Download Facing Violence Preparing For The Unexpected

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Facing Violence-Rory Miller 2011 This book stands alone as an introduction to the context of self-defense. There are seven elements that must be addressed to bring self-defense training to something approaching 'complete.' Any training that dismisses any of these areas leaves the student vulnerable: The seven elements are: Legal and ethical implications; Violence dynamics; Avoidance; Counter-ambush; Breaking the freeze; The fight itself and The aftermath. Any person who desires a deeper understanding of this thing called violence needs to read this book.

Scaling Force-Rory Miller 2012 Provides a range of options, from skillfully doing nothing to applying deadly force, designed to prevent violence or, if that is not possible, to defend oneself against it as effectively as possible.

When Violence Is the Answer-Tim Larkin 2017-09-05 In a civilized society, violence is rarely the answer. But when it is-it's the only answer. The sound of breaking glass downstairs in the middle of the night. The words, "Move and you die." The hands on your child, or the knife to your throat. In this essential book, self-protection expert and former military intelligence officer Tim Larkin changes the way we think about violence in order to save our lives. By deconstructing our assumptions about violence-its morality, its function in modern society, how it actually works-Larkin unlocks the shackles of our own taboos and arms us with what we need to know to prevent, prepare for, and survive the unthinkable event of life-or-death violence. Through a series of harrowing true-life stories, Larkin demonstrates that violence is a tool equally effective in the hands of the "bad guy" or the "good guy"; that the person who acts first, fastest and with the full force of their body is the one who survives; and that each and every one of us is capable of being that person when our lives are at stake. An indispensable resource, When Violence is the Answer will remain with you long after you've finished reading, as the bedrock of your self-protection skills and knowledge.

Warriors and Peacemakers-Mark Cooney 1998-04-01 Contemporary Political Thought is a foundation textbook in political thought. It brings together readings by leading exponents of contemporary political theory with lucid, jargon-free introductions, and is the first book in the area to combine these pedagogical elements. The book is divided into 12 sections: the twentieth to the twenty-first centuries, interpreting political thought now and then, liberalisms, conservatisms, marxisms, communitarianism, feminism, ecologism and environmentalism, post-structuralism and post-modernism, multi-culturalism, political thought beyond the Western tradition, and democratic theory for a new century. Each section contains several influential texts that provide discussion of various key theoretical positions. The introductions elucidate some of the main currents within the area of thought, and the areas of most significant tension, give cross-references to other theories, and contextualize the readings that follow. An indispensable aid for students and professors alike, Contemporary Political Thought is the perfect introduction to theoretical approaches to politics. Training for Sudden Violence-Rory Miller 2016 The speed and brutality of a predatory attack can shock even an experienced martial artist. The sudden chaos, the cascade of stress hormones—you feel as though time slows down. In reality, the assault is over in an instant. How does anyone prepare for that? As a former corrections sergeant and tactical team leader, Rory Miller is a proven survivor. He instructs police and corrections professionals who, in many cases, receive only eight hours of defensive tactics training each year. They need techniques that work and they need unflinching courage. In Training for Sudden Violence Miller gives you the tools to prepare and prevail, both physically and psychologically. He shares hard-won lessons from a world most of us hope we never experience. Train in fundamentals, combat drills, and dynamic fighting. Develop situational awareness. Condition yourself through stress inoculation. Take a critical look at your training habits. "You don't get to pick where fights go," Miller writes. That's why he has created a series of drills to train you for the worst of it. You will defend yourself on your feet, on the ground, against weapons, in a crowd, and while blindfolded. You will reevaluate your training scenarios—keeping what works, discarding what does not, and improving your chances of survival. Miller's "internal work," "world work," and "plastic mind" exercises will challenge you in ways that mere physical training does not. Sections include: Stalking Escape and evasion The predator mind Personal threat assessment This is a fight for your life, and it won't happen on a nice soft mat. It will get, as Miller says, "all kinds of messy." Training for Sudden Violence prepares you for that mess.

Meditations on Violence-Rory Miller 2008 Looks at the differences between martial arts and violence, with information on such topics as expectations of martial arts training, thinking critically about violence, and adapting training methods to reality.

A Rusty Gun-Noel 'Razor' Smith 2010-07-29 As a gun-wielding bank robber, Noel 'Razor' Smith was top of the criminal tree, enjoying the excitement and benefits of a dangerous and adrenalin-filled career. But he'd also spent the greater part of his adult life in prison, an environment where respect and basic survival were guaranteed only to those prepared to use the most brutal violence. In his new book

Smith takes the story on from his highly acclaimed memoir A Few Kind Words and a Loaded Gun, and describes how he came to realize that the game wasn't worth the candle. In his mid-forties he applied to enter Grendon, then the only prison in Britain offering intense therapeutic treatment to hardened criminals. He went from a brutal high-security prison, HMP Whitemoor, to an institution where he was encouraged to investigate just why his life had been given over to violence and crime. Smith paints an unforgettable portrait of the hardened and severely damaged inmates of Grendon, many of them guilty of famous crimes, and their attempts to turn round their lives. And in particular his own arduous five-year journey to re-enter society as a straight citizen.

Surviving Armed Assaults-Lawrence A. Kane 2006-01-01 "This groundbreaking book teaches essential survival skills that can keep you safe on the street, covering awareness, avoidance, deescalation, countervailing force, armed conflict, aftermath of violence, and weapon features-functions. A variety of scenarios help readers internalize this knowledge. Experienced martial artists, street-savvy professionals, and everyone in-between can benefit from this information"--Book description.

Interventions against child abuse and violence against women-Carol Hagemann-White 2019-10-28 This book offers insights and perspectives from a study of "Cultural Encounters in Intervention Against Violence" (CEINAV) in four EU-countries. Seeking a deeper understanding of the underpinnings of intervention practices in Germany, Portugal, Slovenia and the United Kingdom, the team explored variations in institutional structures and traditions of law, policing, and social welfare. Theories of structural inequality and ethics are discussed and translated into practice.

A Professional's Guide To Ending Violence Quickly-Marc Animal MacYoung 1996-09-01 People who deal with violence on a daily basis know that the best way to avoid getting injured or sued by the jerk who started the trouble is to defuse the situation or put him down fast and hard. Here Animal shows you how to do both. Preparing for the Unimaginable-Usher, Laura 2018-01-16 While most government agencies are trained in how to react to a mass casualty event such as a terrorist attack or natural disaster, few are prepared to deal with the psychological fallout for first responders from

Preparing for the Unimaginable fills that void. This book is the product of the National Alliance on Mental Illness's work with the Newtown, Connecticut, police force in efforts to cope with the shooting at Sandy Hook Elementary school that left twenty six people, including twenty children, dead. This unique publication offers expert advice and practical tips for helping officers to heal emotionally, managing the public, dealing with the media, building relationships with other first responder agencies, and much more. Complete with firsthand accounts of chiefs and officers that have guided their departments through mass casualty events, Preparing for the Unimaginable seeks to provide practical, actionable strategies to protect officer mental health before and after traumatic events.

Antifa-Mark Bray 2017-08-29 The National Bestseller "Focused and persuasive... Bray's book is many things: the first English-language transnational history of antifa, a how-to for would-be activists, and a record of advice from anti-Fascist organizers past and present."—THE NEW YORKER "Insurgent activist movements need spokesmen, intellectuals and apologists, and for the moment Mark Bray is filling in as all three... The book's most enlightening contribution is on the history of anti-fascist efforts over the past century, but its most relevant for today is its justification for stifling speech and clobbering white supremacists."—Carlos Lozada, THE WASHINGTON POST "[Bray's] analysis is methodical, and clearly informed by both his historical training and 15 years of organizing, which included Occupy Wall Street...Antifa: The Anti-Fascist Handbook couldn't have emerged at a more opportune time. Bray's arguments are incisive and cohesive, and his consistent refusal to back down from principle makes the book a crucial intervention in our political moment."—SAN FRANCISCO CHRONICLE In the wake of tragic events in Charlottesville, VA, and Donald Trump's initial refusal to denounce the white nationalists behind it all, the "antifa" opposition movement is suddenly appearing everywhere. But what is it, precisely? And where did it come from? As long as there has been fascism, there has been anti-fascism — also known as "antifa." Born out of resistance to Mussolini and Hitler in Europe during the 1920s and '30s, the antifa movement has suddenly burst into the headlines amidst opposition to the Trump administration and the Downloaded from

alt-right. They could be seen in news reports, often clad all in black with balaclavas covering their faces, demonstrating at the presidential inauguration, and on California college campuses protesting far-right speakers, and most recently, on the streets of Charlottesville, VA, protecting, among others, a group of ministers including Cornel West from neo-Nazi violence. (West would later tell reporters, "The anti-fascists saved our lives.") Simply, antifa aims to deny fascists the opportunity to promote their oppressive politics, and to protect tolerant communities from acts of violence promulgated by fascists. Critics say shutting down political adversaries is anti-democratic; antifa adherents argue that the horrors of fascism must never be allowed the slightest chance to triumph again. In a smart and gripping investigation, historian and former Occupy Wall Street organizer Mark Bray provides a detailed survey of the full history of anti-fascism from its origins to the present day — the first transnational history of postwar anti-fascism in English. Based on interviews with anti-fascists from around the world. Antifa details the tactics of the movement and the philosophy behind it, offering insight into the growing but little-understood resistance fighting back against fascism in all its guises. Educated-Tara Westover 2018-02-20 #1 NEW YORK TIMES, WALL STREET JOURNAL, AND BOSTON GLOBE BESTSELLER • One of the most acclaimed books of our time: an unforgettable memoir about a young woman who, kept out of school, leaves her survivalist family and goes on to earn a PhD from Cambridge University "An amazing story, and truly inspiring. It's even better than you've heard."—Bill Gates NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY THE NEW YORK TIMES BOOK REVIEW • ONE OF PRESIDENT BARACK OBAMA'S FAVORITE BOOKS OF THE YEAR • BILL GATES'S HOLIDAY READING LIST • FINALIST: National Book Critics Circle's Award In Autobiography and John Leonard Prize For Best First Book • PEN/Jean Stein Book Award • Los Angeles Times Book Prize Born to survivalists in the mountains of Idaho, Tara Westover was seventeen the first time she set foot in a classroom. Her family was so isolated from mainstream society that there was no one to ensure the children received an education, and no one to intervene when one of Tara's older brothers became violent. When another brother got himself into college, Tara decided to try a new from nother brother got himself into college, Tara decided to try a new from nother brother got himself into college, Tara decided to try a new from nother brother got himself into college, Tara decided to try a new from nother brother got himself into college, Tara decided to try a new from nother brother got himself into college, Tara decided to try a new from nother brother got himself into college, Tara decided to try a new from nother brother got himself into college, Tara decided to try a new from nother brother got himself into college, Tara decided to try a new from nother brother got himself into college, the nother brother got himself into college, the nother brother got himself into college from the nother got himself into college from the nother brother got himself into college from the nother got himself into college from the nother brother got himself into college from the nother got himself into college from th kind of life. Her quest for knowledge transformed her, taking her over oceans and across continents, to Harvard and to Cambridge University. Only then would she wonder if she'd traveled too far, if there was still a way home. "Beautiful and propulsive . . . Despite the singularity of [Westover's] childhood, the questions her book poses are universal: How much of ourselves should we give to those we love? And how much must we betray them to grow up?"—Vogue NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Washington Post • O: The Oprah Magazine • Time • NPR • Good Morning America • San Francisco Chronicle • The Guardian • The Economist • Financial Times • Newsday • New York Post • theSkimm • Refinery29 • Bloomberg • Self • Real Simple • Town & Country • Bustle • Paste • Publishers Weekly • Library Journal • LibraryReads • BookRiot • Pamela Paul, KQED • New York Public Library

The Future of Violence - Robots and Germs, Hackers and Drones-Benjamin Wittes 2016-03-15 The terrifying new role of technology in a world at war

Dry-Neal Shusterman 2019-09-03 "The authors do not hold back." —Booklist (starred review) "The palpable desperation that pervades the plot...feels true, giving it a chilling air of inevitability." —Publishers Weekly (starred review) "The Shustermans challenge readers." —School Library Journal (starred review) "No one does doom like Neal Shusterman." —Kirkus Reviews (starred review) When the California drought escalates to catastrophic proportions, one teen is forced to make life and death decisions for her family in this harrowing story of survival from New York Times bestselling author Neal Shusterman and Jarrod Shusterman. The drought—or the Tap-Out, as everyone calls it—has been going on for a while now. Everyone's lives have become an endless list of don'ts: don't water the lawn, don't fill up your pool, don't take long showers. Until the taps run dry. Suddenly, Alyssa's guiet suburban street spirals into a warzone of desperation; neighbors and families turned against each other on the hunt for water. And when her parents don't return and her life—and the life of her brother—is threatened, Alyssa has to make impossible choices if she's going to survive. Negroes with Guns-Robert Franklin Williams 1998 A southern black community's struggle to defend itself against racist groups $\mathbf{p}_{bounloaded\ from}$ The Nanjing Atrocities 2014-08-29

The Hate U Give-Angie Thomas 2017-02-28 8 starred reviews • Goodreads Choice Awards Best of the Best • William C. Morris Award Winner • National Book Award Longlist • Printz Honor Book • Coretta Scott King Honor Book • #1 New York Times Bestseller! "Absolutely riveting!" —Jason Reynolds "Stunning." —John Green "This story is necessary. This story is important." —Kirkus (starred review) "Heartbreakingly topical." —Publishers Weekly (starred review) "A marvel of verisimilitude." —Booklist (starred review) "A powerful, in-your-face novel." —Horn Book (starred review) Sixteenyear-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Khalil was unarmed. Soon afterward, his death is a national headline. Some are calling him a thug, maybe even a drug dealer and a gangbanger. Protesters are taking to the streets in Khalil's name. Some cops and the local drug lord try to intimidate Starr and her family. What everyone wants to know is: what really went down that night? And the only person alive who can answer that is Starr. But what Starr does—or does not—say could upend her community. It could also endanger her life. And don't miss On the Come Up, Angie Thomas's powerful follow-up to The Hate U Give.

Facing Forward-Sajitha Bashir 2018-09-17 While everybody recognizes the development challenges facing Sub-Saharan Africa, few have put together coherent plans that offer real hope for any feasible and general improvement. Facing Forward combines an evidence-based plan that not only recognizes the deep problems but provides specific prescriptions for dealing with the problems. In the simplest version, focus on the skills of the people and do it in a rational and achievable manner. †" Eric Hanushek, Paul and Jean Hanna Senior Fellow, Hoover Institute, Stanford University This book offers a clear perspective on how to improve learning in basic education in Sub- Saharan Africa, based on extremely rigorous and exhaustive analysis of a large volume of data. The authors shine a light on the low levels of learning and on the contributory factors. They have not hesitated to raise difficult issues, such as the need to provide the contributory factors.

implement a consistent policy on the language of instruction, which is essential to ensuring the foundations of learning for all children. Using the framework of "From Science to Service Delivery,†? the book urges policy makers to look at the entire chain from policy design, informed by knowledge adapted to the local context, to implementation. Facing Forward: Schooling for Learning in Africa is a unique addition to the literature that is relevant for African policy makers and stakeholders. †" Professor Hassana Alidou, Ambassador of the Republic of Niger to the United States and Canada As the continent gears itself up to provide universal basic education to all its children by 2030, it has to squarely address the challenge of how to improve learning. Facing Forward helps countries to benchmark themselves against each other and to identify concrete lines of action. It forces policy makers to think "where do I go from here?†? "what do I do differently?†? and to examine the hierarchy of interventions that can boost learning. It rightly urges Ministries of Education to build capacity through learning by doing and continuous adaptation of new knowledge to the local context. Facing Forward will unleash frank conversations about the profound reforms that are required in education policy and service delivery to ensure learning for every child on the continent. †" Dr. Fred Matiang'I, Cabinet Secretary for the Interior and Coordination of National Government, Government of Kenya (former Cabinet Secretary for Education) Facing Forward couldn't have come at a more opportune time as countries in the region, including Mauritius, focus more on learning outcomes rather than simply on inputs and processes in education systems. The book underscores the important point that African countries need not exclusively model themselves on high-performing education systems in the world. Much can as well be learnt from other countries at the same level of development, or lower, by virtue of the challenges they have faced and successfully overcome. This presents opportunities for greater peer-sharing and networking with these countries. Indeed a number of key focus areas are highlighted in the book that demonstrate good practices worthy of being emulated. These cover domains as diverse as enabling factors leading to improved student progression, strengthened teacher capacity, increased budgetary allocation with a focus on quality, as well as improved technical capacity of implementing agencies in the region. †" Hon. (Mrs.) Leela Devi Dookun-Luchoomun, Minister of Education and Human Resources, Tertiary Education and Scientific Research, Republic of Mauritius

The Border Lord's Bride-Bertrice Small 2007-10-02 New York Times bestselling author Bertrice Small continues her Border Chronicles with this tale of a woman rescued, a man enraptured, and a love unanticipated by the fates... Duncan Armstrong, laird of Duffdour, had sworn never to wed unless it was to a lass he truly loved. But when he needs a favor from King James, Duncan never expects what he's forced to pay in return: the taking of a bride he neither loves nor desires. When Highland heiress Ellen MacArther's marriage plans are thwarted by a murder attempt, she has no choice but to beg the king for help. The cost for her urgent plea: to surrender her heritage and become a border lord's bride. But the price to be paid for two strangers thrown together by fate is higher than imagined. And more dangerous than the passion—and betrayal—that could consume them.

SEAL Survival Guide-Cade Courtley 2012-12-04 Think and act like a Navy SEAL and you can survive anything. You can live scared—or be prepared. "We never thought it would happen to us." From random shootings to deadly wildfires to terrorist attacks, the reality is that modern life is unpredictable and dangerous. Don't live in fear or rely on luck. Learn the SEAL mindset: Be prepared, feel confident, step up, and know exactly how to survive any lifethreatening situation. Former Navy SEAL and preeminent American survivalist Cade Courtley delivers step-by-step instructions anyone can master in this illustrated, user-friendly guide. You'll learn to think like a SEAL and how to: improvise weapons from everyday items * pack a go bag* escape mass-shootings * treat injuries at the scene* subdue a hijacker * survive extreme climates * travel safely abroad* defend against animal attacks * survive pandemic * and much more Don't be taken by surprise. Don't be a target. Fight back, protect yourself, and beat the odds with the essential manual no one in the twenty-first century should be without. BE A SURVIVOR, NOT A STATISTIC!

Conflict Communication (ConCom)-Rory Miller 2015 This book presents a functional taxonomy to see, understand, and manipulate pownloaded from

the roots of life's conflicts. You will have the background, the principles, and a collection of tricks to manage and ideally avoid dangerous conflicts. You may not realize that your reactions to conflict are subconscious, scripted, and for the good of the group. Once recognized, you can take actions that will reduce your being caught up in conflicts.--Publisher.

Violence at Work-Duncan Chappell 2006 Violence at work, ranging from bullying and mobbing, to threats by psychologically unstable co-workers, sexual harassment and homicide, is increasing worldwide and has reached epidemic levels in some countries. This updated and revised edition looks at the full range of aggressive acts, offers new information on their occurrence and identifies occupations and situations at particular risk. It is organised in three sections: understanding violence at work; responding to violence at work; future action.

The Crucible-Arthur Miller 2016 "First published in the United States of America by Viking Penguin Inc. 1953"--title page verso. Violence-Rory Miller 2013-03-30 Violence: A Writer's Guide (Second Edition) introduces writers to a world of terror, pain and blood. A world where lives are changed forever in a few desperate seconds. A world where innocent people, heroes, and the most depraved criminals live, thrive, suffer and die in a constant struggle for survival. This is your world. It's the real world. Bad things happen in the real world. This book is for writers who write about assault, fighting, war, and other conflict. For writers who write about violence.

Tuesdays with Morrie-Mitch Albom 2007-06-29 A special 20th anniversary edition of the beloved international bestseller that changed millions of lives Maybe it was a grandparent, or a teacher, or a colleague. Someone older, patient and wise, who understood you when you were young and searching, helped you see the world as a more profound place, gave you sound advice to help you make your way through it. For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago. Maybe, like Mitch, you lost track of this mentor as you made your way, and the insights faded, and the world seemed colder. Wouldn't you like to see that person again, ask the bigger questions that still haunt you, receive wisdom for your busy life today the way you once

did when you were younger? Mitch Albom had that second chance. He reconnected with Morrie in the last months of the older man's life. Knowing he was dving, Morrie visited with Mitch in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final "class:" lessons in how to live. Tuesdays with Morrie is a magical chronicle of their time together, through which Mitch shares Morrie's lasting gift with the world. Compassion Fatigue and Burnout in Nursing-Vidette Todaro-Franceschi 2012-09-20 Print+CourseSmart Guide for Preventing and Responding to School Violence-Alissa J. Kramen 1999 Presents different strategies and approaches for members of school communities to consider when creating safer learning environments. Violence prevention programs work best when they incorporate multiple strategies and address the full range of possible acts of violence within schools. The roles of school administrators, teachers and staff, students, school counselors, psychologists, and social workers, parents/guardians, community, and law enforcement are all discussed. Chapters: prevention; threat assessment; crisis planning and preparation; during a major crisis; after a crisis; legal considerations; recommendations for the media; legislative issues; and web links with additional info. Facing Hazards and Disasters-National Research Council 2006-09-10 Social science research conducted since the late 1970s has contributed greatly to society's ability to mitigate and adapt to natural, technological, and willful disasters. However, as evidenced by Hurricane Katrina, the Indian Ocean tsunami, the September 11, 2001 terrorist attacks on the United States, and other recent events, hazards and disaster research and its application could be improved greatly. In particular, more studies should be pursued that compare how the characteristics of different types of eventsincluding predictability, forewarning, magnitude, and duration of impact-affect societal vulnerability and response. This book includes more than thirty recommendations for the hazards and disaster community.

How to Survive an Active Killer-Aaron Jannetti 2017-12-04 Incidents of mass violence are not new and are unfortunately not rare, yet our avoidance of these realities is quite common. If we don't acknowledge this truth about the violence present in society today.

how can we be prepared to face it? This book takes a true look at what your options are for dealing with an active shooter event. Across the United States, businesses, schools, and communities may provide a video to watch or brief presentation to attend on dealing with active killers, often with the message of "run, hide, fight," but the training generally stops there. What happens when we need to utilize the principles presented? These conversations don't bring us closer to surviving active shooter events, and ignoring the reality of violence doesn't keep us safe. This book endeavors to instruct you on all aspects of responding to an active shooter situation. You'll learn about planning, evading, and finding a secure place to barricade or cover, along with unarmed fighting, considerations for using a defensive weapon, how to give life-saving medical care, how to interact with law enforcement, how to cope with the aftermath, and where to begin your training. It's a guide to preparing yourself and those you care about for these events, but it's only the first step. What you do with the information is up to you. Your safety is your responsibility! Aaron Jannetti is the owner of Endeavor Defense and Fitness in Columbus, OH. His team teaches unarmed and armed self-defense, as well as strength and conditioning. He holds black belts, instructor diplomas, and numerous certifications and has traveled the US teaching active shooter response at universities, businesses, and communities in more than 30 different states. He brings the knowledge gained from this hands-on work with students from all walks of life back to his team to challenge the ways they teach and bring the best possible instruction to their community.

Warrior's Creed-Roger Sparks 2019-08-13 The riveting story of how a young boy's upbringing with outlaw culture and charismatic role models forged him into an elite Marine and a decorated Pararescueman. "Absence of self is my sword" comprises the final line in "The Warrior's Creed," a 14th century poem written by an unknown Japanese Samurai, and this is the code Master Sergeant Roger Sparks embodied as a Recon Marine turned Alaskan Pararescueman. A living legend in the military, Sparks first made a name for himself within elite Marine Reconnaissance units. He went on to become an instructor where he trained future Reconnaissance Marines with unorthodox and ancient indigenous warrior Downloaded from

techniques. A decade later, the same methods would keep him and others alive, when he hoisted into a maelstrom of violence to rescue an embattled platoon in the rugged mountains of eastern Afghanistan. Introduced to a tough code of honor, family, and brotherhood from birth, Roger Sparks rose to become a distinguished instructor in Marine Reconnaissance and a Silver Star recipient as an Alaska Pararescueman. A raw and exhilarating tale of guts, grit, and heart, Warrior's Creed recounts the hidden side of special operations training, heroic and heartbreaking Alaskan wilderness rescues, and the surreal and deadly rescues during Operation Bulldog Bite in Afghanistan's Watapur Valley. This powerful and inspirational story is as much of a self-help book as it is an edge of your seat military memoir. Warrior's Creed reveals a motivating and mindful approach to overcoming the odds, facing the impossible, and finding mercy and grace in the aftermath. No Citizen Left Behind-Meira Levinson 2012-05-08 While teaching at an all-black middle school in Atlanta, Meira Levinson realized that students' individual self-improvement would not necessarily enable them to overcome their profound marginalization within American society. This is because of a civic empowerment gap that is as shameful and antidemocratic as the academic achievement gap targeted by No Child Left Behind. No Citizen Left Behind argues that students must be taught how to upend and reshape power relationships directly, through political and civic action. Drawing on political theory, empirical research, and her own on-the-ground experience, Levinson shows how de facto segregated urban schools can and must be at the center of this struggle. Recovering the civic purposes of public schools will take more than tweaking the curriculum. Levinson calls on schools to remake civic education. Schools should teach collective action, openly discuss the racialized dimensions of citizenship, and provoke students by engaging their passions against contemporary injustices. Students must also have frequent opportunities to take civic and political action, including within the school itself. To build a truly egalitarian society, we must reject myths of civic sameness and empower all young people to raise their diverse voices. Levinson's account challenges not just educators but all who care about justice, diversity, or democracy. Male Roles, Masculinities and Violence-Expert Group Meeting on Provided from Male Roles and M 2000 This book is based on an expert group meeting entitled 'Male Roles and Masculinities in the Perspective of a Culture of Peace', which was organised by UNESCO in Oslo, Norway in 1997, the first international discussion of the connections between men and masculinity and peace and war. The group consisted of researchers, activists, policy makers and administrators and the aim of the meeting was to formulate practical suggestions for change. Chapters in the book consist of both regional case studies and social science research on the connections of traditional masculinity and patriarchy to violence and peace building. The Culture of Peace initiatives in this book show how violence is ineffective, and the book contests the views in the socialisation of boy-children that aggressiveness, violence and force are an acceptable means of expression.

Left of Bang-Patrick Van Horne 2014-06-19 "At a time when we must adapt to the changing character of conflict, this is a serious book on a serious issue that can give us the edge we need." —General James Mattis, USMC, Ret. "Left of Bang offers a crisp lesson in survival in which Van Horne and Riley affirm a compelling truth: It's better to detect sinister intentions early than respond to violent actions late. Left of Bang helps readers avoid the bang." —Gavin de Becker, bestselling author of The Gift of Fear "Rare is the book that is immediately practical and interesting. Left of Bang accomplishes this from start to finish. There is something here for everyone in the people business and we are all in the people business."—Joe Navarro, bestselling author of What Every BODY is Saying. "Left of Bang is a highly important and innovative book that offers a substantial contribution to answering the challenge of Fourth Generation war (4GW)." -William S. Lind, author of Maneuver Warfare Handbook "Like Sun Tzu's The Art of War, Left of Bang isn't just for the military. It's a must read for anyone who has ever had a gut feeling that something's not guite right...be it walking down the street, sitting in a corporate boardroom, or even entering an empty home." -- Steven Pressfield, bestselling author of The Lion's Gate, The Warrior Ethos and Gates of Fire "An amazing book! Applying the lessons learned during the longest war in American history, and building on seminal works like The Gift of Fear and On Combat, this book provides a framework of knowledge from that will bring military, law enforcement, and individual citizens to new levels of survival mindset and performance in life-and-death situations. Left of Bang is an instant classic." -- Lt. Colonel Dave Grossman, U.S. Army Ret., author of On Combat and On Killing --You walk into a restaurant and get an immediate sense that you should leave. -- You are about to step onto an elevator with a stranger and something stops you. -- You interview a potential new employee who has the resume to do the job, but something tells you not to offer a position. These scenarios all represent LEFT OF BANG, the moments before something bad happens. But how many times have you talked yourself out of leaving the restaurant, getting off the elevator, or getting over your silly "gut" feeling about someone? Is there a way to not just listen to your inner protector more, but to actually increase your sensitivity to threats before they happen? Legendary Marine General James Mattis asked the same question and issued a directive to operationalize the Marine Corps' Combat Hunter program. A comprehensive and no-nonsense approach to heightening each and every one of our gifts of fear, LEFT OF BANG is the result.

The Autobiography of Malcolm X-Malcolm X 2015-08-25 Now available as an eBook for the very first time! • ONE OF TIME'S TEN MOST IMPORTANT NONFICTION BOOKS OF THE TWENTIETH CENTURY In the searing pages of this classic autobiography, originally published in 1964, Malcolm X, the Muslim leader, firebrand, and anti-integrationist, tells the extraordinary story of his life and the growth of the Black Muslim movement. His fascinating perspective on the lies and limitations of the American Dream, and the inherent racism in a society that denies its nonwhite citizens the opportunity to dream, gives extraordinary insight into the most urgent issues of our own time. The Autobiography of Malcolm X stands as the definitive statement of a movement and a man whose work was never completed but whose message is timeless. It is essential reading for anyone who wants to understand America. Praise for The Autobiography of Malcolm X "Malcolm X's autobiography seemed to offer something different. His repeated acts of self-creation spoke to me; the blunt poetry of his words, his unadorned insistence on respect, promised a new and uncompromising order, martial in its discipline, forged through sheer force of will."—Barack Obama, Dreams from My Father "Extraordinary . . . a brilliant, painful, important book."—The New York Times "A great book . . . Its dead level honesty, its passion, its exalted purpose, will make it stand as a monument to the most painful truth."—The Nation "The most important book I'll ever read, it changed the way I thought, it changed the way I acted. It has given me courage I didn't know I had inside me. I'm one of hundreds of thousands whose lives were changed for the better."—Spike Lee "This book will have a permanent place in the literature of the Afro-American struggle."—I. F. Stone Chicana and Chicano Mental Health-Yvette G. Flores 2013-05-02 Spirit, mind, and heart—in traditional Mexican health beliefs all three are inherent to maintaining psychological balance. For Mexican Americans, who are both the oldest Latina/o group in the United States as well as some of the most recent arrivals. perceptions of health and illness often reflect a dual belief system that has not always been incorporated in mental health treatments. Chicana and Chicano Mental Health offers a model to understand and to address the mental health challenges and service disparities affecting Mexican immigrants and Mexican Americans/Chicanos. Yvette G. Flores, who has more than thirty years of experience as a clinical psychologist, provides in-depth analysis of the major mental health challenges facing these groups: depression; anxiety disorders, including post-traumatic stress disorder; substance abuse; and intimate partner violence. Using a life-cycle perspective that incorporates indigenous health beliefs, Flores examines the mental health issues affecting children and adolescents, adult men and women, and elderly Mexican Americans. Through case studies, Flores examines the importance of understanding cultural values, class position, and the gender and sexual roles and expectations Chicanas/os negotiate, as well as the legacies of migration, transculturation, and multiculturality. Chicana and Chicano Mental Health is the first book of its kind to embrace both Western and Indigenous perspectives. Ideally suited for students in psychology, social welfare, ethnic studies, and sociology, the book also provides valuable information for mental health professionals who desire a deeper understanding of the needs and strengths of the largest ethnic minority and Hispanic population group in the United States, Deadly Force Encounters-Loren W. Christensen 1997-07-01 In a cop's world it's kill or be killed, but the truth of the matter is that a shooting's aftermath is often the most dangerous time for the cop. This unique life- and career-saving manual contains every shred of critical information the police officer needs to survive the media, investigations and more.

Crucial Conversations Tools for Talking When Stakes Are High, Second Edition-Kerry Patterson 2011-09-16 The New York Times and Washington Post bestseller that changed the way millions communicate "[Crucial Conversations] draws our attention to those defining moments that literally shape our lives, our relationships, and our world. . . . This book deserves to take its place as one of the key thought leadership contributions of our time." —from the Foreword by Stephen R. Covey, author of The 7 Habits of Highly Effective People "The quality of your life comes out of the quality of your dialogues and conversations. Here's how to instantly uplift your crucial conversations." - Mark Victor Hansen, cocreator of the #1 New York Times bestselling series Chicken Soup for the Soul® The first edition of Crucial Conversations exploded onto the scene and revolutionized the way millions of people communicate when stakes are high. This new edition gives you the tools to: Prepare for high-stakes situations Transform anger and hurt feelings into powerful dialogue Make it safe to talk about almost anything Be persuasive, not abrasive

The Book of Five Rings-Musashi Miyamoto 2020-07-30 If our readers, tempted by the Italian proverb about seeing Naples and then dying, were to ask us what is the most favourable moment for visiting the enchanted city, we should advise them to land at the mole, or at Mergellina, on a fine summer day and at the hour when some solemn procession is moving out of the cathedral. Nothing can give an idea of the profound and simple-hearted emotion of this populace, which has enough poetry in its soul to believe in its own happiness.

Violence at School-International Bureau of Education 1997 School violence is increasing at an alarming rate worldwide; this study deals with its impact on teaching and learning.

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ROMANCE ACTION & ADVENTURE MYSTERY & THRILLER BIOGRAPHIES & HISTORY CHILDRENâ \in YOUNG ADULT FANTASY HISTORICAL FICTION HORROR LITERARY FICTION NON-FICTION SCIENCE FICTION