

[MOBI] The Salt Eaters

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The Salt Eaters-Toni Cade Bambara 2011-02-16 Set in a town somewhere in the South, here is the story of a community of black people searching for the healing properties of salt who witness an event that will change their lives forever. Some of them are centered, some are off-balance; some are frightened, and some are daring. From the men who live off welfare women to the mud mothers who carry their children in their hides, the novel brilliantly explores the narcissistic aspect of despair and the tremendous responsibility that comes with physical, spiritual, and mental well-being.

The Salt Eaters-Toni Cade Bambara 1992 As she sits in an infirmary and is questioned by a faith healer, Velma Henry probes her reasons for attempting to commit suicide, and the healing that takes place affects the lives of her town's Black inhabitants

The Salt Eaters-Toni Cade Bambara 2021-10-07

A Study Guide for Toni Cade Bambara's "The Salt Eaters"-Gale, Cengage Learning 2016-07-12 A Study Guide for Toni Cade Bambara's "The Salt Eaters," excerpted from Gale's acclaimed Novels for Students. This concise study guide includes plot summary; character analysis; author biography; study questions; historical context; suggestions for further reading; and much more. For any literature project, trust Novels for Students for all of your research needs.

Gorilla, My Love-Toni Cade Bambara 2011-02-09 In these fifteen superb stories, this essential author of African American fiction gives us compelling portraits of a wide range of unforgettable characters, from sassy children to cunning old men, in scenes shifting between uptown New York and rural North Carolina. A young girl suffers her first betrayal. A widow flirts with an elderly blind man against the wishes of her grown-up children. A neighborhood loan shark teaches a white social worker a lesson in responsibility. And there is more. Sharing the world of Toni Cade Bambara's "straight-up fiction" is a stunning experience.

Voices of Illness: Negotiating Meaning and Identity-Peter Bray 2019-03-27 This book offers accounts of scholarly interdisciplinary practices and perspectives that examine and discuss the positive potential of attending to the voices and stories of those who live and work with illness in real world settings.

The Sea Birds are Still Alive-Toni Cade Bambara 1982 Ten stories of the Black experience tell of a timid community worker, a troubled political organizer, passengers on a refugee ship, and others

Midwives-Chris Bohjalian 2002-08-13 A contemporary classic that has sold more than two million copies and was a selection of Oprah's original Book Club, Midwives is a compulsively readable novel that explores questions of human responsibility that are as fundamental to our society now as they were when the book was first published twenty years ago. On an icy winter night in an isolated house in rural Vermont, a seasoned midwife named Sibyl Danforth takes desperate measures to save a baby's life. She performs an emergency cesarean section on a mother she believes has died of stroke. But what if—as Sibyl's assistant later charges—the patient wasn't already dead? The ensuing trial bears the earmarks of a witch hunt, forcing Sibyl to face the antagonism of the law, the hostility of traditional doctors, and the accusations of her own conscience. Exploring the complex and emotional decisions surrounding childbirth, Midwives engages, moves, and transfixes us as only the very best novels ever do.

"Black People Are My Business"-Thabiti Lewis 2020-09-08 Exploration of Bambara's practices of liberation that encourage resistance to oppression and solidarity.

The Black Woman-Toni Cade Bambara 2010-06-15 A collection of early, emerging works from some of today's most celebrated African American female writers When it was first published in 1970, The Black Woman introduced readers to an astonishing new wave of voices that demanded to be heard. In this groundbreaking volume of original essays, poems, and stories, a chorus of outspoken women -- many who would become leaders in their fields: bestselling novelist Alice Walker, poets Audre Lorde and Nikki Giovanni, writer Paule Marshall, activist Grace Lee Boggs, and musician Abbey Lincoln among them -- tackled issues surrounding race and sex, body image, the economy, politics, labor, and much more. Their words still resonate with truth, relevance, and insight today.

CONVERSATIONS W/TONI CADE BAMB-Thabiti Lewis 2017-05-01 Conversations with the author of the acclaimed works Gorilla, My Love, The Salt Eaters, and Those Bones Are Not My Child

Raymond's Run-Toni Cade Bambara 2014-08-01 Hazel is determined to beat her rival in an upcoming race, but when she sees her brother Raymond running alongside her on the track, she realizes there are more important things than winning.

Anything That Moves-Dana Goodyear 2013-11-14 The popular New Yorker writer combines the style of Mary Roach with the on-the-ground food savvy of Anthony Bourdain. Dana Goodyear's narrative debut is a highly entertaining, revelatory look into the raucous, strange, fascinatingly complex world of contemporary American food culture. At once an uproarious behind-the-scenes adventure and a serious attempt to understand the implications of an emergent new cuisine, it introduces a cast of compelling and unexpected characters—from Los Angeles Times critic Jonathan Gold, to a high-end Las Vegas purveyor of rare and exotic ingredients, to the traffickers and promoters of raw milk and other forbidden products, to the hottest chefs who rely on them—all of whom, along with today's diners, are changing the face of American eating. Ultimately, Goodyear looks at what we eat, and tells us who we are. As she places all of this within a vivid historical and cultural framework, she shows how these gathering culinary trends may eventually shape the way all Americans dine. What emerges is a picture of America at a moment of transition, designing the future as it reimagines the past.

Soul Talk-Akasha Gloria Hull 2001-04-01 • A celebration of the journey of African-American women toward a new spirituality grounded in social awareness, black American tradition, metaphysics, and heightened creativity. • Features illuminating insights from Alice Walker, Toni Cade Bambara, Lucille Clifton, Dolores Kendrick, Sonia Sanchez, Michele Gibbs, Geraldine McIntosh, Masani Alexis DeVeaux and Namonyah Soipan. • By a widely published scholar, poet, and activist who has been interviewed by the press, television, and National Public Radio's All Things Considered From the last part of the twentieth century through today, African-American women have experienced a revival of spirituality and creative force, fashioning a uniquely African-American way to connect with the divine. In Soul Talk, Akasha Gloria Hull examines this multifaceted spirituality that has both fostered personal healing and functioned as a formidable weapon against racism and social injustice. Through fascinating and heartfelt conversations with some of today's most creative and powerful women--women whose spirituality encompasses, among others, traditional Christianity, Tibetan Buddhism, Native American teachings, meditation, the I Ching, and African-derived ancestral reverence--the author explores how this new spiritual consciousness is manifested, how it affects the women who practice it, and how its effects can be carried to others. Using a unique and readable blend of interviews, storytelling, literary critique, and practical suggestions of ways readers can incorporate similar renewal into their daily lives, Soul Talk shows how personal and social change are possible through reconnection with the spirit.

Writing the Black Revolutionary Diva-Kimberly Nichele Brown 2010-09-09 Kimberly Nichele Brown examines how African American women since the 1970s have found ways to move beyond the "double consciousness" of the colonized text to develop a healthy subjectivity that attempts to disassociate black subjectivity from its connection to white culture. Brown traces the emergence of this new consciousness from its roots in the Black Aesthetic Movement through important milestones such as the anthology The Black Woman and Essence magazine to the writings of Angela Davis, Toni Cade Bambara, and Jayne Cortez.

New People-Danzy Senna 2017 Named a BEST BOOK OF THE YEAR BY THE NEW YORK TIMES BOOK REVIEW, VOGUE, TIME MAGAZINE, NPR and THE ROOT Named A 2017 BEST SUMMER READ BY Vogue - Elle - Harper's Bazaar - Glamour - Buzzfeed - In Style - Men's Journal - Bustle - Ms. Magazine - Pop Sugar - Newsday - The Millions - Time Out - Bitch - CNN's The Lead - The Fader "[A] cutting take on race and class...part dark comedy, part surreal morality tale. Disturbing and delicious." -People "You'll gulp Senna's novel in a single sitting--but then mull over it for days." -Entertainment Weekly "Everyone should read it." -Vogue From the bestselling author of *Caucasia*, a subversive and engrossing novel of race, class and manners in contemporary America. As the twentieth century draws to a close, Maria is at the start of a life she never thought possible. She and Khalil, her college sweetheart, are planning their wedding. They are the perfect couple, "King and Queen of the Racially Nebulous Prom." Their skin is the same shade of beige. They live together in a black bohemian enclave in Brooklyn, where Khalil is riding the wave of the first dot-com boom and Maria is plugging away at her dissertation, on the Jonestown massacre. They've even landed a starring role in a documentary about "new people" like them, who are blurring the old boundaries as a brave new era dawns. Everything Maria knows she should want lies before her--yet she can't stop daydreaming about another man, a poet she barely knows. As fantasy escalates to fixation, it dredges up secrets from the past and threatens to unravel not only Maria's perfect new life but her very persona. Heartbreaking and darkly comic, *New People* is a bold and unfettered page-turner that challenges our every assumption about how we define one another, and ourselves.

Love WITH Accountability-Aishah Shahidah Simmons 2019-10-01 Despite the current survivor-affirming awareness around sexual violence, child sexual abuse, most notably when it's a family member or friend, is still a very taboo topic. There are approximately 42 million child sexual abuse survivors in the U.S. and millions of bystanders who look the other way as the abuse occurs and cover for the harm-doers with no accountability. Documentary filmmaker and survivor of child sexual abuse and adult rape, Aishah Shahidah Simmons invites diasporic Black people to join her in transformative storytelling that envisions a world that ends child sexual abuse without relying on the criminal justice system. Love WITH Accountability features compelling writings by child sexual abuse survivors, advocates, and Simmons's mother, who underscores the detrimental impact of parents/caregivers not believing their children when they disclose their sexual abuse. This collection explores disrupting the inhumane epidemic of child sexual abuse, humanely.

Please Pass the Salt-Roger H. L. Wilson 1983

The Years of Rice and Salt-Kim Stanley Robinson 2003-06-03 With the incomparable vision and breathtaking detail that brought his now-classic Mars trilogy to vivid life, bestselling author KIM STANLEY ROBINSON boldly imagines an alternate history of the last seven hundred years. In his grandest work yet, the acclaimed storyteller constructs a world vastly different from the one we know.... The Years of Rice and Salt It is the fourteenth century and one of the most apocalyptic events in human history is set to occur--the coming of the Black Death. History teaches us that a third of Europe's population was destroyed. But what if? What if the plague killed 99 percent of the population instead? How would the world have changed? This is a look at the history that could have been--a history that stretches across centuries, a history that sees dynasties and nations rise and crumble, a history that spans horrible famine and magnificent innovation. These are the years of rice and salt. This is a universe where the first ship to reach the New World travels across the Pacific Ocean from China and colonization spreads from west to east. This is a universe where the Industrial Revolution is triggered by the world's greatest scientific minds--in India. This is a universe where Buddhism and Islam are the most influential and practiced religions and Christianity is merely a historical footnote. Through the eyes of soldiers and kings, explorers and philosophers, slaves and scholars, Robinson renders an immensely rich tapestry. Rewriting history and probing the most profound questions as only he can, Robinson shines his extraordinary light on the place of religion, culture, power, and even love on such an Earth. From the steppes of Asia to the shores of the Western Hemisphere, from the age of Akbar to the present and beyond, here is the stunning story of the creation of a new world. From the Hardcover edition.

Imagine the Sound-Carter Mathes 2015-03-20 The post-Civil Rights era was marked by an explosion of black political thought and aesthetics. Reflecting a shifting horizon of expectations around race relations, the unconventional sounds of free jazz coupled with experimental literary creation nuanced the push toward racial equality and enriched the possibilities for aesthetic innovation within the Black Arts Movement. In *Imagine the Sound*, Carter Mathes demonstrates how African American writers used sound to further artistic resistance within a rapidly transforming political and racial landscape. While many have noted the oral and musical qualities of African American poetry from the post-Civil Rights period, Mathes points out how the political implications of dissonance, vibration, and resonance produced in essays, short stories, and novels animated the ongoing struggle for equality. Situating literary works by Henry Dumas, Larry Neal, and Toni Cade Bambara in relation to the expansive ideas of sound proposed by free jazz musicians such as Marion Brown and Sun Ra, not only does this book illustrate how the presence of sound can be heard and read as political, but it recuperates critically neglected, yet important, writers and musicians. Ultimately, Mathes details how attempts to capture and render sound through the medium of writing enable writers to envision alternate realities and resistance outside of the linear frameworks offered by the Civil Rights and Black Power movements. In precise and elegant prose, Mathes shows how in conceptualizing sound, African American writers opened up the political imaginations of their readers. By exploring this intellectual convergence of literary artistry, experimental music, and sound theory, *Imagine the Sound* reveals how taking up radically new forms of expression allows us to speak to the complexities of race and political resistance.

We the Eaters-Ellen Gustafson 2014-05-20 How we can transform the global food system by changing what's on our dinner plates The implausible truth: Over one billion people in the world are hungry and over one billion are overweight. Far from complete opposites, hunger and obesity are in fact different manifestations of the same problem: It's increasingly difficult to find and eat nutritious food. By examining the global industrial food system using the deceptively simple template of a classic American dinner, *We the Eaters* not only outlines the root causes for this bizarre and troubling dichotomy, but also provides a blueprint of actionable solutions—solutions that could start with changing out just a single item on your plate. From your burger to your soda, Gustafson unpacks how even the hyper-local can cause worldwide ripples. For instance: American agricultural policy promoting corn and soybeans in beef farming means we feed more to cows than to hungry people. This is compounded by the environmental cost of factory livestock farming, rising obesity rates, and the false economics of unhealthy high meat consumption. The answer? Eat a hamburger; just make it a smaller, sustainably raised, grass-fed one. Gustafson—a young entrepreneur, foreign policy expert, and food policy advocate—delivers a wake-up call that will inspire even the most passive reader to take action. We can love our food and our country while being better stewards of our system and our health. *We the Eaters* is nothing short of a manifesto: If we change dinner, we can change the world.

The Salt Fix-James Dinicolantonio 2020-08-04 What if everything you know about salt is wrong? A leading cardiovascular research scientist explains how this vital crystal got a negative reputation, and shows how to lower blood pressure and experience weight loss using salt. The Salt Fix is essential reading for everyone on the keto diet! We've all heard the recommendation: eat no more than a teaspoon of salt a day for a healthy heart. Health-conscious Americans have hewn to the conventional wisdom that your salt shaker can put you on the fast track to a heart attack, and have suffered through bland but "heart-healthy" dinners as a result. What if the low-salt dogma is wrong? Dr. James DiNicolantonio has reviewed more than five hundred publications to unravel the impact of salt on blood pressure and heart disease. He's reached a startling conclusion: The vast majority of us don't need to watch our salt intake. In fact, for most of us, more salt would be advantageous to our nutrition--especially for those of us on the keto diet, as keto depletes this important mineral from our bodies. The Salt Fix tells the remarkable story of how salt became unfairly demonized--a never-before-told drama of competing egos and interests--and took the fall for another white crystal: sugar. According to The Salt Fix, too little salt can: * Make you crave sugar and refined carbs * Send the body into semistarvation mode * Lead to weight gain, insulin resistance, type 2 diabetes, cardiovascular disease, chronic kidney disease, and increased blood pressure and heart rate But eating the salt you desire can improve everything, from your sleep, energy, and mental focus to your fitness, fertility, and sexual performance. It can even stave off common chronic illnesses, including heart disease. The Salt Fix shows the best ways to add salt back into your diet, offering his transformative five-step program for recalibrating your salt thermostat to achieve your unique, ideal salt intake. Science has moved on from the low-salt dogma, and so should you--your life may depend on it.

Women on Food-Charlotte Druckman 2019-10-29 Women on Food unites the radical, diverging female voices of the food industry in this urgent, moving, and often humorous collection of essays, interviews, questionnaires, illustrations, quotes, and ephemera. Edited by Charlotte Druckman and featuring esteemed food journalists and thinkers, including Soleil Ho, Nigella Lawson, Diana Henry, Carla Hall, Samin Nosrat, Rachael Ray, and many others, this compilation illuminates the notable and varied women who make up the food world. Exploring issues from the #MeToo movement, gender bias in division of labor and the workplace, and the underrepresentation of women of color in leadership, to cultural trends including food and travel shows, the intersection of fashion and food, and the evolution of food writing in the last few decades, *Women on Food* brings together food's most vital female voices.

Bone-Yrsa Daley-Ward 2017 From navigating the oft-competing worlds of religion and desire, to balancing society's expectations with the raw experience of being a woman in the world; from detailing the experiences of growing up as a first generation black British woman, to working through situations of dependence and abuse; from finding solace in the echoing caverns of depression and loss, to exploring the vulnerability and redemption in falling in love, each of the raw and immediate poems in Daley-Ward's bone resonate to the core of what it means to be human.

Saints, Sinners, Saviors-T. Harris 2016-04-30 Saints, Sinners, Saviors: Strong Black Women in African American Literature posits strength as a frequently contradictory and damaging trait for black women characters in several literary works of the twentieth century. Authors of these works draw upon popular images of African American women in producing what they believe to be safe literary representations. Instead, strength becomes a problematic trait, at times a disease, in many characters in which it appears. It has a detrimental impact on the relatives and neighbors of such women as well as on the women themselves. The pattern of portraying women characters as

strong in African American literature has become so pronounced that it has stifled the literature.

Salt & Storm-Kendall Kulper 2014-09-23 A sweeping historical romance about a witch who foresees her own murder--and the one boy who can help change her future. Sixteen-year-old Avery Roe wants only to take her rightful place as the witch of Prince Island, making the charms that keep the island's whalers safe at sea, but her mother has forced her into a magic-free world of proper manners and respectability. When Avery dreams she's to be murdered, she knows time is running out to unlock her magic and save herself. Avery finds an unexpected ally in a tattooed harpoon boy named Tane--a sailor with magic of his own, who moves Avery in ways she never expected. Becoming a witch might stop her murder and save her island from ruin, but Avery discovers her magic requires a sacrifice she never prepared for.

This is what Lesbian Looks Like-Kris Kleindienst 1999 Twenty-six lesbian grassroots activists -- some of them household names nationally, others known only within their local communities -- help us focus on the future of our lesbian lives as we move into the next century. Written with both heart and smarts, in language that speaks to the dailiness of personal experience and larger political questions, This Is What Lesbian Looks Like is the kind of reading that helps to shape a movement. If any disenfranchised group is only as strong as its weakest members, how do we think about lesbians who are not white, able-bodied, and middle class? What is lost in the gap that exists between the first generation to age having lived their adult lives out of the closet and the young dykes for whom out feels like a been there/done that kind of thing?Where does fighting the Right fit into the rainbow rush toward assimilation? How will lesbian identity be defined within the multiplicity of gender expressions becoming increasingly visible? Not easy, but essential nonetheless -- these are some of the critical issues tackled in This Is What Lesbian Looks Like's two dozen essays.

Sassafrass, Cypress & Indigo-Ntozake Shange 2010-09-28 Ntozake Shange's beloved Sassafrass, Cypress & Indigo is the story of three sisters and their mother from Charleston, South Carolina. Sassafrass, the oldest, is a poet and a weaver like her mother before her. Having gone north to college, she is now living with other artists in Los Angeles and trying to weave a life out of her work, her man, her memories and dreams. Cypress, the dancer, leaves home to find new ways of moving in the world. Indigo, the youngest, is still a child of Charleston-"too much of the south in her"-who lives in poetry and has the supreme gift of seeing the obvious magic of the world. Shange's rich and wondrous story of womanhood, art, and passionately-lived lives is written "with such exquisite care and beauty that anybody can relate to her message" (The New York Times).

Fictitious Dishes-Dinah Fried 2014-04-15 Fifty Iconic Culinary Scenes from Literary Classics Sure to Delight Readers, Foodies, and Photo-Junkies Alike Fictitious Dishes serves up a delectable assortment of photographic interpretations of culinary moments from contemporary and classic literature. Showcasing famous meals such as the madcap tea party from Alice's Adventures in Wonderland, the watery gruel from Oliver Twist, the lavish chicken breakfast from To Kill a Mockingbird, the stomach-turning avocado-and-crabmeat salad from The Bell Jar, and the seductive cupcakes from The Corrections, this unique volume pairs each place setting with the text from the book that inspired its creation. Interesting food facts and entertaining anecdotes about the authors, their work, and their culinary predilections complete this charming book, which is sure to whet the appetites of lovers of great literature and delicious dishes.

Watershed-Percival Everett 2003 A rediscovered classic of politics,murder, espionage, for the first time in paperback On a windswept landscape somewhere north of Denver, Robert Hawks, a feisty and dangerously curious hydrologist, finds himself enmeshed in a fight over Native American treaty rights. What begins for Robert as a peaceful fishing interlude ends in murder and the disclosure of government secrets. Introduced by Sherman Alexie, who has taken a film option on the novel, this important novel is published in paperback for the first time. "Watershed has all the makings of a social thriller. Two FBI agents turn up dead in a local lake and a suspicious young Indian woman shows up soaking wet at the black hydrologist's cabin door. Everett keeps the storytelling terse and intense, while at the same time broadening the scope of the book, moving into the history of U.S. Indian treaty making and into the science behind the search for water and the pathos of reservation life. In this novel about water and the struggle for a life free of injustice, the mix doesn't just work, it flows." --Alan Cheuse, National Public Radio "Precise and important, Watershed is a book about honesty, and how to live with dignity in the presence of betrayal. It is a story we need; it contains a code of action for the present and unfortunately for the near future. It is mercifully funny, as well." --Rick Bass, author of Where the Sea Used to Be Percival Everett is the author of eleven novels including the recent Erasure, which won the inaugural Hurston/Wright Legacy Award for fiction. He lives with his wife on a small ranch and teaches at the University of Southern California, Los Angeles.

Writing African American Women: A-J-Elizabeth Ann Beaulieu 2006 "Contributors look at the writers and their works from a feminist-womanist perspective, and address issues relating to race, class, and gender. Topical entries, e.g., "Work," "Protest Tradition," "Religion," "The Use of Myth," and "Memory," provide a rich context for the literature."--Choice review.

Bread Lab!-Kim Binczewski 2018-03 It's always a special day for Iris when Aunt Mary visits. She's a plant scientist, but today, Aunt Mary wants to try a new experiment--baking bread! Published in cooperation with The Bread Lab with support from The Bread Bakers Guild of America, this picture book debut captures the science and joy of breadmaking. Full color. 3/4.

Well-Read Black Girl-Glory Edim 2018-10-30 An inspiring collection of essays by black women writers, curated by the founder of the popular book club Well-Read Black Girl, on the importance of recognizing ourselves in literature. "A brilliant collection of essential American reading . . . smart, powerful, and complete."--Min Jin Lee, author of the National Book Award finalist Pachinko Remember that moment when you first encountered a character who seemed to be written just for you? That feeling of belonging remains with readers the rest of their lives--but not everyone regularly sees themselves in the pages of a book. In this timely anthology, Glory Edim brings together original essays by some of our best black women writers to shine a light on how important it is that we all--regardless of gender, race, religion, or ability--have the opportunity to find ourselves in literature. Contributors include Jesmyn Ward (Sing, Unburied, Sing), Lynn Nottage (Sweat), Jacqueline Woodson (Another Brooklyn), Gabourey Sidibe (This Is Just My Face), Morgan Jerkins (This Will Be My Undoing), Tayari Jones (An American Marriage), Rebecca Walker (Black, White and Jewish), and Barbara Smith (Home Girls: A Black Feminist Anthology) Whether it's learning about the complexities of femalehood from Zora Neale Hurston and Toni Morrison, finding a new type of love in The Color Purple, or using mythology to craft an alternative black future, the subjects of each essay remind us why we turn to books in times of both struggle and relaxation. As she has done with her book club-turned-online community Well-Read Black Girl, in this anthology Glory Edim has created a space in which black women's writing and knowledge and life experiences are lifted up, to be shared with all readers who value the power of a story to help us understand the world and ourselves. Advance praise for Well-Read Black Girl "This book is a star chart, a map readers can use to navigate the world via the minds of brilliant black women writers. The essays extol us all to regard--and to celebrate--the written word anew."--Angela Flournoy, author of The Turner House "An eloquently provocative anthology . . . Candid and thoughtful from start to finish, [Glory] Edim's collection amply celebrates the many paths black women have traveled on the road to self-definition. . . . In each essay, the contributor discusses her relationships to reading, books, and the world, yet each bears the unique experiential imprint of the woman who wrote it."--Kirkus Reviews

The Women of Brewster Place-Gloria Naylor 2005-06-28 The National Book Award-winning novel--and contemporary classic--that launched the brilliant career of Gloria Naylor "[A] shrewd and lyrical portrayal of many of the realities of black life . . . Miss Naylor bravely risks sentimentality and melodrama to write her compassion and outrage large, and she pulls it off triumphantly." --The New York Times Book Review This e-book includes a foreword by Tayari Jones. In her heralded first novel, Gloria Naylor weaves together the stories of seven women living in Brewster Place, a bleak-inner city sanctuary, creating a powerful, moving portrait of the strengths, struggles, and hopes of black women in America. Vulnerable and resilient, openhanded and openhearted, these women forge their lives in a place that in turn threatens and protects--a common prison and a shared home. Naylor renders both loving and painful human experiences with simple eloquence and uncommon intuition. Adapted into a 1989 ABC miniseries starring Oprah Winfrey, The Women of Brewster Place is a touching and unforgettable read.

Breaking the Silence-David Ikard 2007-02-01 Can black males offer useful insights on black women and patriarchy? Many black feminists are doubtful. Their skepticism derives in part from a history of explosive encounters with black men who blamed feminism for stigmatizing black men and undermining racial solidarity and in part from a perception that black male feminists are opportunists capitalizing on the current popularity of black women's writing and criticism. In Breaking the Silence, David Ikard goes boldly to the crux of this debate through a series of provocative readings of key African American texts that demonstrate the possibility and value of a viable black male feminist perspective. Seeking to advance the primary objectives of black feminism, Ikard provides literary models from Chester Himes's If He Hollers Let Him Go, James Baldwin's Go Tell It on the Mountain, Toni Morrison's Paradise, Toni Cade Bambara's The Salt Eaters, and Walter Mosley's Always Outnumbered, Always Outgunned and Walkin' the Dog that consciously wrestle with the concept of victim status for black men and women. He looks at how complicity across gender lines, far from rooting out patriarchy in the black community, has allowed it to thrive. This complicity, Ikard explains, is a process by which victimized groups invest in victim status to the point that they unintentionally concede power to their victimizers and engage in patterns of behavior that are perceived as revolutionary but actually reinforce the status quo. While black feminism has fostered important and necessary discussions regarding the problems of patriarchy within the black community, little attention has been paid to the intersecting dynamics of complicity. By laying bare the nexus between victim status and complicity in oppression, Breaking the Silence charts a new direction for conceptualizing black women's complex humanity and provides the foundations for more expansive feminist approaches to resolving intraracial gender conflicts.

Observations and Predictions of Eclipse Times by Early Astronomers-J.M. Steele 2013-04-17 Eclipses have long been seen as important celestial phenomena, whether as omens affecting the future of kingdoms, or as useful astronomical events to help in deriving essential parameters for theories of the motion of the moon and sun. This is the first book to collect together all presently known records of timed eclipse observations and predictions from antiquity to the time of the invention of the telescope. In addition to cataloguing and assessing the accuracy of the various records, which come from regions as diverse as Ancient Mesopotamia, China, and Europe, the sources in which they are found are described in detail. Related questions such as what type of clocks were used to time the observations, how the eclipse predictions were made, and how these prediction schemes were derived from the available observations are also considered. The results of this investigation have important consequences for how we understand the relationship between observation and theory in early science and the role of astronomy in early cultures, and will be of interest to historians of science, astronomers, and ancient and medieval historians.

The Hand I Fan With-Tina McElroy Ansa 1998 At age forty-five, Lena McPherson tires of being a single woman in her hometown of Mulberry, Georgia, so she and a friend conjure the spirit of a one-hundred-year-old ghost to serve as her companion

A Couple Cooks - Pretty Simple Cooking-Sonja Overhiser 2018-02-06 Popular husband-and-wife bloggers and podcasters (acouplecooks.com) offer 100 recipes with an emphasis on whole foods and getting into the kitchen together. The couple's non-diet approach features simple lifestyle changes to make healthy cooking sustainable, rather than a short-term fix. A love story at its finest, Alex and Sonja Overhiser first fell for each other--and then the kitchen. In a matter of months, the writer-photographer duo went from eating fast and frozen food to regularly cooking vegetarian meals from scratch. Together, the two unraveled a "pretty simple" approach to home cooking that kicks the diet in favor of long-term lifestyle changes. While cooking isn't always easy or quick, it can be pretty simple by finding love in the process. A Couple Cooks | Pretty Simple Cooking is an irresistible combination of spirited writing, nourishing recipes with a Mediterranean flair, and vibrant photography. Dubbed a "vegetarian cookbook for non-vegetarians", it's a beautiful book that's food for thought, at the same time providing real food recipes for eating around the table. The book features: 100 vegetarian recipes, with 75 vegan and 90 gluten-free options A full-color photograph for every recipe Recipes arranged from quickest to more time-consuming 10 life lessons for a sustainably healthy approach to cooking, artfully illustrated with a custom watercolor

Dust Eaters North-Ronan Cray 2016-09-23 Ronan Cray's debut novel, Red Sand, won the 2014 Indy Reader Discover Award and earned him a spot on Horror Novel Review's "Top 10 New Horror Authors" list. Now he's back with Dust Eaters North, an epic, globe-trotting, zombie adventure novel with a twist. "You aren't lucky enough to die." As the dead feed, an ill-equipped, untrained, desperate band of stragglers trudge 1700 miles north to Churchill, Manitoba. Rumors of a cure in China give them hope, but getting there after the world collapsed isn't easy. Dead villages, wild animals, unusual locals, -40 degree wind chill, and a lack of transportation pose obstacles even when Eaters aren't present, but Eaters outnumber the living 600:1. Cray's characters are like you and me, thrust into a world of chaos without any prior training. Cray introduces us to an unlikely band of survivors: Buck, an Oklahoma oil field worker whose last hope depends on climate change Tara, a housewife and former advertising executive thrust into the wilderness when her home explodes Cuba, a reformed gang member and inspiring Big Brother now forced to break a promise not to kill Fifty, a silent mountain of a man who is absolutely terrified of zombies Stokes, an alcoholic music professor still surprised to be alive The Kid, a Russian engineering student and the last survivor of Winnipeg No super-soldiers here. "That human factor, the one that's often overlooked in the zombie genre, is a welcomed presence here, and adds a level of depth often missing in similar stories." - Jess Landry, The Horror Review With nothing in common but their homeless path, these six find ways to bolster and support each other, to give hope in a hopeless world. "Those hopes become the sweetness that makes the story an adventure rather than an endless forced march through a killing field. The resolution, though horrifying, feels as earned as it is heartbreaking." - Publisher's Weekly Just like Red Sand, the horror of the novel is grounded in extensive research. Things happen for a reason; nothing supernatural here. Survivors persist with realistic, practical methods you can learn from. "If you enjoyed 'The Zombie Survival Guide', you will enjoy reading this." - Ben Sanders Ronan Cray researched the book on location in Churchill, Manitoba in the dead of winter. While he didn't encounter any zombies, he did eat moose and dogsled through the taiga. Now back in New York with most of his fingers and toes, he produces short films and documentaries when he isn't writing a sequel. Come along on a journey across continents in Cray's new Compass Series. Hopeful and horrifying, startling and relentless, Dust Eaters will haunt you long after you turn the last page. Dust Eaters delivers!

Savoring the Salt-Linda J Holmes 2007-12-28 The extraordinary spirit of Toni Cade Bambara lives on in Savoring the Salt, a vibrant and appreciative recollection of the work and legacy of the multi-talented African American writer, teacher, filmmaker, and activist. Among the contributors who remember Bambara, reflect on her work, and examine its meaning today are Toni Morrison, Amiri Baraka, Pearl Cleage, Ruby Dee, Beverly Guy-Sheftall, Nikki Giovanni, Avery Gordon, Audre Lorde, and Sonia Sanchez. Admiring readers have kept Bambara's fiction in print since her first collection of stories, Gorilla, My Love, was published in 1972. She continued to write -- and her audience and reputation continued to grow -- until her untimely death in 1995. Savoring the Salt includes excerpts from her published and unpublished writings, along with interviews and photos of Bambara. The mix of poets and scholars, novelists and critics, political activists and filmmakers represented here testifies to the ongoing importance and enduring appeal of her work.

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