

[PDF] The Encore Career Handbook Difference

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The Encore Career Handbook-Marci Alboher 2012-12-26 Until recently, most Americans equated the end of a successful career with the beginning of retirement. No more. Now they want to stay in the game (or better, change the game). They want to leave a mark. Make a difference—and continue to make money. From Encore.org, the leading organization in the field, comes a road map to every step of the encore career journey. Here's how to plan the transition. How much you need to make. The pros and cons of going back to school. When to volunteer, and when to intern. How to network effectively and harness the power of social media. Who's hiring and for what jobs? (Check out the Encore Hot List of 35 viable careers). A comprehensive, nuts-and-bolts guide, filled with inspiring stories and answering—in extensive FAQ sections—the concerns of its readers, this book is everything you need to help you strike a balance between doing good and doing well—in a way that will sustain you through this new stage of life. Encore-Marc Freedman 2008 Describes how baby boomers are viewing retirement age as a means to pursue new and meaningful careers.

Second-Act Careers-Nancy Collamer 2013-01-08 A career guide that rethinks the golden years, this handbook offers 50+ income models for creating flexible, fulfilling, and profitable work during the encore stage of one's career. RETHINK YOUR RETIREMENT For many people, retirement is no longer a trifecta of golf, grandkids, and gardening—it's an opportunity for new pursuits that involve both earning income and exploring personal passions. If you're planning for retirement or already at "retirement age" but want to continue working—whether to supplement your income or to stay mentally and physically active—veteran career coach Nancy Collamer shows how to identify your favorite interests and expertise and repackage them into more than fifty ways to earn income. These second acts range from the traditional (part-time employment, consulting) to newer Internet-based options (teaching online, writing a blog). With a prescriptive approach to securing second-act careers that are flexible, fulfilling, and fun, this book offers a wide variety of income-generating examples as well as exercises to clarify your lifestyle goals and help you plan for your next move. Second-Act Careers shows how to create a profitable and meaningful semi-retirement on your own terms and in your own way.

Great Jobs for Everyone 50+ -Kerry Hannon 2012-08-30 The how-to guide to finding profitable, fulfilling work after 50 Aimed at workers aged 50+ looking for a new job—whether they have been laid off or taken early retirement, need supplemental income, or want to pursue an encore career—Great Jobs for Everyone 50+ is the definitive guide to finding lasting financial security and personal and professional fulfillment. Opportunities abound—the trick is knowing where to look and what to expect. Whether readers are interested in trying jobs they've long dreamed of doing, or just want something with flexible hours that brings in a little extra income, this book covers all the options. As Americans live longer and healthier lives, the desire to work longer—for the income, the mental engagement, or the chance to give back—has grown. But there is little guidance for the 50+ crowd looking for work and few role models who've blazed a path. In Great Jobs for Everyone 50+, author and personal finance, retirement, and career transitions expert Kerry Hannon shows the way, with compelling stories from people who've been there. Presenting the nitty-gritty details of available job opportunities, wages to expect, typical hours, and the qualifications and savvy needed to get hired, the book is loaded with practical advice on how to prepare both professionally and financially to start out on a new adventure. Shows where the best opportunities for new employment lie Helps readers find profitable and rewarding jobs to save for retirement Understands that different workers want different things from their jobs and shows how to cast a wide net to find an opportunity that fits Provides incredible insights into working after 50 from Kerry Hannon, a nationally renowned expert in personal finance, retirement, and career transitions Motivational, inspirational, and thoroughly practical, Great Jobs for Everyone 50+ explains how to find part-time, temporary, work-at-home, or seasonal employment in profitable, rewarding jobs.

Repurpose Your Career-Susan Lahey 2019-09-13 The Practical Guide to Building a Career in the Digital Age If Marc Miller could have seen the future when he wrote his first book: Repurpose Your Career, A Practical Guide for Baby Boomers, he might have called it Life As You Know It Is About to Change...A Lot. Since the 2008 economic downturn left many Baby Boomers unable to retire, Marc decided to use his own experiences to help others pivot to a career that would fulfill them for the next 20 years. In his second book, Repurpose Your Career: A Practical Guide for the Second Half of Life he addressed the fact that the people seeking him out weren't all Baby Boomers. Many in Generation X were also either dissatisfied with their careers or were being displaced by ongoing technological and social disruption. Repurpose Your Career third edition responds to another huge shift in work: In this age of disruption, digitization, and the gig economy, people need a new mindset and strategies to become continual learners, create their own flexible careers, and cope with ageism. This book helps them do it. Miller's Career Pivot.com has been listed as a top career site by organizations including Forbes and Career Sherpa, and his strategies for a career transition have been featured on Mashable, Life Hacker, Money, Flexjobs and Sixty & Me. His second book was listed as one of the best career books of all time by Book Authority. "A recovering engineer," who spent years working at IBM, Miller's own career journey started when his bicycle collided with a car, nearly ending his life. The experience changed his perspective on what he was doing with his time and launched him on a search for career fulfillment, leading him to jobs including teaching in the inner city, fundraising for a non-profit, and working for startups. He decided to parlay his experiences and his engineer's expertise at breaking big tasks into manageable steps-into helping others find long-lasting career fulfillment. Today, though unemployment is at record lows for all age groups, employee satisfaction numbers have remained low. Everyone wants a job that's meaningful and fulfilling to them as individuals, but few know how to evaluate an opportunity for those criteria. Instead, they focus on things like money and location, not realizing that more impactful factors to their happiness might include how much time they interact with others, whether the role requires multitasking or single focus, and what level of emotional support they need. Complicating matters is the fact that entire industries can virtually disappear overnight and that many people will wind up doing a series of jobs and side gigs rather than having one long-term role with a single employer. Every worker-regardless of age-needs to have themselves every opportunity to learn and grow rather than expecting someone to train them. And they to look not for a role to fill but a problem to solve. Written with professional writer Susan Lahey, Repurpose Your Career, the third edition is not only an easy read but packed with practical information and specific action steps. It's the guidebook people in their 40 and beyond need to carry them into the next phase of life.

What Should I Do With the Rest of My Life?-Bruce Frankel 2010-03-04 Read Bruce Frankel's posts on the Penguin Blog "This wise and inspiring book hands down an important message: Happiness is abundant at any age, and only you can limit your options." -The Boston Globe In today's world, the question "What should I do with my life?" only scratches the surface. Now, more and more people from baby boomers returning from their "first act" to people in their forties and fifties reconsidering their careers in a recovering economy-are finding themselves wondering how to find new stimulation and meaningful work over a lifetime. Bringing together a diverse array of stories, veteran journalist Bruce Frankel brings to life a mesmerizing series of profiles of men and women who discovered a new calling, success, or purpose later in life. Brimming with inspiration and humanity, What Should I Do with the Rest of My Life? celebrates activists, artists, entrepreneurs, filmmakers, and others who found extraordinary ways to experience true fulfillment in the second half of life. On these pages, readers will meet a civil servant, laid off at age fifty-two, who enrolled in graduate school, earning a Ph.D. in psychology; a former consultant who began a microfinance program in Africa; a longtime contact-lens grinder who has chiseled twelve hundred stone heads on a property now known as the "Easter Island of the Hudson"; and many others who proved that age is a spark-not a barrier. Full of spirit and plenty of chutzpah, this book shows that anything is possible in any stage of life.

The Time Between Dreams-Carol A. Vecchio 2013-04-01 Change Happens. Some of us turn our head in denial. Others welcome new opportunities and horizons. Regardless, change comes to us all ... in our careers, our relationships, and throughout life. Carol Vecchio has helped thousands of people navigate these periods of ambiguity for over 30 years. From assisting students at New York University to creating the successful Centerpoint Institute for Life and Career Renewal in her beloved Seattle, Carol clears the fog hovering around change, so we can listen, learn, and direct our own transitions. "Uncertainty is a quality to be cherished, therefore-if not for it, who would dare to undertake anything?" -August de Villiers de L'Isle-Adam With warmth, humor, and sincerity, Carol Vecchio provides a clear understanding of the natural cycles of change and guides us in defining our distinct needs and wants. Carol candidly shares her own personal experiences, and the many "a-ha" moments of those who have chosen Centerpoint Institute over the years. Her words resonate and inspire reflection, passion, and creativity-they provide the much needed comfort to navigate our own "Time Between Dreams." "Carol's warmth, excitement and insights experienced within her trainings fill each chapter to help us reimagine our choices while designing a life. The Time Between Dreams accelerates movement, honors our differences, and provides essential insights to help us live with passion, purpose and kindness. A must read for those seeking and promoting how to embrace our life's seasons, and our career cycles while fitting our jobs into days which support our lives" -Rick Feller Ph.D, President of the National Career Development Association, and University Distinguished Teaching Scholar, Colorado State University "Carol Vecchio has created the kind of book I'll turn to time and again, whenever life or work signals that something is about to shift. If change is the one constant, this book should be your constant companion." -Marci Alboher, VP of Encore.org and author of The Encore Career Handbook: How to Make a Living and a Difference in the Second Half of Life (Workman Publishing 2013)

Love Your Job-Kerry E. Hannon 2015-02-03 AWARDS: Independent Publisher Book Award 2015 (Silver) and National Mature Media Award 2015 (Bronze) Step-by-step tips for revitalizing your career Yes, it is possible to have a job you love, and it doesn't require starting from scratch. Love Your Job is a guide to making work fulfilling and fun — again, or even for the first time. Why count down the hours of the day or the days to retirement when you could reinvigorate your workday, transforming the daily doldrums into a daily dose of enjoyable activity? Kerry Hannon, The New York Times columnist and AARP's Jobs Expert, focuses on the little things that can make a big difference in how we feel about work. Love Your Job is all about the routines, habits, and thought patterns that, over the years, may have turned a dream job into a drudge or, worse, a nightmare. Changing these habits and attitudes is simple, and this book shows you how to identify the little things that make work enjoyable and engaging. Using these simple techniques, you can adopt the attitude that will keep you happy and that might just lead to bigger and better things, no matter what stage of your career you are in. In this book, you will learn to: Develop new habits that bring more purpose into every single workday Rekindle your hope and motivation by celebrating small successes Recognize negative patterns that keep you from enjoying your job Craft an entrepreneurial attitude that will get you noticed and enrich your work life We all deserve to experience happiness and satisfaction every day, at every stage of our careers. Kerry Hannon explains that you don't have to make a huge career transition to love work again. But if you reinvent the way you see work, who knows where your new outlook will lead? Wake up to the countless possibilities that await you with Love Your Job.

Marci Alboher on Encore Careers- 2018 Not interested in or can't afford retirement? Learn how to move beyond your midlife career and into a new phase of work that provides purpose and a paycheck.

Job Searching with Social Media For Dummies-Joshua Waldman 2011-09-06 A guide to using social media to find a job that explains the benefits of using sites like LinkedIn, Twitter, and Facebook for networking, offers tips on creating an effective online profile, discusses how to develop a personal online brand, and includes other helpful job search strategies.

How to Live Forever-Marc Freedman 2018-11-20 The secret to happiness, longevity, and living on is through mentoring the next generation In How to Live Forever, Encore.org founder and CEO Marc Freedman tells the story of his thirty-year quest to answer some of contemporary life's most urgent questions: With so many living so much longer, what is the meaning of the increasing years beyond 50? How can a society with more older people than younger ones thrive? How do we find happiness when we know life is long and time is short? In a poignant book that defies categorization, Freedman finds insights by exploring power and generativity, digging into the drive for longevity and the perils of age segregation, and talking to social innovators across the globe bringing the generations together for mutual benefit. He finds wisdom in stories from young and old, featuring ordinary people and icons like jazz great Clark Terry and basketball legend Kareem Abdul-Jabbar. But the answers also come from stories of Freedman's own mentors-a savvily worker turned surrogate grandparent, a university administrator who served as Einstein's driver, a cabinet secretary who won the Presidential Medal of Freedom, and the gym teacher who was Freedman's father. How to Live Forever is a deeply personal call to find fulfillment and happiness in our longer lives by connecting with the next generation and forging a legacy of love that lives beyond us.

The Pathfinder-Nicholas Lore 2012-01-03 DO YOU JUMP OUT OF BED EVERY MORNING AND RUSH TO A JOB YOU LOVE? Or is the work you once enjoyed now just a way to pay the bills? Perhaps you're even doubting your career choice altogether. Let The Pathfinder guide you to a more engaging, fulfilling work life. Based on breakthrough techniques developed by Rockport Institute, an innovative and award-winning career-counseling network that has changed the lives of over 10,000 people, The Pathfinder offers invaluable advice and more than 100 self-tests and diagnostic tools that will help you choose an entirely new career — or view a current job from a new, more positive perspective. You'll learn: * How to design your new career direction step by step so that it fits your talents, personality, needs, goals, values, and is, at the same time, practical and attainable * How to deal successfully with the "yeah but" voices in your head that keep you going back to the same old ill-fitting job, day after day * How to land the perfect job in your new field, plus tips on writing a really exceptional résumé, personal marketing, and networking (even for those who hate to network) Whether you're a seasoned professional in search of a career change or a beginner just entering the working world, you want to make the right choices from the beginning. No matter where you are in your journey, if you want work to be more of a dance than a drag, The Pathfinder will expertly coach you through the process of designing a career you will love.

Business Model You-Timothy Clark 2012-03-12 A one-page tool to reinvent yourself and your career The global bestseller Business Model Generationintroduced a unique visual way to summarize and creativelybrainstorm any business or product idea on a single sheet of paper.Business Model You uses the same powerful one-page tool toteach readers how to draw "personal business models," which revealnew ways their skills can be adapted to the changing needs ofthemarketplace to reveal new, more satisfying, career and lifeopportunities. Produced by the same team that created BusinessModel Generation, this book is based on the Business ModelCanvas methodology, which has quickly emerged as the world'sleading business model description and innovation technique. This book shows readers how to: Understand business model thinking and diagram their currentpersonal business model Understand the value of their skills in the marketplace anddefine their purpose Articulate a vision for change Create a new personal business model harmonized with thativision, and most important, test and implement the new model When you implement the one-page tool from BusinessModelYou, you create a game-changing business model for your lifetime career.

What's Next? Updated-Kerry Hannon 2014-04-01 Reinvent your own career or pursue a long-held dream. You may never have a better chance or reason to do so—to get excited about work again and feel passionate about making a difference in the world. Your new career could easily outlast your first one. Breaking into a new industry or pursuing a different career can be intimidating, especially when you've built up years of experience in your current field. But jobs expert Kerry Hannon believes that you can start your next act at any age. In What's Next? Hannon shows you how, with inspiring real-life profiles of people who have successfully changed careers midlife, as well as advice on: • Determining how your next career will work with your spending habits and family situation • Creating your transition network • Finding a mentor to guide you along your new path • Turning a hobby into a profit • Finding capital to start your own business Whether you're fantasizing about a new path or ready to pursue it, What's Next? provides the roadmap that will afford you long-term success.

Encore Adulthood-Phyllis Moen 2016-04-06 The Baby Boomer generation is facing a time of heightened uncertainty. Blessed with unprecedented levels of education, health, and life expectancy, many hope to contribute to society after their retirement. Yet they must also navigate ambiguous career exits and retirement paths, as established scripts for schooling, parenting, and careers continue to unravel. In Encore Adulthood, Phyllis Moen presents the realities of the "encore" life stage - the years between traditional careers and childrearing and old age. Drawing on large-scale data sets and interviews with Boomers, HR personnel, and policymakers, this book illuminates the challenges that Boomers encounter as they transition from traditional careers into retirement. Beyond data analysis, Moen discusses the personal impact of Boomers' wellbeing, happiness, and health when they are unable to engage in meaningful work during their encore years, as well as the potential economic loss that would occur when a large, qualified group of people prematurely exit the workforce. Moen concludes with proposals for a range of encore jobs that could galvanize Boomers to take on desirable and sought-after second acts, emphasizing meaningful work over high-paying jobs and flexibility over long hours. An important analysis of an understudied and new life stage, Encore Adulthood makes an important contribution to the existing scholarship on careers, work, and retirement.

Great Jobs for Everyone 50+ , Updated Edition-Kerry Hannon 2017-11-06 Revised and updated edition of the author's Great jobs for everyone 50+ , c2012.

Mojo-Marshall Goldsmith 2010-02-02 Mojo is the moment when we do something that's purposeful, powerful, and positive and the rest of the world recognizes it. This book is about that moment—and how we can create it in our lives, maintain it, and recapture it when we need it. In his follow-up to the New York Times bestseller What Got You Here Won't Get You There, #1 executive coach Marshall Goldsmith shares the ways in which to get—and keep—our Mojo. Our professional and personal Mojo is impacted by four key factors: identity (who do you think you are), achievement (what have you done lately?), reputation (who do other people think you are—and what have you've done lately?), and acceptance (what can you change—and when do you need to just "let it go"?). Goldsmith outlines the positive actions leaders must take, with their teams or themselves, to initiate winning streaks and keep them coming. Mojo is: that positive spirit—towards what we are doing—now—that starts from the inside—and radiates to the outside. Mojo is at its peak when we are experiencing both happiness and meaning in what we are doing and communicating this experience to the world around us. The Mojo Toolkit provides fourteen practical tools to help you achieve both happiness and meaning—not only in business, but in life.

Second Acts-Stephen M. Pollan 2009-10-13 Second Acts is a guide to reinventing your life. Whether you wish to change careers, move to a more desirable part of the country, start a business, write a novel, or drop everything to pursue a life dream, Stephen Pollan offers a powerful message of hope and guidance that has benefited his own clients. Through a series of exercises, you will develop a comprehensive "script" for your second act—a step-by-step action plan that will lead you to the life you've always wanted.

In My Wildest Dreams-Gail Blanke 1999-05-07 A collection of ideas and strategies for women on how to design and live the life of their dreams furnishes practical tools for overcoming perceived limitations and tips on enlisting the help of others in pursuing their goals. Reprint. 40,000 first printing.

Your Life Calling-Jane Pauley 2014-01-07 Jane Pauley, "America's baby boomer" (Tom Brokaw) and the new anchor of CBS Sunday Morning, offers an inspirational guidebook "chockablock with keen insights for career transitions" (USA TODAY). In 2014, every baby boomer will have reached the milestone age of fifty. For most, it's not an end, but the beginning of something new. Research has shown that people in their fifties are more vital now than they were only ten years ago. They're saying, "I'm game, I'm up for it, I want to do more." Jane Pauley, one of America's most beloved and trusted broadcast journalists, offers humor and insight about the journey forward. The New York Times bestseller Your Life Calling is a fresh look at ideas that have been simmering since boomers first entered midlife with a different perspective on the future than any generation before: that there was more to come—and perhaps the best of all. Jane is not an advice giver but a storyteller. Here she tells her own and introduces readers to the fascinating people she has featured on her award-winning Today show segment, "Life Reimagined Today." You'll meet Betsy McCarthy, who traded in her executive briefcase for knitting needles; Gid Pool, who launched a career as a stand-up comic; Richard Rittmaster, who joined the National Guard Chaplain Corps; Trudy Lundgren, who took her home on the road in an RV; Paulie Gee, who opened a successful pizzeria in Brooklyn; and many more. "Jane Pauley is a wonderful guide to all the different ways you can open new doors in life, many of which lead to unexpected places. She shows with humor and insight why the journey to reinvention can come from all kinds of places and produce all kinds of joys" (Michael J. Fox). Your Life Calling is delightful, compelling, and motivating for anyone asking "What am I going to do with my supersized life?"

Boomer Reinvention-John Tarnoff 2017 "A personal development approach to discovering, nurturing and defining the new second-act career that's already inside you. The book's 5-step methodology contains 23 practical and accessible strategies to turn your new job or new business idea into a reality."-Back cover.

Your Second Act-Patricia Heaton 2020-07-21 An entertaining, inspirational book about second acts in life and reinventing yourself from beloved television actress Patricia Heaton—Emmy Award-winning star of Everybody Loves Raymond, The Middle, and most recently, Carol's Second Act. Patricia Heaton is one of TV's most recognizable and beloved moms. She's won two Emmys for her starring role as Debra Barone on the long-running comedy Everybody Loves Raymond, and followed that career-making role with another gem as Frances Heck on the popular sitcom The Middle. Now, she returns to television as the lead in the new series Carol's Second Act, which follows divorced fifty-year-old Carol Kenney (played by Heaton), who after raising two children and retiring as a teacher decides to finally pursue her dream of becoming a doctor. Patricia Heaton knows what it's like to stage a second act and navigate pivotal transitions in life. Just like Carol, when Heaton's children left the nest, she found herself in a new and unfamiliar stage of life, compelling her to evaluate which direction to take next. She discovered she had the time to pursue passions that were previously placed on hold, both personally and professionally. She made her move and took a step forward in her career and for the first time, Heaton is not only the star of her own show, but also the executive producer. She also now finds her greatest fulfillment in using her influence to support humanitarian efforts as a Celebrity Ambassador for World Vision, the world's largest non-governmental organization. She and her husband support their work in poverty relief around the globe, something that was planted in heart long ago.

Through her own experience, Heaton became curious about other people's stories of second-act transitions and wants to offer support in the process. In her new book, Your Second Act, she shares wisdom from her own personal journey as well as insight from stories of numerous people across the country. From work to health, to love and more, the results are heartwarming, inspiring, and surprisingly relatable! Filled with light-hearted anecdotes and pragmatic steps to help you discover your own path, Your Second Act shows us that midlife doesn't have to be about crisis when you focus on the opportunity. After all, it's never too late, or too early to stage your second act! Boundless Potential: Transform Your Brain, Unleash Your Talents, and Reinvent Your Work In Midlife and Beyond-Mark Walton 2012-03-16 There's no better time than now to remake your career and life Neuroscience research reveals that creativity spikes in our later years—making midlife an ideal time to change professions. This breakthrough career-reinvention guide shows workers in their forties and over how to leverage this newfound potential. Boundless Potential empowers you with the knowledge, inspiration, and tools to kick-start anything from a new entrepreneurial venture to a new career. Using case studies, interviews, and revelations from cutting-edge research, it offers a blueprint for personal and work reinvention in midlife and a glimpse of the true lifelong potential of the human mind. Mark S. Walton is a professor of leadership in the U.S. Navy's Advanced Management Program and a distinguished lecturer in management at the Senior Executive Institute and Kenan-Flagler Graduate Business School at the University of North Carolina at Chapel Hill. His book Generating Buy-In was selected by Soundview Executive Summaries as one of The Top 30 business books of the year.

Purpose and a Paycheck-Chris Farrell 2019-02-05 Purpose and a Paycheck tells the compelling story of how a growing movement of older entrepreneurs and part-time workers are creating a stronger and more vibrant economy. Whether you're a corporate executive, business owner, policymaker, or moving into the later season of your career, the stakes for America's aging population are high. People 65 and older will account for 20 percent of the population in 2030, up from 13 percent in 2000. Many prognosticators blame the aging population for the stagnating economy, citing that as more and more people retire, they will stop working as relatively fewer working people have to support growing numbers of dependent elderly. Purpose and a Paycheck debunks this line of thought by showing how a growing movement of elderly entrepreneurs and part time workers are creating conditions for a stronger and more vibrant economy. Growing numbers of Americans are no longer retiring in the traditional sense. The numbers are striking and largely unappreciated. The labor force participation rate of men 60 years and over has risen nearly one-third from a rate of 26 percent in 1996 to 35 percent in 2014. The comparable rate for women is from 15 percent to 25 percent. Even more impressive, 25.5 percent of new business ventures in 2016 were started by the 55-to-64-year-old age group, up from 14.8 percent in 1996. People in their 50s and 60s are launching new businesses at nearly twice the rate of people in their 20s. America's aging society and workforce is redefining work for all generations and is among the most significant long-term forces shaping the U.S. economy and society, alongside globalization, automation and climate change. Instead of an economic deadweight, America's aging population holds the promise of getting back the economy mojo. Reframing aging will result in faster rates of economic growth and higher living standards for all of us in addition to a more fulfilling and financially secure second half of life for our aging population.

Unretirement-Chris Farrell 2014-09-02 The budget battles of recent years have amplified the warnings of demographic doomsmongers who predicted that a wave of baby boomers would bleed America dry, bankrupting Social Security and Medicare as they faded into an impoverished old age. On the contrary, argues award-winning journalist Chris Farrell, we are instead on the verge of a broad, positive transformation of our economy and society. The old idea of "retirement"—a word that means withdrawal, describing a time when people gave up productive employment and shrank their activities—was a short-lived historical anomaly. Humans have always found meaning and motivation in work and community, Farrell notes, and the boomer generation, poised to live longer in better health than any before, is already discovering unretirement—extending their working lives with new careers, entrepreneurial ventures, and volunteer service. Their experience, wisdom—and importantly, their continued earnings—will enrich the American workplace, treasury, and our whole society in the decades to come. Unretirement not only explains this seismic change, now in its early stages, it provides key insights and practical advice for boomers about to navigate this exciting, but unsettled, new frontier, drawing on Chris Farrell's decades of covering personal finance and economics for Bloomberg's Businessweek and Marketplace Money. This will be an indispensable guide to the landscape of unretirement from one of America's most trusted experts.

Real Happiness at Work-Sharon Salzberg 2013-12-31 Real Happiness at Work brings the profound benefits of meditation to an area where people could use it most—the workplace. And it's written by one of the world's leading meditation teachers. A follow-up to Real Happiness, the New York Times bestseller, Sharon Salzberg's Real Happiness at Work is a practical guide to improving work life through mindfulness, compassion, and ingenuity. It's about being committed without being consumed, competitive without being cruel, managing time and emotions to counterbalance stress and frustration. It shows readers how to be more creative, organized, and accomplished in order to do better, more productive work. Dividing the idea of workplace satisfaction into eight pillars, Real Happiness at Work is filled with secular wisdom; core meditations on broad themes like motivation, awareness, and seeing the good in others; and more than a dozen exercises, including Moving From Me to We and When Things Go Wrong. Sprinkled throughout the book are short "stealth" meditations, the kind that are quick, private, and doable anywhere—"Let the phone ring three times, follow your breath, then pick it up" and "For an upcoming one-on-one conversation, resolve to listen more and speak less." Even the best jobs are filled with stress, tough deadlines, impatient bosses, seemingly endless meetings—all the ills of hurried life. But as science increasingly shows, meditation is the antidote.

The Idealist Guide to Nonprofit Careers for Sector Switchers-Pascal Joiner 2008

The Big Shift-Marc Freedman 2012-04-10 Marc Freedman, hailed by the New York Times as "the voice of aging baby boomers [seeking] meaningful and sustaining work later in life," offers a recipe for how we can transform America's coming midlife crisis into a midlife opportunity. Millions of people in their fifties, sixties, and seventies are searching for answers to the question "What's next?" and are navigating their way to an entirely new stage of life and work, one that could last as long as midlife. Shifting to a much longer lifespan isn't as easy as it may seem. Unlike the transition from adolescence to adulthood, managing this process for many is a do-it-yourself project. Drawing on powerful personal stories, The Big Shift provides not only direction but a vision of what it would take to help millions find their footing in a new map of life.

Second Careers-Caroline Bird 1992-01-27 Discusses the subject of work after the age of 50.

This Chair Rocks-Ashton Applewhite 2019-03-05 "Wow. This book totally rocks. It arrived on a day when I was in deep confusion and sadness about my age. Everything about it, from my invisibility to my neck. Within four or five wise, passionate pages, I had found insight, illumination, and inspiration. I never use the word empower, but this book has empowered me." —Anne Lamott, New York Times bestselling author Author, activist, and TED speaker Ashton Applewhite has written a rousing manifesto calling for an end to discrimination and prejudice on the basis of age. In our youth obsessed culture, we're bombarded by media images and messages about the despair and declines of our later years. Beauty and pharmaceutical companies work overtime to convince people to purchase products that will retain their youthful appearance and vitality. Wrinkles are embarrassing. Gray hair should be colored and bald heads covered with implants. Older minds and bodies are too frail to keep up with the pace of the modern working world and elders should just step aside for the new generation. Ashton Applewhite once held these beliefs too until she realized where this prejudice comes from and the damage it does. Lively, funny, and deeply researched, This Chair Rocks traces her journey from apprehensive boomer to pro-aging radical, and in the process debunks myth after myth about late life. Explaining the roots of ageism in history and how it divides and debases, Applewhite examines how ageist stereotypes cripple the way our brains and bodies function, looks at ageism in the workplace and the bedroom, exposes the cost of the all-American myth of independence, critiques the portrayal of elders as burdens to society, describes what an all-age-friendly world would look like, and offers a rousing call to action. It's time to create a world of age equality by making discrimination on the basis of age as unacceptable as any other kind of bias. Whether you're older or hoping to get there, this book will shake you by the shoulders, cheer you up, make you mad, and change the way you see the rest of your life. Age pride!

Launch Your Encore-Hans Finzel 2015-03-10 In 2011, the first of the 76 million baby boomers—nearly a quarter of the US population—began turning 65. Every day for the next fifteen years, over ten thousand of them will celebrate that birthday. And for the first time in history, this generation will enjoy many years post-career pursuing meaning and purpose outside of traditional retirement. What will they do with that time? One thing is for sure: Most of them want to find something meaningful. This book lays out the choices to be made to find fulfillment in the encore years of life. Launch Your Encore is a game plan for life after one's main-act career. Hans Finzel and Rick Hicks show boomers how to enter this new stage of life poised for personal satisfaction and contributions to society. They offer tested advice on finding new life potential and thriving in these later decades of life. With real-life examples of people who have made the transition from full-time work to volunteering, ministry, or even second careers, Launch Your Encore shows boomers how to make an impact later in life.

Business Model Generation-Alexander Osterwalder 2013-02-01 Business Model Generation is a handbook for visionaries, game changers, and challengers striving to defy outmoded business models and design tomorrow's enterprises. If your organization needs to adapt to harsh new realities, but you don't yet have a strategy that will get you out in front of your competitors, you need Business Model Generation. Co-created by 470 "Business Model Canvas" practitioners from 45 countries, the book features a beautiful, highly visual, 4-color design that takes powerful strategic ideas and tools, and makes them easy to implement in your organization. It explains the most common Business Model patterns, based on concepts from leading business thinkers, and helps you reinterpret them for your own context. You will learn how to systematically understand, design, and implement a game-changing business model—or analyze and renovate an old one. Along the way, you'll understand at a much deeper level your customers, distribution channels, partners, revenue streams, costs, and your core value proposition. Business Model Generation features practical innovation techniques used today by leading consultants and companies worldwide, including 3M, Ericsson, Capgemini, Deloitte, and others. Designed for doers, it is for those ready to abandon outmoded thinking and embrace new models of value creation: for executives, consultants, entrepreneurs, and leaders of all organizations. If you're ready to change the rules, you belong to "the business model generation!"

How to Get a Good Job After 50-Rupert French 2015-03-01

Ageless Startup-Rick Terrien 2020-04-21 It's Not Hard. It's Just New. There has never been a better time to start your own business, but taking that leap of faith can seem like a daunting risk rather than an exciting new venture. But here's the truth: Your community needs you. The world needs you. You have time to make a difference, and you have the experience, resilience, and drive to make it. Written as your field guide to the rocky terrain of entrepreneurship, Ageless Startup is that bridge from employee to entrepreneur or empty-nester to business-owner. With award-winning entrepreneur Rick Terrien as your guide, kickstart your entrepreneurial journey with this book and you'll learn to: Make a smooth transition from working for someone else to working for yourself Minimize your risk and maximize your value Set a pace that's right for you and your business Find the customers that will keep coming back Create a business system that keeps you on track and comfortable Build your exit strategy into your launch Tackle obstacles with an open mind

The Happiness Curve-Jonathan Rauch 2018-05-01 "In this warm, wise, and witty overview, Jonathan Rauch combines evidence and experience to show his fellow adults that the best is yet to come." —Steven Pinker, bestselling author of Enlightenment Now This book will change your life by showing you how life changes. Why does happiness get harder in your 40s? Why do you feel in a slump when you're successful? Where does this malaise come from? And, most importantly, will it ever end? Drawing on cutting-edge research, award-winning journalist Jonathan Rauch answers all these questions. He shows that from our 20s into our 40s, happiness follows a U-shaped trajectory, a "happiness curve," declining from the optimism of youth into what's often a long, low slump in middle age, before starting to rise again in our 50s. This isn't a midlife crisis, though. Rauch reveals that this slump is instead a natural stage of life—and an essential one. By shifting priorities away from competition and toward compassion, it equips you with new tools for wisdom and gratitude to win the third period of life. And Rauch can testify to this personally because it was his own slump, despite acclaim as a journalist and commentator that compelled him to investigate the happiness curve. His own story and the stories of many others from all walks of life—from a steelworker and a limo driver to a telecoms executive and a philanthropist—show how the ordeal of midlife malaise reboots our values and even our brains for a rebirth of gratitude. Full of insights and data and featuring many ways to endure the slump and avoid its perils and traps, The Happiness Curve doesn't just show you the dark forest of midlife, it helps you find a path through the trees. It also demonstrates how we can—and why we must—do more to help each other through the woods. Midlife is a journey we mustn't walk alone.

The Freelancer's Bible-Sara Horowitz 2012-10-23 Amazingly, one-third of the American workforce is freelance—that's 42 million people who have to wrestle with not just doing the work, but finding the work, then getting paid for the work, plus health care, taxes, setting up an office, marketing, and so on. Now help is here, and consultants, independent contractors, the self-employed, "solopreneurs," and everyone else living a freelancer's life will never be alone again but instead can be part of a strong and vibrant community. Written by the authority on freelance working, Sara Horowitz, MacArthur "Genius" Fellow and founder of the national Freelancers Union and, most recently, the Freelancers Insurance Company, The Freelancer's Bible will help those new to freelancing learn the ropes, and will help those who've been freelancing for a while grow and expand. It's the one-stop, all-encompassing guide to every practical detail and challenge of being a nimble, flexible, and successful freelancer; the three essentials of getting clients and the three most important ways to keep them happy. Five fee-setting strategies. Thirteen tactics for making it through a prolonged dry spell. Setting up a home office vs. renting space. The one-hour contract. A dozen negotiating dos and don'ts. Building and maintaining your reputation. Dealing with deadbeats. Health Insurance 101. Record-keeping and taxes. Productivity, including a quiz: "What Is Your Ideal Day?" Building a community. Subcontracting and other strategies for taking your freelancing career to the next level. Retirement plans, plans for saving for education, and how to achieve financial freedom.

Encore Adulthood-Phyllis Moen 2016-04-06 The Baby Boomer generation is facing a time of heightened uncertainty. Blessed with unprecedented levels of education, health, and life expectancy, many hope to contribute to society after their retirement. Yet they must also navigate ambiguous career exits and retirement paths, as established scripts for schooling, parenting, and careers continue to unravel. In Encore Adulthood, Phyllis Moen presents the realities of the "encore" life stage - the years between traditional careers and childrearing and old age. Drawing on large-scale data sets and interviews with Boomers, HR personnel, and policymakers, this book illuminates the challenges that Boomers encounter as they transition from traditional careers into retirement. Beyond data analysis, Moen discusses the personal impact of Boomers' wellbeing, happiness, and health when they are unable to engage in meaningful work during their encore years, as well as the potential economic loss that would occur when a large, qualified group of people prematurely exit the workforce. Moen concludes with proposals for a range of encore jobs that could galvanize Boomers to take on desirable and sought-after second acts, emphasizing meaningful work over high-paying jobs and flexibility over long hours. An important analysis of an understudied and new life stage, Encore Adulthood makes an important contribution to the existing scholarship on careers, work, and retirement.

The 2-Hour Job Search-Steve Dalton 2012-03-06 A job-search manual that gives career seekers a systematic, tech-savvy formula to efficiently and effectively target potential employers and secure the essential first interview. The 2-Hour Job Search shows job-seekers how to work smarter (and faster) to secure first interviews. Through a prescriptive approach, Dalton explains how to wade through the Internet's sea of information and create a job-search system that relies on mainstream technology such as Excel, Google, LinkedIn, and alumni databases to create a list of target employers, contact them, and then secure an interview—with only two hours of effort. Avoiding vague tips like "leverage your contacts," Dalton tells job-hunters exactly what to do and how to do it. This empowering book focuses on the critical middle phase of the job search and helps readers bring organization to what is all too often an ineffectual and frustrating process.

Dads for Daughters-Michelle Travis 2020-01-28 Build a More Equitable World for Your Daughter "If you're a dad who wants to create a fairer and more equal world for your daughters to thrive in, this book is a must-read!" —Jerry Yang, cofounder & former CEO of Yahoo! Inc. Winner 2020 Living Now Gold Award, Family & Parenting A world where your daughter can thrive. Today's generation of feminist dads are raising confident, empowered daughters who believe they can achieve anything. But the world is still profoundly unequal for women and girls, with workplaces built by men for men, massive gender pay gaps, and deeply-ingrained gender stereotypes. Dads for Daughters: How Fathers Can Support Girls and Women for a Successful Feminist Future offers fathers guidance for building a world where their daughters can thrive. Lean in for dads. The most successful leaders of all companies, from family businesses to lean startups, understand that leaders eat last. Your workplace can be a stage for the fight for equality and true leadership that empowers women. The guidance in this book will help you move from TED talks to daily action. Invest in the next generation. Men who were raised with the second-wave feminism of The Feminine Mystique know that the personal is political. The confidence code for girls that you instill at home can lead to a better world for all women. Dads for Daughters is a feminist book for fathers invested in the gender equality fight. With this book, you'll find: Steps you can take today in your workplace and community to create a better tomorrow Inspiring stories from successful and empathetic fathers Resources to help you take action in the women's movement Dad's for Daughters is perfect for fathers who enjoyed Lean In: Women, Work, and the Will to Lead, The Moment of Lift: How Empowering Women Changes the World, or We Should All Be Feminists. This book is great for men who love nasty women.

Issues in Aging-Mark Novak 2018-02-02 Issues in Aging combines social, psychological, biological, and philosophical perspectives to present a multifaceted picture of aging. Novak illustrates both the problems and the opportunities that accompany older age. This text helps students understand the tremendous variability in aging and

introduces them to careers working with older adults. This new edition reflects the continued changes in the way we age. The fourth edition has been updated to include emerging issues in aging. These include the prevalence of HIV/AIDS in later life, current research on mental potential in old age, the creation of age-friendly cities, and new options for end-of-life care. Each chapter begins with a set of learning objectives to guide students in their reading, and concludes with a list of main points, questions for discussion or study, suggested readings, and relevant web sites to consult. Each chapter also includes up-to-date charts and graphs as well as key terms to help students understand the issues presented. Break out boxes reveal the human side of aging through the stories of individuals in real life and in the media.

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