

[EPUB] Girl Interrupted Susanna Kaysen

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Girl, Interrupted-Susanna Kaysen 2013-06-19 In 1967, after a session with a psychiatrist she'd never seen before, eighteen-year-old Susanna Kaysen was put in a taxi and sent to McLean Hospital. She spent most of the next two years in the ward for teenage girls in a psychiatric hospital as renowned for its famous clientele—Sylvia Plath, Robert Lowell, James Taylor, and Ray Charles—as for its progressive methods of treating those who could afford its sanctuary. Kaysen's memoir encompasses horror and razor-edged perception while providing vivid portraits of her fellow patients and their keepers. It is a brilliant evocation of a "parallel universe" set within the kaleidoscopically shifting landscape of the late sixties. Girl, Interrupted is a clear-sighted, unflinching document that gives lasting and specific dimension to our definitions of sane and insane, mental illness and recovery.

Girl, Interrupted-Susanna Kaysen 2008-10-04 The author offers a compelling memoir of her two years as a teenager in a psychiatric hospital, sharing vivid portraits of her fellow patients, their keepers, and her experiences during treatment

Girl, Interrupted-Susanna Kaysen 2000 After a session with a psychiatrist she'd never seen before, 18-year-old Susanna Kaysen is sent to McLean Hospital, where she spends the next two years on a ward for disturbed teenage girls.

Cambridge-Susanna Kaysen 2014 Two family sabbaticals across the Atlantic and a brilliant orchestra conductor shape the perspectives of a young woman from 1950s Harvard Square, who develops new ways of thinking about music, love and art while struggling with feelings of being a perpetual outsider. By the best-selling author of Girl, Interrupted. 35,000 first printing.

The Camera My Mother Gave Me-Susanna Kaysen 2001-12-11 Susanna Kaysen, who wrote about her teenage depression in the bestseller Girl, Interrupted, now takes on another taboo: her vagina—which suddenly and inexplicably starts to hurt. And neither Kaysen's cheery gynecologist, nor her internist, nor a laconic "vulvologist" has the cure. An alternative health nurse suggests direct application of tea, baking soda, and boric acid. Others recommend novocaine, oatmeal, "bio-feedback," and anti-depressants. Nothing works. As sex becomes more and more painful, Kaysen's relationship with her boyfriend disintegrates and she turns to her best friends, her wicked sense of humor, and finally wry self-reflection to get herself through. Using this unusual lens, Kaysen challenges us to think in new ways about the centrality and power of sexuality. The Camera My Mother Gave Me is an unexpected and revelatory book from one of our most candid, insightful and consistently surprising writers. From the Trade Paperback edition.

Far Afield-Susanna Kaysen 2013-08-21 A compulsively readable novel of enormous charm swimming in the cuisine and culture of the Faroe Islands from the author of Girl, Interrupted. Jonathan Brand, a graduate student in anthropology, has decided to do his fieldwork in the remote Faroe Islands in the North Atlantic. But, despite his Harvard training, he can barely understand, let alone "study," the culture he encounters. From his struggles with the local cuisine to his affair with the Danish woman the locals want him to marry, Jonathan is both repelled by and drawn into the Faroese way of life. Wry and insightful, Far Afield reveals Susanna Kaysen's gifts of imagination, satire, and compassion.

Girl Interrupted: Comparison of Book and Movie-Nadine Klemens 2007-08-24 Seminar paper from the year 2002 in the subject American Studies - Literature, grade: 1,3 (A), Technical University of Braunschweig (English Seminar), course: HS Film and Literature, 3 entries in the bibliography, language: English, abstract: "You spent nearly two years in a loony bin! Why in the world were you there? I can't believe it!" Translation: If you're crazy, then I'm crazy, and I'm not, so the whole thing must have been a mistake (125)." How do we know whether someone is insane or sane? Susanna Kaysen's account Girl, Interrupted is told to us through the eyes of a girl who is diagnosed with a borderline personality disorder- can we believe the things she is telling us, or are her memories distorted by her mental illness? The unreliability of the first-person-narrator is not only a question when dealing with the book, but it is also an interesting aspect to consider when taking a closer look at the cinematic version of Girl, Interrupted. In order to analyze how Kaysen's literary work was adapted, I will first shortly introduce the book and the movie. Then I will compare the two works with regard to narrative perspective, plot and time frame, characters, and cultural background.

Asa, as I Knew Him-Susanna Kaysen 2010-05-12 Dinah Sachs and Asa Thayer have had a love affair, conducted in afternoons stolen from the office of the magazine where they work. But now that the affair is over, Dinah, in an act of lingering passion, invents a narrative of Asa's youth, imagining the events that shaped the "happy, handsome man" who, in her words, "was born to stomp on my heart." Witty and sexy, funny and immediate, Asa, As I Knew Him is a a seductive dialogue between love and memory, obsession and illusion. From the Trade Paperback edition.

Girl Interrupted B Book Club-Susanna Kaysen 2001-03-06

Girl Interrupted B C/Px8-Susanna Kaysen 1995-03-23

The Virgin Suicides-Jeffrey Eugenides 2011-09-20 First published in 1993, The Virgin Suicides announced the arrival of a major new American novelist. In a quiet suburb of Detroit, the five Lisbon sisters—beautiful, eccentric, and obsessively watched by the neighborhood boys—commit suicide one by one over the course of a single year. As the boys observe them from afar, transfixed, they piece together the mystery of the family's fatal melancholy, in this hypnotic and unforgettable novel of adolescent love, disquiet, and death. Jeffrey Eugenides evokes the emotions of youth with haunting sensitivity and dark humor and creates a coming-of-age story unlike any of our time. Adapted into a critically acclaimed film by Sofia Coppola, The Virgin Suicides is a modern classic, a lyrical and timeless tale of sex and suicide that transforms and mythologizes suburban middle-American life.

Hairstyles of the Damned-Joe Meno 2004-09-01 'Hairstyles' is an honest depiction of growing up punk on Chicago's south side: a study in the demons of racial intolerance, Catholic school conformism and class repression. It is the story of the riotous exploits of Brian, a high school burnout, and his best friend Gretchen, a punk rock girl fond of brawling. Joe Meno won the 2003 Nelson Algren Literary Award and is the author of 'Tender as Hellfire' (St. Martin's, 1999) and 'How the Hula Girl Sings' (HarperCollins, 2001). His online fictional serial, 'The Secret Hand', is published through 'Playboy Magazine'. His short fiction has been published in 'TriQuarterly', 'Bridge', 'Other Voices Washington Square', and has been broadcast on National Public Radio. He lives in Chicago, and he is a columnist for 'Punk Planet' magazine.

Strange Heaven-Lynn Coady 1998 Strange Heaven is tearfully hilarious, as funny and appalling as real life. Bridget Murphy, almost 18, has gone to Halifax from industrial Cape Breton, had her baby, and given it up for adoption. She's apathetic, the doctors decide, so they transfer her to the psych ward of the children's hospital. There, she's cooped up with five seriously disturbed teenagers and a flock of wan children. Sent home for Christmas, Bridget faces domestic uproar. Her grandmother, Margaret P., raves and prays from her bed, banging the wall with her bedpan. Bridget's kind-hearted parents, Robert and Joan, also take care of Robert's mentally handicapped brother, Rollie. Joan's efforts to keep the lid on are no match for Robert's wild profanity, Margaret's dementia, and Rollie's efforts to join the fray. Bridget's boozy friends, her whining ex-boyfriend, and the family chaos make up a "strange heaven" in which her apathy starts to lift. Her vague plan to hibernate at home forever is off. Whatever she does, her drifting days are over.

A Piece of Cake-Cupcake Brown 2006-02-28 NEW YORK TIMES BESTSELLER • The heart-wrenching, uplifting tale about a woman named Cupcake “[Cupcake] Brown’s confessional . . . memoir is one you can’t easily put down. Her life is nothing short of a miracle.”—Chicago Sun-Times There are shelves of memoirs about overcoming the death of a parent, childhood abuse, rape, drug addiction, miscarriage, alcoholism, hustling, gangbanging, near-death injuries, drug dealing, prostitution, and homelessness. Cupcake Brown survived all these things before she’d even turned twenty. And that’s when things got interesting. . . Orphaned by the death of her mother and left in the hands of a sadistic foster parent, young Cupcake Brown learned to survive by turning tricks, downing hard liquor, and ingesting every drug she could find while hitchhiking up and down the California coast. She stumbled into gangbanging, drug dealing, hustling, prostitution, theft, and, eventually, the best scam of all: a series of 9-to-5 jobs. A Piece of Cake is unlike any memoir you’ll ever read. Moving in its frankness, this is the most satisfying, startlingly funny, and genuinely affecting tour through hell you’ll ever take. Praise for A Piece of Cake “[Brown] reflects now with insight and honesty on her experiences. . . . An engaging account . . . of a remarkable life filled with pain and wisdom, hope and redemption.”—San Francisco Chronicle “Dazzles you with the amazing change that is possible in one lifetime.”—Washington Post

Lying-Lauren Slater 2012-11-14 "The beauty of Lauren Slater's prose is shocking," said Newsday about Welcome to My Country, and now, in this powerful and provocative new book, Slater brilliantly explores a mind, a body, and a life under siege. Diag-nosed as a child with a strange illness, brought up in a family given to fantasy and ambition, Lauren Slater developed seizures, auras, neurological disturbances--and an ability to lie. In Lying: A Metaphorical Memoir, Slater blends a coming-of-age story with an electrifying exploration of the nature of truth, and of whether it is ever possible to tell--or to know--the facts about a self, a human being, a life. Lying chronicles the doctors, the tests, the seizures, the family embarrassments, even as it explores a sensitive child's illness as both metaphor and a means of attention-getting--a human being's susceptibility to malady, and to storytelling as an act of healing and as part of the quest for love. This mesmerizing memoir openly questions the reliability of memoir itself, the trickiness of the mind in perceiving reality, the slippery nature of illness and diagnosis--the shifting perceptions and images of who we are and what, for God's sake, is the matter with us. In Lying, Lauren Slater forces us to redraw the boundary between what we know as fact and what we believe we create as fiction. Here a young woman discovers not only what plagues her but also what heals her--the birth of sensuality, her creativity as an artist--in a book that reaffirms how a fine writer can reveal what is common to us all in the course of telling her own unique story. About Welcome to My Country, the San Francisco Chronicle said, "Every page brims with beautifully rendered images of thoughts, feelings, emotional states." The same can be said about Lying: A Metaphorical Memoir.

The Madness of Women-Jane Professor Ussher 2011-03-28 Nominated for the 2012 Distinguished Publication Award of the Association for Women in Psychology! Why are women more likely to be positioned or diagnosed as mad than men? If madness is a social construction, a gendered label, as many feminist critics would argue, how can we understand and explain women's prolonged misery and distress? In turn, can we prevent or treat women's distress, in a non-pathologising women centred way? The Madness of Women addresses these questions through a rigorous exploration of the myths and realities of women's madness. Drawing on academic and clinical experience, including case studies and in-depth interviews, as well as on the now extensive critical literature in the field of mental health, Jane Ussher presents a critical multifactorial analysis of women's madness that both addresses the notion that madness is a myth, and yet acknowledges the reality and multiple causes of women's distress. Topics include: The genealogy of women's madness - incarceration of difficult or deviant women Regulation through treatment Deconstructing depression, PMS and borderline personality disorder Madness as a reasonable response to objectification and sexual violence Women's narratives of resistance This book will be of great interest to students and scholars of psychology, gender studies, sociology, women's studies, cultural studies, counselling and nursing.

Dual Interpreters-Katie Neuhart 2007

The Lost Ones-Anita Frank 2020-10-15

Sleep-C.L. Taylor 2019-03-18 Seven guests. Seven secrets. One killer. Do you dare to SLEEP? 'Beware! Sleep does not do what it says on the tin: I was awake until the small hours under its dark and twisty spell.' FIONA BARTON

The Pinelands Horror-Gary Botsch 2015-09-01 In the autumn of 1735, Mrs. Deborah Leeds and her thirteen children experience something strange in the Pine Barrens of colonial New Jersey. Blood-curdling screams and disturbing noises are heard coming from the bedroom of Mrs. Leeds thirteen son, Absalom. One week later, Mrs. Deborah Leeds and Absalom go missing. Isaiah, the oldest son of the Leeds family, claims that Absalom transformed into a Devil in the middle of the night and took their mother with him. To find Deborah and the so-called Goat-child, Absalom, the Reverend Jeremiah Barnes journeys into the Pinelands and helps the children to find their mother. As the Reverend is searching for the Devil, all of the Leeds children are killed, one after the other—and in the most gruesome ways imaginable. Gedaliah, the strangest son, claims to know where to find the Devil and tries to tell the Reverend the truth, but the Reverend doesn't listen and it's only until it's too late that he finds the Devil's true identity—an identity that shatters his beliefs. The names, locations and incidents in this novel are roughly based on the true history of the Jersey Devil, which some have reported to see in the Pine Barrens of New Jersey.

Die for Me-Jesper Stein 2020-06 Fear grips Copenhagen when multiple women fall victim to a depraved predator. DI Axel Steen will stop at nothing to hunt the man down. When a DNA sample links the attacks to an unsolved murder that tore his life apart four years ago, Steen's investigation threatens to send him veering off the rails once more. With his professional and personal life on the line, Steen embarks on a spiral of deadly near misses, heart-stopping breakthroughs, and a desperate bid for redemption.

A Mind That Found Itself-Clifford Whittingham Beers 2020-08-27 In 1900, after suffering a mental breakdown, Clifford Whittingham Beers was confined to an asylum for three years. After his recovery he wrote this biography, which aroused a storm of protest and public concern about care of people with mental illness. In the eyes of many the modern mental health movement can be traced to this publication.

Chasing Justice-Kerry Max Cook 2008-03-11 Kerry Cook is an innocent man who wrongly served two decades in Texas's notorious death house for the brutal 1977 rape and murder of 21-year-old Linda Jo Edwards. His struggle for freedom is said to be one of the worst cases of police and prosecutorial misconduct in American history. In the summer of 1977, Cook was staying in Tyler, TX. He met an attractive young woman named Linda Edwards and was invited back to her apartment for a drink and left his fingerprints on the sliding glass door. Four days later, Ms. Edwards was found brutally murdered. When the police dusted for prints, they found Cook's and immediately arrested him. Edward Jackson testified that Cook confessed to the murder during a jailhouse conversation. Jackson was set free, only to kill again several years later. Cook, on the other hand, was convicted and sentenced to death. He was thrown into a world for which no one could be prepared, and he survived beatings, sexual abuse, and depression; all the while, he fought against a justice system that was determined to keep him quiet and loath to admit a mistake. Through the work of a crusading group of lawyers who forced a series of retrials, his case made its way to the U.S. Supreme Court, which ordered the case be reconsidered. It wasn't until the spring of 1999 that Cook was finally able to put the nightmare behind him: long-suppressed DNA evidence had linked James Mayfield, Linda Edwards's ex-lover, to the crime.

The Book of Moods-Lauren Martin 2020-12-10 "Hilariously witty, unflinchingly honest, and brimming with hope." Bobbi Brown "A fascinating, thorough, and truly helpful book. I loved it!" Sarah Knight, New York Times bestselling author of Calm the F*ck Down The Happiness Project meets So Sad Today in this "hilariously witty, unflinchingly honest" book from the beloved founder of Words of Women, contemplating the nature of negative emotions, and the insights that allowed her to take back control. Five years ago, Lauren Martin was sure something was wrong with her. She had a good job in New York, an apartment in Brooklyn, a boyfriend, yet every day she wrestled with feelings of inferiority, anxiety and irritability. It wasn't until a chance encounter with a (charming, successful) stranger who revealed that she also felt these things, that Lauren set out to better understand the hold that these moods had on her, how she could change them, and began to blog about the wisdom she uncovered. It quickly exploded into an international online community of women who felt like she did: lost, depressed, moody, and desirous of change. Inspired by her audience to press even deeper, The Book of Moods shares Lauren's journey to infuse her life with a sense of peace and stability. With observations that will resonate and inspire, she dives into the universal triggers every woman faces - whether it's a comment from your mother, the relentless grind at your job, days when you wish the mirror had a Valencia filter, or all of the above. Blending cutting-edge science, timeless philosophy, witty anecdotes and effective forms of self-care, Martin has written a powerful, intimate, and incredibly relatable chronicle of transformation, proving that you really can turn your worst moods into your best life.

Clues for Real Life-Stephanie Karpinske 2007 Draws on the early books featuring the teenage detective to present quotes and words of wisdom on a wide range of subjects, organized into such categories as career clues, friendship files, and mysterious men.

Everything Is an Emergency-Jason Adam Katzenstein 2020-06-30 "This book undid me in all the best ways. Everything is an Emergency is a brilliant, honest, necessary book that exposes the intricacies of the human brain while showing us the way creativity and friendship can anchor us. This is a must-read for anyone who has ever wondered if they see the world a little differently." –Ada Limón A New Yorker cartoonist illustrates his lifelong struggle with OCD in cartoon vignettes frank and funny Jason Adam Katzenstein is just trying to live his life, but he keeps getting sidetracked by his over-active, anxious brain. Mundane events like shaking hands or sharing a drink snowball into absolute catastrophes. Jason has Obsessive Compulsive Disorder, a mental illness that compels him to perform rituals in order to protect himself from dangers that don't really exist. He checks, washes, over-thinks, rinse, repeat. He does his best to hide his embarrassing compulsions, and sometimes this even works. He grows up, worries about his first kisses, falls in love with making cartoons, moves to New York City — which is magical and gross, etc. All the while, half his energy goes into living his life, while the other half is devoted to the increasingly ridiculous rituals he's decided to maintain to keep himself from fully short-circuiting. Then, he fully short-circuits. At his absolute lowest, Jason finally decides to do the things he's always been told to do to get better: exposure therapy and medication. These are the things that have always freaked him out, and they continue to freak him out. Also, they help him recover. Everything is an Emergency is a comic about all the self-destructive stories someone tells himself, over and over, until they start to seem true. In images surreal, witty, and confessional, Jason shows us that OCD can be funny, even when it feels like it's ruining your life.

The Loony-Bin Trip-Kate Millett 2000 A personal story of Kate Millett's struggle to regain control of her life after falling under an ascription of manic depression.

A Circle of Quiet-Madeleine L'Engle 2016-11-29 The beloved author of A Wrinkle in Time takes an introspective look at her life and muses on creativity in this memoir, the first of her Crosswicks Journals. Every so often I need OUT. . . . My special place is a small brook in a green glade, a circle of quiet from which there is no visible sign of human beings. . . . I sit there, dangling my legs and looking through the foliage at the sky reflected in the water, and things slowly

come back into perspective. Set against the lush backdrop of Crosswicks, her family's farmhouse in rural Connecticut, this deeply personal memoir details Madeleine L'Engle's journey to find balance between her career as a Newbery Medal-winning author and her responsibilities as a wife, mother, teacher, and Christian. As she considers the roles that creativity, family, citizenship, and faith play in her life, L'Engle reveals the complexities behind the author whose works—honored with the National Book Award, the Lewis Carroll Shelf Award, and countless other prizes—have long been cherished by children and adults alike. Written in simple, profound, and often humorous prose, *A Circle of Quiet* is an insightful woman's elegant search for the meaning and purpose of her life. This ebook features an illustrated biography of Madeleine L'Engle including rare images from the author's estate.

The Last Asylum-Barbara Taylor 2015-04-15 In the late 1970s, Barbara Taylor, then an acclaimed young historian, began to suffer from severe anxiety. In the years that followed, Taylor's world contracted around her illness. Eventually, her struggles were severe enough to lead to her admission to what had once been England's largest psychiatric institution, the infamous Friern Mental Hospital in North London. *The Last Asylum* is Taylor's breathtakingly blunt and brave account of those years. In it, Taylor draws not only on her experience as a historian, but also, more importantly, on her own lived history at Friern—once known as the Colney Hatch Lunatic Asylum and today the site of a luxury apartment complex. Taylor was admitted to Friern in July 1988, not long before England's asylum system began to undergo dramatic change: in a development that was mirrored in America, the 1990s saw the old asylums shuttered, their patients left to plot courses through a perpetually overcrowded and underfunded system of community care. But Taylor contends that the emptying of the asylums also marked a bigger loss, a loss of community. She credits her own recovery to the help of a steadfast psychoanalyst and a loyal circle of friends— from Magda, Taylor's manic-depressive roommate, to Fiona, who shares tips for navigating the system and stories of her boyfriend, the "Spaceman," and his regular journeys to Saturn. The forging of that network of support and trust was crucial to Taylor's recovery, offering a respite from the "stranded, homeless feelings" she and others found in the outside world. A vivid picture of mental health treatment at a moment of epochal change, *The Last Asylum* is also a moving meditation on Taylor's own experience, as well as that of millions of others who struggle with mental illness.

A Bright Red Scream-Marilee Strong 1999-10-01 Self-mutilation is a behavior so shocking that it is almost never discussed. Yet estimates are that upwards of eight million Americans are chronic self-injurers. They are people who use knives, razor blades, or broken glass to cut themselves. Their numbers include the actor Johnny Depp, *Girl Interrupted* author Susanna Kaysen, and the late Princess Diana. Mistakenly viewed as suicide attempts or senseless masochism—even by many health professionals—"cutting" is actually a complex means of coping with emotional pain. Marilee Strong explores this hidden epidemic through case studies, startling new research from psychologists, trauma experts, and neuroscientists, and the heartbreaking insights of cutters themselves—who range from troubled teenagers to middle-age professionals to grandparents. Strong explains what factors lead to self-mutilation, why cutting helps people manage overwhelming fear and anxiety, and how cutters can heal both their internal and external wounds and break the self-destructive cycle. *A Bright Red Scream* is a groundbreaking, essential resource for victims of self-mutilation, their families, teachers, doctors, and therapists.

The Ghost Garden-Susan Doherty 2020-09-08 Susan Doherty's groundbreaking book brings us a population of lost souls, ill-served by society, feared, shunted from locked wards to rooming houses to the streets to jail and back again. For the past ten years, some of the people who cycle in and out of the severely ill wards of the Douglas Institute in Montreal, have found a friend in Susan, who volunteers on the ward and then follows her friends out into the world as they struggle to get through their days. With their full cooperation, she brings us their stories, challenging the ways we think about people with mental illness on every page.

Autobiography of a Face-Lucy Grealy 1994-09-27 *A New York Times* Notable Book "This is a young woman's first book, the story of her own life, and both book and life are unforgettable." —*The New York Times* "Engaging and engrossing, a story of grace as well as cruelty, and a demonstration of [Grealy's] own wit and style and class." —*Washington Post Book World* This powerful memoir is about the premium we put on beauty and on a woman's face in particular. It took Lucy Grealy twenty years of living with a distorted self-image and more than thirty reconstructive procedures before she could come to terms with her appearance after childhood cancer and surgery that left her jaw disfigured. As a young girl, she absorbed the searing pain of peer rejection and the paralyzing fear of never being loved.

Psychiatry and the Cinema-Glen O. Gabbard 1999 *Psychiatry and the Cinema* explores this complementary relationship from two angles, psychiatrists who have studied the movies and movies that have depicted psychiatry. This second edition has updated this definitive text with a discussion of new trends in psychoanalytically oriented film theory, and an expanded list of movies is analyzed.

Walking the Line - Girl, Interrupted on Her Way from Adolescence to Womanhood at a Borderline to a Parallel Universe-Theresa Rass 2009-12-14 Seminar paper from the year 2008 in the subject American Studies - Literature, grade: 2, University of Innsbruck (Institut für Amerikastudien), course: On the Edge of Sanity: Mental Illness and Disordered Behavior in American Literature, language: English, abstract: In her autobiographical novel *Girl, Interrupted* Susanna Kaysen deals with the probably most difficult and influential period in her life. At the end of the 1960s, when she was eighteen, she was committed to a mental institution after a half-hearted suicide attempt and diagnosed with *Borderline Personality Disorder*. She spent two years at McLean, where also famous persons like Sylvia Plath, Anne Sexton, Robert Lowell and Ray Charles have been in treatment. This paper will be trying to point out the difficulties with which people, especially women, were confronted in the 1960s, when they were different in some way and how this could result in being caught in a kind of parallel universe or, even worse, being stuck in between two worlds and not knowing where they belong."

The Tattooed Map-Barbara Hodgson 1995 While traveling through North Africa, a traveler named Lydia develops a mysterious mark on her hand that expands into a strange map, after which she disappears, in a profusely illustrated, unusually constructed novel. A first novel. IP.

Madness-Marya Hornbacher 2009-04-01 In the vein of *An Unquiet Mind* comes a storm of a memoir that will take you deep inside bipolar disorder and change everything you know. When Marya Hornbacher published her first book, *Wasted: A Memoir of Anorexia and Bulimia*, she did not yet have the piece of shattering knowledge that would finally make sense of the chaos of her life. At age twenty-four, Hornbacher was diagnosed with Type I rapid-cycle bipolar, the most severe form of bipolar disorder. In *Madness*, in her trademark wry and utterly self-revealing voice, Hornbacher tells her new story. Through scenes of astonishing visceral and emotional power, she takes us inside her own desperate attempts to counteract violently careening mood swings by self-starvation, substance abuse, numbing sex, and self-mutilation. How Hornbacher fights her way up from a madness that all but destroys her, and what it is like to live in a difficult and sometimes beautiful life and marriage—where bipolar always beckons—is at the center of this brave and heart-stopping memoir. *Madness* delivers the revelation that Hornbacher is not alone: millions of people in America today are struggling with a variety of disorders that may disguise their bipolar disease. And Hornbacher's fiercely self-aware portrait of her own bipolar as early as age four will powerfully change, too, the current debate on whether bipolar in children actually exists. *New York Times* "Humorous, articulate, and self-aware...A story that is almost impossible to put down." — "With the same intimately revelatory and shocking emotional power that marked [*Wasted*], Hornbacher guides us through her labyrinth of psychological demons." —Elle

Can't Stand Up For Sitting Down-Jo Brand 2010-10-28 *The Stand-Up while Sitting Down Years..* Jo Brand is one of our best-loved comedians, according to a quote she made up. This memoir is full of hard-won wisdom, hilarity and her views on life, laughs, friendships and all the good and bad things in the world. If she was Prime Minister, the country would be in even more of a mess than it is.

Commanding Hope-Thomas Homer-Dixon 2020-09 From the #1 BESTSELLING thought leader: Calling on history, cutting-edge research, complexity science and even *Lord of the Rings*, Thomas Homer-Dixon lays out the tools we can command to rescue a world on the brink. For three decades, the renowned author of *The Upside of Down: Catastrophe, Creativity, and the Renewal of Civilization*, and *The Ingenuity Gap: Can We Solve the Problems of the Future?*, has examined the threats to our future security—predicting a deteriorating global environment, extreme economic stresses, mass migrations, social instability and wide political violence if humankind continued on its current course. He was called *The Doom Meister*, but we now see how prescient he was. Today just about everything we've known and relied on (our natural environment, economy, societies, cultures and institutions) is changing dramatically—too often for the worse. Without radical new approaches, our planet will become unrecognizable as well as poorer, more violent, more authoritarian. In his fascinating long-awaited new book (dedicated to his young children), he calls on his extraordinary knowledge of complexity science, of how societies work and can evolve, and of our capacity to handle threats, to show that we can shift human civilization onto a decisively new path if we mobilize our minds, spirits, imaginations and collective values. *Commanding Hope* marshals a fascinating, accessible argument for reinvigorating our cognitive strengths and belief systems to affect urgent systemic change, strengthen our economies and cultures, and renew our hope in a positive future for everyone on Earth.

Prozac Nation-Elizabeth Wurtzel 2014-11-04 Elizabeth Wurtzel's *New York Times* best-selling memoir, with a new afterword "Sparkling, luminescent prose . . . A powerful portrait of one girl's journey through the purgatory of depression and back." —*New York Times* "A book that became a cultural touchstone." —*New Yorker* Elizabeth Wurtzel writes with her finger on the faint pulse of an overdiagnosed generation whose ruling icons are Kurt Cobain, Xanax, and pierced tongues. Her famous memoir of her bouts with depression and skirmishes with drugs, *Prozac Nation* is a witty and sharp account of the psychopharmacology of an era for readers of *Girl, Interrupted* and Sylvia Plath's *The Bell Jar*.

The Red Leather Diary-Lily Koppel 2009-10-13 Rescued from a Dumpster on the Upper West Side of Manhattan, a discarded diary brings to life the glamorous, forgotten world of an extraordinary young woman. For more than half a century, the red leather diary lay silent, languishing inside a steamer trunk, its worn cover crumbling into little flakes. When a cleaning sweep of a New York City apartment building brings this lost treasure to light, both the diary and its owner are given a second life. Recovered by Lily Koppel, a young writer working at the *New York Times*, the journal paints a vivid picture of 1930s New York—horseback riding in Central Park, summer excursions to the Catskills, and an obsession with a famous avant-garde actress. From 1929 to 1934, not a single day's entry is skipped. Opening the tarnished brass lock, Koppel embarks on a journey into the past, traveling to a New York in which women of privilege meet for tea at Schrafft's, dance at the Hotel Pennsylvania, and toast the night at El Morocco. As she turns the diary's brittle pages, Koppel is captivated by the headstrong young woman whose intimate thoughts and emotions fill the pale blue lines. Who was this lovely ingénue who adored the works of Baudelaire and Jane Austen, who was sexually curious beyond her years, who traveled to Rome, Paris, and London? Compelled by the hopes and heartaches captured in the pages, Koppel sets out to find the diary's owner, her only clue the inscription on the frontispiece—"This book belongs to . . . Florence Wolfson." A chance phone call from a private investigator leads Koppel to Florence, a ninety-year-old woman living with her husband of sixty-seven years. Reunited with her diary, Florence ventures back to the girl she once was, rediscovering a lost self that burned with artistic fervor. Joining intimate interviews with original diary entries, Koppel reveals the world of a New York teenager obsessed with the state of her soul and her appearance, and muses on the serendipitous chain of events that returned the lost journal to its owner. Evocative and entrancing, *The Red Leather Diary* re-creates the romance and glitter, sophistication and promise, of 1930s New York, bringing to life the true story of a precocious young woman who dared to follow her dreams.

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