

[Book] Theoretical Models Of Counseling And Psychotherapy

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<p>Theoretical Models of Counseling and Psychotherapy-Kevin A. Fall 2011-01-19 This text provides a comprehensive overview of a variety of major counseling theories and focuses on the integration of different theoretical models. Appropriate for advanced undergraduates and graduate students, it offers a detailed description of the philosophical basis for each theory, along with historical context and a biography of the founder. Each chapter follows a similar format and explores the main features of the theory, including its approach to and ideas on personality development, human nature, the role of environment, the change process in therapy, and contributions and limitations to the mental health field. Theory-specific information on diagnosis, psychopharmacology, multicultural issues, spirituality, and gender issues is also discussed. These features will provide students with a deeper and more complete understanding of counseling theory than is available in any single resource and allow them to easily bridge classroom study to their future practice. This second edition of the text has been completely updated and includes more case examples, as well as a new chapter on Constructivist approaches. An online instructor’s manual with student resources is available and offers material to enhance the pedagogical features of the text.</p> <p>Theoretical Models of Counseling and Psychotherapy-Kevin A. Fall 2017-02-17 The third edition of Theoretical Models of Counseling and Psychotherapy provides a comprehensive overview of a variety of major counseling theories and focuses on the integration of different theoretical models. With new information on multiculturalism, diversity, and cutting-edge theories such as psychosynthesis, the book offers a detailed description of the philosophical basis for each theory as well as historical context and biographical information on each theory’s founder. Chapters include new case excerpts and clinical examples, and each chapter follows a consistent structure in its exploration of each theory’s features, including its approach to and ideas on personality development, human nature, the role of environment, the change process in therapy, and contributions and limitations to the mental health field. Theory-specific information on diagnosis, psychopharmacology, spirituality, and gender issues is also discussed, and the book is accompanied by a companion website where professors and students will find exercises and course material that will further deepen their understanding of counseling theory and allow them to easily bridge classroom study to future practice. Available for free download for each chapter: PowerPoint slides and a testbank of 21 multiple-choice questions</p> <p>Theoretical Models of Counseling and Psychotherapy-Kevin A. Fall 2011-01-19 This text provides a comprehensive overview of a variety of major counseling theories and focuses on the integration of different theoretical models. Appropriate for advanced undergraduates and graduate students, it offers a detailed description of the philosophical basis for each theory, along with historical context and a biography of the founder. Each chapter follows a similar format and explores the main features of the theory, including its approach to and ideas on personality development, human nature, the role of environment, the change process in therapy, and contributions and limitations to the mental health field. Theory-specific information on diagnosis, psychopharmacology, spirituality, and gender issues is also discussed. These features will provide students with a deeper and more complete understanding of counseling theory than is available in any single resource and allow them to easily bridge classroom study to their future practice. This second edition of the text has been completely updated and includes more case examples, as well as a new chapter on Constructivist approaches. An online instructor’s manual with student resources is available and offers material to enhance the pedagogical features of the text.</p> <p>Theories of Counseling and Therapy-Jeffrey A. Kottler 2010-12-01 A core text for courses on Theories of Counseling and Psychotherapy, this book represents an experiential approach to understanding and applying theory. It is written in a student friendly style that enables students to comprehend the various and complex theories, apply the material to their own lives (through the use of many reflective exercises in every chapter) and internalize the content of the course. The original edition was published by Pearson. The new edition will be updated and expanded. In addition, the new text will have more primary source material, theory in action boxes, and Voice of Experience boxes that feature experts from the field. In addition, a DVD of several clinicians demonstrating their theory in action will be included and sample lesson plans with primary source material, sample syllabus with class activities, a table showing how the textbook can be used to meet specific accreditation requirements, and practice quizzes for students will also be included.</p> <p>Theories of Counseling and Psychotherapy-Elsie Jones-Smith 2014-10-29 This breakthrough edition of Theories of Counseling and Psychotherapy: An Integrative Approach, by Elsie Jones-Smith, sets a new standard in counseling theories books. The Second Edition goes beyond expert coverage of traditional and social constructivist theories with coverage of more contemporary approaches to psychotherapy, including individual chapters on spirituality and psychotherapy, strengths-based therapy, neuroscience and neuropsychotherapy, motivational interviewing, and the expressive arts therapies. In every chapter, the case study of a preadolescent boy demonstrates how each theory can be applied in psychotherapy. Up to date and easy to read, the book engages readers with inner reflection questions that help them apply the theories to the lives of their clients and shows them how to develop their own integrative approach to psychotherapy.</p> <p>Counseling and Psychotherapy Theories in Context and Practice-John Sommers-Flanagan 2015-05-20 Apply the major psychotherapy theories into practice with this comprehensive text Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques, 2nd Edition is an in-depth guide that provides useful learning aids, instructions for ongoing assessment, and valuable case studies. More than just a reference, this approachable resource highlights practical applications of theoretical concepts, covering both theory and technique with one text. Easy to read and with engaging information that has been recently revised to align with the latest in industry best practices, this book is the perfect resource for graduate level counseling theory courses in counselor education, marriage and family therapy, counseling psychology, and clinical psychology. Included with each copy of the text is an access code to the online Video Resource Center (VRC). The VRC features eleven videos—each one covering a different therapeutic approach using real therapists and clients, not actors. These videos provide a perfect complement to the book by showing what the different theories look like in practice. The Second Edition features: New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy Extended case examples in each of the twelve Theory chapters A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment Deeper and more continuous examination of gender and cultural issues An evidence-based status section in each Theory chapter focusing on what we know from the scientific research, with the goal of developing critical thinking skills A new section on Outcome Measures that provides ideas on how client outcomes can be tracked using practice-based evidence Showcasing the latest research, theory, and evidence-based practice in an engaging and relatable style, Counseling and Psychotherapy Theories in Context and Practice is an illuminating text with outstanding practical value.</p> <p>Counseling Theory-Richard D. Parsons 2014-01-16 Organized around the latest CACREP standards, Counseling Theory: Guiding Reflective Practice, by Richard D. Parsons and Najian Zhang, presents theory as an essential component to both counselor identity formation and professional practice. Drawing on the contributions of current practitioners, the text uses both classical and cutting-edge theoretical models of change as lenses for processing client information and developing case conceptualizations and intervention plans. Each chapter provides a snapshot of a particular theory/approach and the major thinkers associated with each theory as well as case illustrations and guided practice exercises to help readers internalize the content presented and apply it to their own development as counselors.</p> <p>Theories and Applications of Counseling and Psychotherapy-Earl J. Ginter 2018-03-22 Theories and Applications of Counseling and Psychotherapy provides students with the foundational knowledge needed to implement various therapeutic approaches in individual and family counseling. The dynamic author team of Earl J. Ginter, Gargi Roysircar Sodowsky, and Lawrence H. Gerstein presents theories through a multicultural and social justice-oriented lens, including evidence to support each theory. Students will embrace chapter concepts through vibrant illustrations and relevant examples from movies, TV shows, news articles, and other sources presented throughout. The SAGE Encyclopedia of Theory in Counseling and Psychotherapy-Edward S. Neukrug 2015-02-12 The SAGE Encyclopedia of Theory in Counseling and Psychotherapy is a two-volume source that traces theory and examines the beginnings of counseling and psychotherapy all the way to current trends and movements. This reference work draws together a team of international scholars that examine the global landscape of all the key counseling and psychotherapy theories and the theorists behind them while presenting them in context needed to understand their strengths and weaknesses. This is a quick, one-stop source that gives the reader the “who, what, where, how, and why” of contemporary counseling and psychotherapy theory. From historical context in which the theories were developed to the theoretical underpinnings which drive the theories, this reference encyclopedia has detailed and relevant information for all individuals interested in this subject matter. Features & Benefits: Approximately 335 signed entries fill two volumes available in a choice of print or electronic formats. Back matter includes a Chronology of theory within the field of counseling to help students put individual theories within a broader context. A Master Bibliography and a Resource Guide to key books, journals, and organizations guide students to further resources beyond the encyclopedia. The Reader’s Guide, a detailed Index and the Cross References combine for effective search-and-browse in the e-version and helps students take the next steps in their research journeys. This reference encyclopedia serves as an excellent source for any individual interested in the roots of contemporary counseling and psychotherapy theory. It is ideal for the public and professionals, as well as for students in counselor education programs especially those individuals who are pursuing a Masters level degree.</p> <p>Theory and Practice of Counseling and Psychotherapy-Gerald Corey 2008-01-15 This revision of Gerald Corey’s bestselling text introduces students to the major theories of counseling (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (Stan). Corey’s eighth edition covers the major concepts of counseling theories, shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Incorporating the thinking, feeling, and behaving dimensions of human experience, Corey offers an easy-to-understand text that helps students compare and contrast the therapeutic models. This book is the center of a suite of products that include a revised student manual, a revised casebook, a new DVD titled Theory in Practice: The Case of Stan, The Art of Integrative Counseling, and CD-ROM. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.</p> <p>Theories of School Counseling for the 21st Century-Colette T. Dollarhide 2018-10-18 In 2002, the American School Counselor Association presented the ASCA National Model for school counseling programs as a framework for implementing best practices in training counselors to deliver effective evidence-based approaches for K-12 students. Without a unifying theory of practice, school counselors are often uncertain about how to implement the National Model. Considering school counselors’ professional role under the National Model, Theories of School Counseling for the 21st Century offers readers a compilation of contemporary, cutting-edge theoretical models to inform the way school counselors practice the art and science of school counseling.</p> <p>Theories of Counseling and Psychotherapy-Robert Rocco Cottone, PhD 2017-05-28 Focuses heavily on contemporary approaches and cross-professional applications This book emphasizes "big picture" frameworks to conceptualize how major theories of counseling and psychotherapy operate and compare. This innovative new text presents theories using an "paradigm" framework: the organic-medical, psychological, systemic/relational, and social constructivist paradigms. . Designed to be accessible and relevant to practice, the book enhances and reinforces learning with the inclusion of learning objectives, chapter summaries, applications of each theory in practice, and brief biographies of major theorists. The text moves beyond traditional approaches with expanded coverage of relationship-centered and post-modern theories such as Dialectic Behavior Therapy, Emotion Focused Therapy, Solution-Focused Brief Therapy, Narrative Therapy, and others. Each theory is explored in depth through the use of a student-mentor dialogue that examines and debates the challenges that arise with each theory. The book also addresses the counseling role in psychiatric case management, reflecting the growing reality of cross-professional collaboration. Practical yet rigorous, the text is a state-of-the-art introduction to contemporary approaches in counseling and psychotherapy for students in counseling, social work, professional psychology, marriage and family therapy, and related professions. Key Features: Organized by a contemporary, "big-picture" framework—“paradigms.” Delivers expanded coverage of relationship-centered counseling theories Addresses contemporary approaches in depth, including postmodern theories and psychiatric case management Provides learning objectives, concluding summaries, review questions, and brief bios of major theorists Includes unique mentor-student dialogues exploring each theory and its application to practice</p> <p>Theory and Practice of Counseling and Psychotherapy-Gerald Corey 2016-01-01 Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey’s best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.</p> <p>A Comprehensive Guide to Addiction Theory and Counseling Techniques-Alan A. Cavaiola 2020-06-04 A blend of theory and counseling techniques, this comprehensive text provides readers with an overview of several major counseling theories and their application to substance use disorders and addiction counseling, along with related techniques and interventions. Chapters incorporate cutting edge evidenced-based research on neuroscience, psychological and sociocultural theories explaining the biopsychosocial influences of substance use disorders, and examine how substance use disorder risk factors can be utilized when assessing someone who may have a substance use disorder. The text additionally helps apply theory to practice, offering intervention techniques and using accessible case studies. Throughout the text, highlighted learning opportunities and key terms further help students to practice and apply the theories, interventions and techniques that the book discusses. Mental health professionals, undergraduate and graduate students alike will benefit from this deft mix of prominent theory, innovative research and accessible case studies.</p> <p>Lenses: Applying Lifespan Development Theories in Counseling-Kurt L. Kraus 2008-01-28 Lenses offers a current and practical review of human development perspectives and theories, a subject that is often critically under-represented in graduate courses. Kraus presents an expansive selection of human development models, theories, and perspectives, and demonstrates how a strong grasp of developmental principles can inform practical applications. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.</p> <p>Foundations of Counseling and Psychotherapy-David Sue 2012-10-15 Foundations of Counseling and Psychotherapy provides an overview of the most prevalent theories of counseling within the context of a scientific model that is both practical and up-to-date. Authors David Sue and Diane Sue provide you with the best practice strategies for working effectively with your clients using an approach that recognizes and utilizes each client’s unique strengths, values, belief systems, and environment to effect positive change. Numerous case studies, self-assessment, and critical thinking examples are included.</p> <p>Contemporary Theory and Practice in Counseling and Psychotherapy-Howard E. A. Tinsley 2015-03-18 Contemporary Theory and Practice in Counseling and Psychotherapy by Howard E. A. Tinsley, Suzanne H. Lease, and Noelle S. Giffin Wiersma is a comprehensive, topically arranged text that provides a contemporary account of counseling theories as practiced by internationally acclaimed experts in the field. Each chapter covers the way mindfulness, strengths-based positive psychology, and the common factors model is integrated into the theory. A special emphasis on evidence-based practice helps readers prepare for their work in the field.</p> <p>Counseling and Psychotherapy Theories in Context and Practice-John Sommers-Flanagan 2018-03-23 Get to know the origins, development, and key figures of each major counseling theory This comprehensive text covers all the major theories in counseling and psychotherapy along with an emphasis on how to use these theoretical models in clinical practice. The authors cover the history, key figures, research base, multicultural implications, and practical applications of the following theoretical perspectives: Psychoanalytic, Individual/Adlerian, Existential, Gestalt, Person-Centered, Behavioral, Cognitive-Behavioral, Choice Theory/Reality Therapy, Feminist, Constructive, Family Systems, Multicultural, and Eclectic/Integrative. This text has case examples that bring each theory to life. The entire book has been updated with the latest research and techniques. Pedagogical features include learner objectives, "Putting It in Practice" boxes, questions for reflection, case examples and treatment planning, and chapter summaries. Every theory is examined from cultural, gender/sexual, and spiritual perspectives. The instructor supplement package includes a Respondus test bank, chapter outlines, supplemental lecture ideas, classroom activities, and PowerPoint slides. Video demonstrations corresponding to every major theory and linked to each chapter's contents. In addition, a WPLS course will be available after publication. Expanded video elements closely tied to sections of the text New visuals, including graphics, charts, and tables to facilitate student understanding of theories and how they relate to one another Increased coverage of multicultural and ethical issues in every chapter Cultural, gender, sexuality, and spiritual issues are integrated into every chapter The Sommers-Flanagan's hands-on, practical approach emphasizes how students and practitioners can apply these theories in real-world practice. Students are empowered to develop theoretically-sound and evidence-based approaches to conducting counseling and psychotherapy.</p> <p>Family Therapy-Janice M. Rasheed 2010-07-29 This text offers a straightforward, comprehensive overview of both traditional and evolving theoretical models of family therapy and intervention techniques as well as a discussion of clinical issues unique to family therapy practice. Aiming to prepare students to develop beginning proficiency in</p>	
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family therapy, the authors outline major family therapy models in detail, including a step by step description of concepts, theories, skills, and techniques as well as a history of each model and its conceptual and theoretical underpinnings. The text also provides extensive case illustrations of family interviews that identify the specific stages, clinical issues, concepts, theories and techniques associated with each model. This core text is designed for graduate level courses such as Family Therapy, Marriage and Family Therapy, Marriage and Family Counseling, Family Systems Theory, and Family Counseling in departments of social work, psychology, nursing, education, or human services.

How to Build Social Science Theories-Pamela J. Shoemaker 2003-12-10 As straightforward as its title, How to Build Social Science Theories sidesteps the well-traveled road of theoretical examination by demonstrating how new theories originate and how they are elaborated. Essential reading for students of social science research, this book traces theories from their most rudimentary building blocks (terminology and definitions) through multivariable theoretical statements, models, the role of creativity in theory building, and how theories are used and evaluated. Authors Pamela J. Shoemaker, James William Tankard, Jr., and Dominic L. Lasorsa intend to improve research in many areas of the social sciences by making research more theory-based and theory-oriented. The book begins with a discussion of concepts and their theoretical and operational definitions. It then proceeds to theoretical statements, including hypotheses, assumptions, and propositions. Theoretical statements need theoretical linkages and operational linkages; this discussion begins with bivariate relationships, as well as three-variable, four-variable, and further multivariate relationships. The authors also devote chapters to the creative component of theory-building and how to evaluate theories.

Theories of Counseling and Psychotherapy-Nancy L. Murdock 2016-06-24 Using case studies, applied examples, original source material, and her own inimitable pedagogical style, Nancy Murdock succinctly elucidates fifteen of the most influential and ground-breaking theories of psychotherapy and counseling. With this articulate guide to counseling theory, students will grasp complicated historical theory and not only understand the historical footing and uses of each, but will learn how these theories have informed each other and contributed to modern practice, while applying it to their own professional counseling experience. Examining the historical roots, evaluations, and lasting effects of Existential, Gestalt, Behavior, Cognitive, Reality, Feminist, Family, Narrative, and Solution-Focused Therapy and much more, this text equips students with the history and application necessary to bring theory to life. Note: this is the standalone book.

Art Therapy Theories-Susan Hogan 2015-12-22 Art therapists work with a range of distinct philosophical and theoretical underpinnings, but as yet there has been no single book to offer an overview of these theories. Art Therapy Theories provides an introductory, non-partisan overview of art therapy theories outlining the following therapy approaches: Cognitive Behavioural Art Therapy Solution-Focused Brief Therapy Psychoanalytical (Freudian) Art Therapy Analytical (Jungian) Art Therapy Gestalt Art Therapy Person-Centred or 'Rogerian' Art Therapy Mindfulness Art Therapy Integrative Art Therapy (the Group-Interactive Model) Feminist Art Therapy Art Therapy as Social Action Art Therapy as a Research Tool Each chapter provides a non-judgemental, yet analytical, synopsis of each approach. No detailed knowledge is necessary to understand the different approaches, as the book explains them in clear and concise English. Difficult terms and concepts are explained as they arise, and a glossary of terms is also provided. Art Therapy Theories is aimed at trainee art therapists who need to demonstrate that they have a grasp of theory, as well as a sense of how the theory can translate into practice. It will also appeal to seasoned therapists, counsellors and to a wide range of professionals in the mental health field.

Career Theory and Practice-Jane L. Swanson 2014-07-11 Unique in the way it links five major career development and choice theories to a fictional case client, this user-friendly text is ideal for counselors engaged in helping clients make wise career choices. Thoroughly updated, the Third Edition of Career Theory and Practice takes a multicultural approach as it blends theory, practical examples, and specific cases, helping readers apply a wide range of career development theories to counseling clients.

Theories of Counseling and Psychotherapy-Elsie Jones-Smith 2014-10-29 This breakthrough edition of Theories of Counseling and Psychotherapy: An Integrative Approach, by Elsie Jones-Smith, sets a new standard in counseling theories books. The Second Edition goes beyond expert coverage of traditional and social constructivist theories with coverage of more contemporary approaches to psychotherapy, including individual chapters on spirituality and psychotherapy, strengths-based therapy, neuroscience and neuropsychology, motivational interviewing, and the expressive arts therapies. In every chapter, the case study of a preadolescent boy demonstrates how each theory can be applied in psychotherapy. Up to date and easy to read, the book engages readers with inner reflection questions that help them apply the theories to the lives of their clients and shows them how to develop their own integrative approach to psychotherapy.

Cognitive-behavioral Therapy-Michelle G. Craske 2010 Although a number of variations on the original theory have developed over the decades, all types of cognitive-behavioral therapy are unified by their empirical foundation, reliance on the theory and science of behavior and cognition, and the centrality of problem-focused goals. In this book, Michelle G. Craske presents and explores this approach, its theory, history, the therapy process, primary change mechanisms, empirical basis, and future developments.

Counseling and Psychotherapy-David Capuzzi 2016-03-24 Featuring important theories and trends not covered in other foundational texts, this book is designed to equip the next generation of counselors with the tools they need for understanding the core dimensions of the helping relationship. Topical experts provide contemporary information and insight on the following theories: psychoanalytic, Jungian, Adlerian, existential, person-centered, Gestalt, cognitive behavior, dialectical behavior, rational emotive behavior, reality therapy/choice theory, family, feminist, transpersonal, and—new to this edition—solution-focused and narrative therapies, as well as creative approaches to counseling. Each theory is discussed from the perspective of historical background, human nature, major constructs, applications, the change process, traditional and brief intervention strategies, cross-cultural considerations, and limitations. The use of a consistent case study across chapters reinforces the differences between theories. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

Traditional Counselling-Hector Chiboola 2019-07-12 Traditional counselling is an under-researched field, with inadequate scholarly documentation on the approaches, procedures and process outcomes that should motivate researchers, counselling psychologists and educationists to tap from the abundant uncharted waters. This book represents a major step towards narrowing these gaps. Its main contribution is the articulation of a theoretical framework of traditional counselling, the delineation of traditional counselling approaches and processes, and the clarification of the scope of problems apparent in the sphere of traditional counselling. Traditional counselling is rooted in traditional systems of knowledge and sociocultural values, customs and practices, is essentially community-based and multicultural in nature, and promotes a collective inclination to problem identification, resolution and management. This underscores the importance, relevance and usefulness of traditional counselling from an African perspective. The book is a thought-provoking investigation on counselling models.

Developing Your Theoretical Orientation for Counseling and Psychotherapy-Duane A. Halbur 2018-01-12 An interactive guide for helping helping professionals choose a theoretical orientation Appropriate for mental health counselors, psychologists, social workers, school counselors, substance abuse counselors, psychotherapists, and peer helpers, Developing Your Theoretical Orientation in Counseling and Psychotherapy helps readers find a theoretical orientation aligned with their personal values and worldview. Theories are presented in the text in a way that allows the reader to identify quickly the philosophical and cultural foundations of the theories while also accessing the theories' goals and techniques. The 4th Edition is updated to include, among other things, a deeper discussion of the implications of empirically validated treatments and a new review of the implications of common-factor approaches.

The Theory and Practice of Vocational Guidance-Barrie Hopson 2014-06-28 The Theory and Practice of Vocational Guidance: A Selection of Readings is a compilation of papers that discusses theoretical foundations and practical applications of vocational guidance. The book presents 36 articles that cover various concerns in career counseling, both in theory and in practice. The first part of the text deals with theoretical concerns in vocational guidance, such as model for the translation of self-concepts into vocational terms; social factors in vocational development; young workers in their first jobs; and the criteria of vocational success. In the next part, the book presents the practical issues, which include needed counselor competencies in vocational aspects of counseling and guidance; an occupational classification for use in vocational guidance; psycho-social aspects of work; and key concepts in the use of psychological tests in vocational guidance. The book will be of great use to any professionals, but will be most useful to those involved in career counseling, such as human resource practitioners, school counselors, and college career advisers.

Counseling Children and Adolescents-Sondra Smith-Adcock 2016-03-09 Counseling Children and Adolescents: Connecting Theory, Development, and Diversity reviews the most relevant theoretical approaches for counseling children and focuses on connecting key theories to application using case studies. The book's approach is broad, addressing a range of ages, approaches, and interventions that are applicable to varied settings. Sondra Smith-Adcock and Catherine Tucker have laid out an integrated framework that focuses on development and diversity. In addition, a unique aspect of this text is its focus on neuroscience, the developing brain, and the impact of early childhood trauma on development. Each chapter in the text includes a set of case illustrations, guided activities for the student to apply independently and in the classroom, and a list of resources in print, on the web, and on film. Counseling Children and Adolescents: Connecting Theory, Development, and Diversity is part of the SAGE Counseling and Professional Identity Series, which targets specific competencies identified by CACREP (Council for Accreditation of Counseling and Related Programs). To learn more about each text in the series, please visit www.sagepub.com/cpiseriess.

Group Counseling and Psychotherapy With Children and Adolescents-Zipora Shechtman 2017-09-25 Many children and adolescents face developmental or situational difficulties in areas where they live most of their meaningful experiences-at home, at school, and in the community. While adults who struggle with life events and stressors may look to professional help, young individuals are quite alone in coping with these situations. Perhaps unsurprisingly, most children and adolescents typically do not seek such help, and often resist it when offered. Author Zipora Shechtman has written this detailed text advocating group counseling and psychotherapy as a viable means of addressing these issues if we are to ensure the psychological wellness of children in society. Group Counseling and Psychotherapy With Children and Adolescents is arranged in four parts. Its chapters explore topics including: *who needs group counseling and psychotherapy; *therapeutic factors in children's groups; *activities in the group; *pre-group planning and forming a group; and *how to enhance emotional experiencing and group support. This text is a principal source of information for counseling psychology students, researchers, and practitioners working with young people, in addition to social workers, teachers, and parents.

Relational-Cultural Therapy-Judith V. Jordan 2017-01-12 In this second edition of Relational-Cultural Therapy (RCT), Judith V. Jordan explores the history, theory, and practice of relationship centered, culturally oriented psychotherapy. Since the first edition, RCT has been widely embraced, with new research and applications, including developing curricula in social science graduate programs, providing a theoretical frame for an E.U.-sponsored symposiums, and enhancing team-building in workplaces.

Contemporary Theories in Counseling and Psychotherapy-Edward Neukrug 2020-06-13 Contemporary Theories in Counseling and Psychotherapy provides readers with a comprehensive introduction to cutting-edge therapeutic approaches that are widely revered and used, but generally not included within traditional counseling theories textbooks. Readers learn theories that will not only keep their knowledge current in an evolving field, but also will help to improve and support the ongoing development of their personal practice. The text features contributed chapters written by scholars in the discipline that cover the following contemporary theories: contemporary psychodynamic therapy (CPT); contemporary person-centered counseling (CPCC); cognitive behavioral therapy (CBT); integrative post-modern therapy (IPMT: narrative, solution-focused, relational-cultural); dialectical behavior therapy (DBT); acceptance and commitment therapy (ACT); motivational interviewing (MI); positive counseling; neurocounseling (including EMDR); and complementary, alternative, and integrative modalities (CAM). Each chapter presents the history of the theory, critical views of human nature, key concepts, techniques, and an overview of the counseling process. Social and cultural issues and the efficacy of each theory are discussed. Each chapter concludes with a vignette that demonstrates a client experiencing the counseling approach, followed by questions to pique students' interest. Video demonstrations of select theories are included. A thoroughly modern and critical resource, Contemporary Theories in Counseling and Psychotherapy is ideal for courses focusing on current theories of counseling and psychotherapy. It's also an excellent supplementary resource for courses on classical theory.

Family Therapies-Mark A. Yarhouse 2010-02-26 Christian therapists doing family therapy have never had a resource to help them navigate the various family therapy theories from a Christian perspective--until now. In this book Mark A. Yarhouse and James N. Sells survey the major approaches to family therapy and treat, within a Christian framework, significant psychotherapeutic issues. The wide array of issues covered includes crisis and trauma marital conflict separation, divorce and blended families individual psychopathology substance abuse and addictions gender, culture, economic class and race sexual identity Calling for an integrated approach of "responsible eclecticism," they conclude with a vision for Christian family therapy. A landmark work providing critical Christian engagement with existing models of family therapy, this volume was written for those studying counseling, social work, psychology or family therapy. Family Therapies will also serve as an indispensable resource for those in the mental health professions, including counselors, psychologists, family therapists, social workers and pastors.

Pragmatic Existential Counseling and Psychotherapy-Jerrold Lee Shapiro 2015-10-01 Pragmatic Existential Counseling and Psychotherapy integrates concepts of positive psychology and strengths based therapy into existential therapy. Turning existential therapy on its head, this exciting, all-new title approaches the theory from a positive, rather than the traditional deficit model. Authored by a leading figure in existential therapy, Jerrold Lee Shapiro, the aim is to make existential therapy positive and easily accessible to a wide audience through a pragmatic, stage wise model. Shapiro expands on the work of Viktor Frankl and focuses on delivery to individuals and groups, men and women, and evidence based therapy. The key to his work is to help the client focus on resistance and to use it as a means of achieving therapeutic breakthroughs. Filled with vignettes and rich case examples, the book is comprehensive, accessible, concrete, pragmatic and very human in connection between author and reader. "This is a masterful primer on existential therapy that has been forged from the pen of a highly seasoned theorist, researcher, and practitioner. In Pragmatic Existential Counseling and Psychotherapy we gain the insight and personal experience of one who has lived and breathed the field for over 50 years--alongside some of the greatest practitioners of the craft, most notably Viktor Frankl. This volume is superb for students interested in a broad and substantive overview of the field." —Kirk Schneider, Columbia University

Theories of Counseling and Psychotherapy-Nancy L. Murdock 2013 Examining the historical roots, evaluations, and lasting effects of Existential, Gestalt, Behavior, Cognitive, Reality, Feminist, Family, Narrative, and Solution-Focused Therapy and much more, Theories of Counseling and Psychotherapy: A Case Approach, 3e equips students with the history and application necessary to bring theory to life.

Career Theories and Models at Work-Nancy Arthur 2019-01-21 This edited international collection of contemporary and emerging career development theories and models aims to inform the practice of career development professionals around the globe. In addition to serving both new and seasoned practitioners, the book is intended to be used as a text for undergraduate and graduate career counselling courses. In order to effectively serve clients and the public, career practitioners need to be equipped with the latest theories and models in the field. Ethical career practice requires practitioners to be up-to-date with their knowledge about theory and how theory informs practice. This publication provides practitioners with a tangible resource they can use to develop theory-informed interventions. Contains 43 chapters on the theories and models that define the practice of career development today Contributors are 60 of the leading career researchers and practitioners from four continents and nine countries: Australia, Canada, England, Finland, India, the Netherlands, New Zealand, South Africa and the United States Featured authors include the original theorists and those who have adapted the work in unique ways to inform career development practice Presented in a reader-friendly format, each chapter includes a Case Vignette that illustrates how a theory or model can be applied in practice, and Practice Points that summarize key takeaways for career practitioners to implement with clients. Additional references are also included.

Introduction to Family Counseling-Judy Esposito 2015-12-01 Introduction to Family Counseling: A Case Study Approach presents basic knowledge about family counseling and applies various theoretical models to a case example looking at one nuclear family, along with its extended family members, that readers follow throughout the text. Judy Esposito and Abbi Hattem's multi-generational family is constructed from their experiences as professors and family therapists to exemplify the concepts and theories of family counseling. Beyond the theories of family counseling, students learn about the family life cycle and various tools for assessing families as well as the history of family counseling. Ethical issues relevant to family counseling are also included along with transcripts from hypothetical family counseling sessions throughout the book. In addition, the book focuses on working with diverse families and takes special care to emphasize multicultural issues.

Career Development and Counseling-Mei Tang 2018-08-29 Career Development and Counseling: Theory and Practice in a Multicultural World provides a comprehensive overview of career development theories with a unique multicultural framework. Aligned with the latest standards set forth by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the text focuses on applications across a variety of settings and populations. Each chapter contains numerous case illustrations and learning activities designed to help readers understand the complexities of multicultural aspects of individual career development. Counseling students in training, in addition to working counseling professionals, will find this book as a useful resource for today's diverse world. Career Development and Counseling is part of SAGE's Counseling and Professional Identity Series. To learn more about each text in the series, please visit sagepub.com/cpiseriess.

Case Documentation in Counseling and Psychotherapy: A Theory-Informed, Competency-Based Approach-Diane R. Gehart 2015-02-27 CASE DOCUMENTATION IN COUNSELING AND PSYCHOTHERAPY teaches counselors and psychotherapists how to apply counseling theories in real-world settings. Written in a clear, down-to-earth style, the text provides a comprehensive introduction to case documentation using four commonly used clinical forms: case conceptualization, clinical assessment, treatment plan, and progress note. These documents incorporate counseling theory and help new practitioners understand how to use theory in everyday practice. Case studies illustrate how to complete documentation using each of seven counseling models. Readers also learn about the evidence base for each theory as well as applications for specific populations. Designed to produce measurable results that have value beyond the classroom, the text employs learning-centered, outcome-based pedagogy to engage students in an active learning process. Its case documentation assignments-created using national standards-help students apply concepts and develop professional skills early on in their training. When students become practicing mental health professionals they can use this book-with its practical overviews of theories, conceptualization, treatment planning, and documentation-as a clinical reference manual. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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