit, seamlessly combining a modern spirit with the freshness and sense of wonder of the Fioretti. When Francis Bernardone was held as a prisoner of war at the age of 20, he never dreamed that he would become a knight in the service of Lady Poverty.

By the time he died 25 years later, he had become the Poor Man of God, the living image of the Crucified Savior.

Memory, Meaning & Method-Earl W. Stevick 1976

Oriens Graeci Inscriptiones Selectae-Carl Friedrich Wilhelm Dittenberger 1960

Anarchy-Errico Malatesta 2020-08-15 Reproduction of the original: Anarchy by Errico Malatesta

Affect in Language Learning-Jane Arnold 1999-01-14 The affective domain and the emotional factors which influence language learning have been of interest in the field of language teaching for a number of years. By proposing a holistic approach to the learning process, this volume takes the position that the language learning experience will be much more effective when both affect and cognition are considered. The eighteen chapters discuss issues such as memory, anxiety, self-esteem, facilitation, autonomy, classroom activities, and assessment from the perspective of affect. Affect in Language Learning will be of interest to teachers-in-preparation, teachers, teacher educators, curriculum designers, programme administrators and researchers and to those second language teaching professionals who wish to improve language teaching through a greater awareness of the role affect plays.

The Joy of Supernatural Thinking-Bill Bright 2005 The author introduces readers to supernatural thinking so they can focus on what is supernaturally possible with God.

The Shadow and the Star-Laura Kinsale 2009-03-17 From nationally acclaimed bestselling author Laura Kinsale comes a boldly original, breathlessly unforgettable tale of honour, adventure and undying love. The Shadow is wealthy, powerful and majestically handsome, he is a man of dark secrets - a master of the ancient martial arts of an exotic distant land. Scarred by a childhood of shocking degradation, he has sworn to love chastely ... but burns with the fires of unfulfilled passion. The Star is lovely, innocent and nearly destitute, and drawn to him by a fevered yearning she could never deny - following her enigmatic 'shadow warrior' into a dangerous world of desire and righteous retribution.

Sun Tzu and the Art of Business-Mark McNeilly 2012-01-26 More than two millennia ago the famous Chinese general Sun Tzu wrote the classic work on military strategy, The Art of War. Now, in a new edition of Sun Tzu and the Art of Business, Mark McNeilly shows how Sun Tzu's strategic principles can be applied to twenty-first century business. Here are two books in one: McNeilly's synthesis of Sun Tzu's ideas into six strategic principles for the business executive, plus the text of Samuel B. Griffith's popular translation of The Art of War. McNeilly explains how to gain market share without inciting competitive retaliation, how to attack competitors' weak points, and how to maximize market information for competitive advantage. He demonstrates the value of speed and preparation in throwing the competition off-balance, employing strategy to beat the competition, and the need for character in leaders. Lastly, McNeilly presents a practical method to put Sun Tzu's principles into practice. By using modern examples throughout the book from Google, Zappos, Amazon, Dyson, Aflac, Singapore Airlines, Best Buy, the NFL, Tata Motors, Starbucks, and many others, he illustrates how, by following the wisdom of history's most respected strategist, executives can avoid the pitfalls of management fads and achieve lasting competitive advantage.

Family Therapy-Maurizio Andolfi 2012-12-06 Dr. Maurizio Andolfi, "Andi" to my dog and me, is one of the fourth generation family therapy theorists. This book, which he calls "interac tional," is probably one you would not enjoy. Maybe you could give it to a rival colleague on his birthday. Combining the teachings of Zwerling and Laperriere with Ferber is confusing. Add to that a Horney analysis and stir with two ounces of Minuchin and a dram of Haley, and Andolfi becomes distracting to his friends and colleagues. His work with Can crini reacculturated him somewhat, but a Roman is a Roman, and, of course, he could not understand such problems as those we conquer in the United States.

Assuming your rival is a well-trained, cause-and-effect thinker, you might find ways to watch him squirm. If he has not tried paradoxical methods, expect him to take a long vacation from work. If he is already a good family therapist, he may become a bit hypomaniac, and his team may talk to you in private. Encourage them to suggest that he work harder and stop reading the book or, better still, donate it to the social work school library; they will read anything. If the team complains that the book advises teaching sick families how to be their own therapists, resist any impulse to check this out. No family could become self reparative when it is already dysfunctional. We know that professional help is the only hope.

The Letter of Violence-I. Avelar 2017-03-15 This book traces the theory of violence from nineteenth-century symmetrical warfare through today's warfare of electronics and unbalanced numbers. Surveying such luminaries as Walter Benjamin, Frantz Fanon, Hannah Arendt, Paul Virilio, and Jacques Derrida, Avelar also offers a discussion of theories of torture and confession, the work of Roman Polanski and Borges, and a meditation on the rise of the novel in Colombia.

Bloody Revenge-Andrew Schmitz 2019-03-11

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